



### SLIGO IT WALK TWO

**Distance: 1.5 KMs**

**Time: 20 Mins**

**No. of Steps: 1,968**

#### Directions

1. Start at the main door of the hospital.
2. Take a right and walk out towards the main entrance.
3. Walk out the main entrance and take an immediate left, walking on to 'The Mall'.
4. Walk down the hill to the junction.
5. Cross the road safely at the lights.
6. Once across the road take an immediate left, walking on Ash Road Lane.
7. Take the first right in through the main Sligo IT entrance.
8. Cross over onto the footpath at the pedestrian crossing.
9. Stay on the path, veer left.
10. Take the next left down the narrow path.
11. Take the first right.
12. Take the next right turn.
13. Continue walking towards the car park, keep the GAA pitch on your left.
14. Continue walking straight on here.
15. Take a right here and walk back out to the main Sligo IT entrance.
16. Follow the path back to the main Sligo IT entrance.
17. Follow the path out to the main Sligo IT entrance.
18. At the main entrance, take an immediate left, onto Ash Road Lane.
19. Continue walking on toward the traffic lights.
20. Cross the road safely here.
21. Walk up the hill towards the main hospital entrance.
22. Take a right at the main hospital entrance.
23. Walk back to the main door of the hospital.