

## SLIGO UNIVERSITY HOSPITAL



## **RIVER WALK**

Distance: 3 KMs Time: 45 Mins No. of Steps: 3,937

## **Directions**

- 1. Start off at the main door of the hospital.
- 2. Take a right and walk out towards the main
- 3. Walk out the main entrance and take an immediate
- 4. Walk up the hill.
- 5. Stay on the path, keep the main hospital on your
- 6. Walk up to the Junction.
- 7. Take a right at the junction and cross the road at the pedestrian crossing.
- 8. Once across take a left and continue walking towards the alleyway, cross this junction safely.
- 9. Walk down the laneway between Carbury NS and the Church.
- 10. Take a left at the bottom of the laneway.
- 11. Cross the footbridge.

- 12. Take a left here.
- 13. Walk along the riverbank.
- 14. Continue walking along the river bank.
- 15. Continue walking along the river bank.
- 16. Continue walking along the river bank.
- 17. Stop at the picnic area and about turn here.
- 18. Walk back along the riverbank now.
- 19. Walk back to the footbridge.
- 20. Cross the footbridge again.
- 21. Walk towards the laneway.
- 22. Walk up the laneway.
- 23. At the top of the laneway, cross the road safely.
- 24. Walk back to the main entrance of the hospital.
- 25. Walk back to the main door of the hospital.









