



# LABORATORY MEDICINE USER GUIDE UNIVERSITY HOSPITAL GALWAY

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The philosophy of care for Galway University Hospital (GUH) is to provide high quality and equitable care for all patients, in a safe and secure environment and to achieve excellence in clinical practice teaching, training and research. The Laboratory Medicine Department is committed to providing the highest quality diagnostic and consultative service for all its users. Although diagnostic laboratory tests are generally valid and reliable, all laboratory tests have limitations and results should be interpreted in association with findings from history, examination and other diagnostic tests. In general negative/not detected tests results should not be interpreted in isolation as excluding a diagnosis because false negative results are a recognized limitation of most assays/tests. Likewise, in general, a positive/detected test result should not be taken in isolation as confirming a diagnosis because false positive results are a recognized limitation of most assays/tests. Please telephone the clinical staff in the laboratory if you would like to discuss the interpretation of a result. Special counselling may be needed for examination results with serious implications for the patient. It is the responsibility of the test requester to ensure that examination results with serious implications for the patient are not communicated to the patient without the opportunity for acceptable counselling. Laboratory Medicine User Guide - Version: 3.14 Index: LM/MDOC/009

Authorised on: 20<sup>th</sup> January 2025 Authorised by: Prof. Murray and Dr. Phelan Due for review on: 20.01.2026

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## 1. The Laboratory Medicine Service

Galway University Hospital, Laboratory Medicine Department aims to act as a centre of service excellence, innovation and research to support the health care mission of the HSE West and North West Region and the HSE nationally.

#### West North WestMedical Laboratory Directorate

The Laboratory Medicine Department at Galway University Hospital (GUH) is part of the Laboratory Medicine Directorate (the Directorate) which reports to the West North West Management Team.

GUH together with Portiuncula University Hospital Ballinasloe (PUH), Mayo University Hospital (MUH), Sligo University Hospital (SUH), Letterkenny University Hospital (LUH) and Roscommon University Hospital (RUH) have been combined into one regional group, with one overall group management team, one financial budget and one WTE ceiling. This new formation is referred to as West North West Region. This is subdivided into 4 Integrated Health Areas, GUH is within the Galway/Roscommon IHA.

The information contained in this handbook relates to the Laboratory services provided at GUH currently.

Clinical Director: Prof. Margaret Murray Email: margaret.murray@hse.ie

Associate Clinical Director for the Laboratories: Dr. Sine Phelan Email: Sine.Phelan@hse.ie

**Address Details:** 

Laboratory Medicine Directorate

University Hospital Galway

Newcastle Road

Galway, H91 YR71

## **Laboratory Medicine Key Disciplines:**

Key Disciplines	Key Support Services	
Blood & Tissue Establishment	Phlebotomy	
Clinical Biochemistry	Frontline Specimen Reception	
Clinical Immunology	General Laboratory Accounts	
Anatomic Pathology	Mortuary-Autopsy and PM Services	
Haematology		
Medical Microbiology and Virology		

The purpose of this manual is to act as a reference guide for all users. Every effort has been made to ensure that the information provided herein is current and accurate. The manual is subject to regular review and revision.

The manual should be used as a guide only, any queries arising or required in relation to laboratory services should be addressed directly by contacting the relevant department or the Laboratory Manager. The Laboratory Medicine Department shall not be liable to users of the manual for any consequential action by the user other than to request the user to utilize the manual strictly as a guide reference only.

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## 2. General Information

## 2.1 Location

The Laboratory Medicine Department is located on the right hand side at the rear of the main hospital block. Reception and Specimen Delivery is located by the back of the laboratory building near the back entrance to the hospital grounds. Postal Address: Specimen Reception Laboratory, University Hospital Galway, Newcastle Road, Galway.

#### **General Enquiries**

The four-digit numbers listed below can be dialed directly from within GUH. When calling from outside the hospital insert (091) 54 or 89 before the extension number for GUH.

Telephone requests for results, sampling procedures or add-on tests should be directed to the appropriate department. The telephone enquiry service should be used for emergency enquires only.

Blood and Tissue Establishment				
Blood Transfusion		4422 / 4909		
Tissues including stem cells		2497		
Transfusion Surveillance Officers	(Bleep 640/641)	4994		

Clinical Biochemistry	
Clerical Office	2740 / 2741
Out of Hours Enquiries (also available between 11:30-13:00)	4418

Clinical Immunology	
Immunology	4401
Office	4402

Haematology		
General Haematology	4419	
Special Haematology	4284	
Routine Coagulation	4283	
Special Coagulation	4995	
Haematinics	4880	
Bone Marrows/Flow cytometry	4284	

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Anatomic Pathology: Histopathology, Cytopathology and Molecular Pathology		
General Enquiries	4078	
Cytopathology	4883	

Medical Microbiology		
(Phone Enquiries 09:30-13:00 and 15:30-17:00) only General Enquiries	2477	
Diagnostics (Blood cultures, CSF, Swabs, Tissue & Fluids)	4411	
Urines	4411	
Faeces	4669	
Respiratory & TB culture	2525	
Public Health Laboratory	4916	
National Reference Laboratory	4628	

Virology	
General Enquiries	4398

Please note the method of contacting **the on-call medical scientist** for the following departments:

Department:	Monday-Friday 8pm-12am (midnight)	Monday-Friday 12am (midnight)-8am	Weekends/Bank Holidays 8am-12am (midnight)	Weekends/Bank Holidays 12am (midnight)-8am
Biochemistry Blood and Tissue Establishment	4418	Contact the department via the Telephone Services team -dial 9 and request connection with laboratory department	4909/ 4422	Contact the department via the <b>Telephone Services team -dial 9</b> and request connection with laboratory department you wish to
Haematology	4419	you wish to speak with)	4419	speak with)
Microbiology	4411		4411	

## 2.3 Contact Information

Key members of staff are listed below including their position and contact information.

Laboratory	Name		Contact
Blood and Tissue Establishment	Dr. Amjad Hayat	Consultant Haematologist	Amjad.hayat@hse.ie Phone Ext: 2625
	Ms. Margaret Tarpey	Chief Medical Scientist	Margaret.tarpey@hse.ie Phone Ext: 4623
Clinical Biochemistry	Dr. Damian Griffin	Consultant Chemical Pathologist	damian.griffin@hse.ie Phone Ext: 4825
	Dr. Verena Gounden	Consultant Chemical Pathologist	Verena.Gounden@hse.ie Phone ext. 8200
	Ms. Martina Doheny	Chief Medical Scientist	martina.doheny@hse.ie Phone Ext: 4499
	Dr. Janice Reeve	Principal Clinical Biochemist	janice.reeve@hse.ie Phone Ext: 8752
	Ms. Karen Heverin	Principal Clinical Biochemist	karen.heverin@hse.ie Phone Ext: 8644
	Office		Phone Ext : 2740/2741
Clinical Immunology	Dr. Vincent Tormey	Consultant Immunologist	vincent.tormey@hse.ie Phone Ext : 4402
	Dr. Caríosa Lee-Brennan	Consultant Immunologist	Cariosa.Lee-Brennan@hse.ie Phone Ext: 3957
	Mr. Arthur McQuaid	Chief Medical Scientist	arthur.mcquaid@hse.ie Phone Ext: 4587
	Office		Phone Ext: 4402
Anatomic Pathology:	Dr. Caroline Brodie	Consultant Pathologist	caroline.brodie@hse.ie Phone Ext: (54) 2017

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Laboratory	Name		Contact
Histopathology,	Prof. Grace Callagy	Consultant Pathologist	grace.callagy@hse.ie
Cytopathology and			Phone Ext: (54) 4884
Molecular Pathology	Dr. Teresa McHale	Consultant Pathologist	teresa.mchale@hse.ie
			Phone Ext: (54) 3845
	Dr. Ramadan Shatwan	Consultant Pathologist	ramadan.shatwan@hse.ie
			Phone Ext: (54) 2721
	Dr. Mary Casey	Consultant Pathologist	maryb.casey@hse.ie
			Phone Ext: (54) 4928
	Dr. Tom Fitzgerald	Consultant Pathologist	thomas.fitzgerald@hse.ie
			Phone Ext: (54) 2351
	Dr. Yi Ling Khaw	Consultant Pathologist	yiling.khaw@hse.ie
			Phone Ext: (54) 3852
	Dr. Margaret Sheehan	Consultant Pathologist	margaret.sheehan1@hse.ie
			Phone Ext: (54) 2016
	Dr. Aoife Canney	Consultant Pathologist	Aoife.canney@hse.ie
			Phone Ext: (89) 3316
	Dr. Sean Hynes	Consultant Pathologist	Sean.hynes@hse.ie
			Phone Ext: (54) 3493
	Dr. Birgit Tietz	Consultant Pathologist	birgit.tietz@hse.ie
			Phone Ext: (54) 2707
	Dr. Helen Ingoldsby	Consultant Pathologist	Helen.ingoldsby@hse.ie
			Phone Ext: (89) 3792
	Dr. Sine Phelan	Consultant Pathologist	Sine.phelan@hse.ie
			Phone Ext: (89) 3793
	Dr. Anne Marie Quinn	Consultant Pathologist	AnneMa.Quinn@hse.ie
		Head of Department	Phone Ext: (54)2331

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Laboratory	Name		Contact
	Prof. Michael O'Dwyer	Consultant Haematologist	michael.odwyer@hse.ie Phone Ext: 2125
	Dr. Yizel Nunez	Consultant Haematologist	Yizel.Nunez@hse.ie Phone Ext: 3646
	Dr. Niamh Keane	Consultant Haematologist	NiamhA.Keane@hse.ie Phone Ext: 3058
	Dr Tracy Murphy	Consultant Haematologist	Tracy.murphy5@hse.ie Phone Ext:3227
	Dr Jill Coll	Consultant Haematologist	Jill.Coll@hse.ie Phone Ext:8415
	Mr Mark Lyons	Chief Medical Scientist	Mark.lyons@hse.ie Phone Ext: 4514
	Office		Phone Ext: 4281
Medical Microbiology	Dr. Una Ni Riain	Consultant Microbiologist	Una.niriain@hse.ie Phone Ext: 3779
	Prof. Martin Cormican	Consultant Microbiologist	martin.cormican@hse.ie Phone Ext: 4146
	Dr. Dimitar Nashev	Consultant Microbiologist	Dimitar.Nashev@hse.ie Phone Ext: 8731
	Dr. Teck Wee Boo	Consultant Microbiologist	teck.boo@hse.ie Phone Ext: 3783
	Dr. Deirbhile Keady	Consultant Microbiologist	deirbhile.keady@hse.ie Phone Ext: 2013
	Dr. Ruth Waldron	Consultant Microbiologist	Ruth.Waldron@hse.ie Phone Ext: 4146
	Dr. Roisin Mulqueen	Consultant Microbiologist	Roisin.mulqueen3@hse.ie

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Laboratory	Name		Contact
	Mr. Tom Whyte	Chief Medical Scientist	Tom.whyte@hse.ie
			Phone Ext: 4429
	Office		Phone Ext: 4404
Virology	Dr. Deirbhile Keady	Consultant	deirbhile.keady@hse.ie
		Microbiologist	Phone Ext: 2013
	Dr. Teck Wee Boo	Consultant	teck.boo@hse.ie
		Microbiologist	Phone Ext: 3783
	Prof. Martin Cormican	Consultant	martin.cormican@hse.ie
		Microbiologist	Phone Ext : 4146
	Dr. Una Ni Riain	Consultant	Una.niriain@hse.ie
		Microbiologist	Phone Ext : 3779
	Dr. Dimitar Nashev	Consultant	Dimitar.Nashev@hse.ie
		Microbiologist	Phone Ext: 8731
	Dr. Ruth Waldron	Consultant	Ruth.Waldron@hse.ie
		Microbiologist	Phone Ext : 4146
	Dr. Roisin Mulqueen	Consultant	Roisin.Mulqueen3@hse.ie
		Microbiologist	
	Ms. Joanne King	Chief Medical Scientist	Joannem.king@hse.ie
			Phone Ext : 4575
Phlebotomy Department	Ms. Kara Burke	Senior Phlebotomist	KaraM.burke@hse.ie
			Phone Ext : 2393
	Ms. Maureen Keane	Senior Phlebotomist	Maureena.keane@hse.ie
			Phone Ext : 2393
Laboratory Manager	Not appointed	Not appointed	Phone Ext : 2799
Laboratory IT Manager	Ms. Nuala NiChadhain	IT Manager	Nuala.NiChadhain@hse.ie
			Phone Ext 2644

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Laboratory	Name		Contact
Specimen Reception	Ms. Karen Mullins	Central Reception	labstores.uchg@hse.ie
		Manager	Phone Ext: 4377
GP Requisition for	Cruinn Diagnostics Ltd.		orders@cruinn.ie
Laboratory Supplies			Phone : 01 629 7400
			Fax: 01 6297401
Mortuary	Mr. Joseph O'Neill	Senior Mortuary	Mortuary.GUH@hse.ie
		Technician	Phone Ext : 4412

#### 2.4 **Population Served**

Laboratory Medicine services at GUH are open to hospital clinicians and GP's in Galway, Mayo and Roscommon to meet the needs of the population. Patients from other regions of the country who are referred for tertiary treatments can also avail of these services through referral by their medical attendants. Specialist Mycobacterium laboratory service is also extended to Sligo and Letterkenny University Hospitals and National Reference Laboratory Services are provided for some bacterial pathogens.

#### 2.5 **Laboratory Opening Hours**

Routine samples arriving after the stated deadlines will be processed on the next routine working day.

Department	Routine Hours	Deadline for sample in Lab	
Specimen Reception	09:00 – 20:00 h 19:45 h		
Blood &Tissue Establishment	08:00 – 20:00 h Mon–Fri	16:00 h	
	10:00 – 13:00 h Sat	11:30 h	
	08:00 – 20:00 h Mon-Fri	17:00 h Mon-Fri	
Clinical Biochemistry	10:00 – 13:00 h Sat 12:30 h Sat		
Clinical Immunology	08:00 – 17:00 h Mon-Fri 16:00 h		
Anatomic Pathology	08:00 – 18:00 h Mon-Fri	16:00 h Mon-Fri	
	09:00 - 12:30 h Sat	11:30 h Sat	
Haematology	08:00 – 20:00 h Mon-Fri	17:00 h for GUH samples	
	10:00 – 13:00 h Sat	16:30 h for all others	
		12:30 h Sat	

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Department	Routine Hours	Deadline for sample in Lab
Medical Microbiology	08:00 – 20:00 h Mon-Fri	16:30 h Mon-Fri
	09:30 – 12:30 h Sat	12:00 h Sat
Virology	08:00 – 17:00 h Mon-Fri	16:00 h Mon-Fri

An on-call system operates outside normal hours for emergency work i.e. non-deferrable tests necessary for decisions regarding patient treatment. Refer to the "On-Call/Emergency Service" section of this manual.

#### 2.6 Confidentiality Policy

It is the responsibility of all staff, as defined in their contract of employment to ensure that all information which they have access to as part of their work is treated in the strictest confidence and protected from, unauthorised access. All Staff are asked to sign a confidentiality agreement during their laboratory induction programme.

#### 2.7 Data Protection

When the laboratory is required by law or authorized by contractual arrangements to release confidential information, the patient concerned will be notified of the information released, unless prohibited by law.

Information about the patient from a source other than the patient (e.g. complainant, regulator) will be kept confidential by the laboratory. The identity of the source will be kept confidential by the laboratory and will not be shared with the patient, unless agreed by the source.

## 2.8 Complaints

Consumer Affairs and the National Advocacy Unit, Quality and Patient Safety Directorate have responsibility for developing and implementing best practice models of customer care within the HSE and promotes service user involvement across the organisation through the concept of 'Your Service Your Say'.

Feedback, including complaints is open to patients and laboratory users throughout the "Your Service Your Say" mechanism accessible on the HSE website.

Complaints are processed in accordance with the HSE policy- Your Service Your Say – management of service user feedback for comments, compliments and complaints- publicly accessible on the HSE site.

Complaints/compliments may be received verbally, by letter, fax or email.

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## Alternatively the complainant may:

- Complete the HSE feedback form titled 'your service your say'
- Email: yoursay@hse.ie
- Contact HSE your service your say contact number: 1800 424 555

A complaint can also be made by contacting the Laboratory manager or the relevant laboratory Chief Medical scientist at the contacts given. The relevant laboratory will follow up complaints promptly as per their laboratories procedures.

Additionally the patient advocacy service provides an independent, free and confidential service (www.patientadvocacyservice.ie). It provides information and support to people who want to make a formal complaint through the relevant complaints policy about the care they have experienced in a Public Acute Hospital.

## 3. Use of the Laboratory

#### 3.1 Register of Users

All GPs who wish to submit specimens for analysis to the Laboratory must be included on the Medical Laboratory Directorate register of users. All GPs must obtain, complete and submit a User Registration form. Please ensure that the laboratory is kept updated of any changes to your contact details.

Forms can be obtained by contacting:

Pearse Timothy, Pathology Accounts, Laboratory Medicine Department, Galway University Hospitals, Galway

Email: Pearse.Timothy@hse.ie

Phone: 091 544428

Communication Policy is via email therefore it is essential that we have all service users most up to date contact details and email addresses.

As the laboratory now provides an 08:00 – 20:00 h service we require contact details for all users during this time period in order to ensure that critical results can be communicated urgently as per the National Laboratory Handbook "Communication of Critical Results for Patients in the Community".

## 3.2 Requests to the Laboratory

The provision of legible and appropriate clinical details on the request form, together with a properly collected specimen, allows the Laboratory to issue relevant and accurate results and to assist the clinician in the interpretation of these results in the clinical context. Laboratory staff should be consulted where uncertainty exists about the availability, appropriateness, or selection of tests or the nature of the specimen required. Clinical interpretation of results is available from the clinical staff as identified in the contact information in this manual. In order to ensure compliance with patient safety and accreditation requirements, requests not complying with the specimen and form acceptance criteria, outlined below will be rejected. In certain exceptional circumstances e.g. irretrievable samples, such requests may be processed.

#### **Request Form and Sample Acceptance Criteria**

All request forms and specimens must be submitted as follows:

Hospital users must use the relevant request form pertaining to the request. The main in-house request form is LMDHRF 001, please note there are other forms for specialised samples e.g. cross-matching, Histology/Cytology samples.

The Laboratory Emergency Request form should be used for urgent requests ONLY. (LMDERF 001)

GPs' must use standard GP request forms. (LMDGPRF 001)

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All sites external to GUH and Merlin Park should order specimen containers via Cruinn using their specific order form. A few items may still be sourced in house in GUH Laboratories and communication has been released on these items. Internally GUH and Merlin Park, users can obtain their supply from the GUH Laboratories.

The laboratory expects the requesting Doctors/Phlebotomists who opt to use printed labels to have safe procedures in place for controlling and printing, affixing and checking patient details of such labels.

Please note separate forms and samples must be used when submitting requests for multiple departments.

#### **Specimen Request Form**

It is essential and of utmost importance that patient's location and clinician are noted on each request form. This applies to Hospital and GP forms. It is imperative the laboratory departments receive same to allow easy and immediate transmission of results.

The patient identification section of the request form must be completed in detail.

Please note that the **Board Number** is the primary identifier that should be documented on the request form to ensure the correct identification of the patient, this will enable the laboratory to promptly process and transmit critical results.

**Hospital Users:** Please use the patient's full name, forename (no initials, abbreviations etc.) and surname, date of birth, board number, address, responsible clinician and patients' location.

**GP users:** Please use the patient's full name, forename (no initials, abbreviations etc.) and surname, date of birth, address and the doctors' name and surgery. GP users are requested to provide the 'Hospital Board Number' (BN) applicable to the patient on the request if available.

If you are using an addressograph system please fix the label to the patient identification section of the form. If hand written, you must use block capitals. If the addressograph label includes information such as Doctors name and surgery, collection time/date and test required this information must also be written in the appropriate section of the form. The information on the specimen must correspond to that on the request form. If using addressograph labels on specimens please ensure that the label fits the specimen tube. Oversized labels cause specimens to get stuck on automated instruments and will lead to sample processing delays. The request form must include appropriate patient information, including specimen type, specimen site, medications and transfusion history where relevant. It is advised to label all specimens in the presence of the patient so that they can confirm correct identification. If this is not feasible, such as in a surgical setting where the patient is unconscious, a means of confirming the identity of the patient from whom the sample is collected must be in place and followed. Any difficulty in obtaining the specimen should be noted on the request form. In the case of short or scanty specimens list tests requested in order of priority.

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**Histopathology requirement:** The specimen site must be indicated and detailed on the request form and the container.

In the case of multipart container submission on a case each part must be clearly identified as to the site and nature of the specimen. The detail on the request form and the specimen container must match. SHARPS containers must not be used as specimen containers. Ensure that the lid is securely closed on the container to prevent spillage.

Patient demographics on the request form must be legible, consistent and must match the information on the specimen container. Multiple samples on one form are acceptable and should be labelled A, B, C etc. where possible. Use addressograph labels or print the information giving the following details:

- The patient's full forename and surname.
- The patient's date of birth DD/MM/YY. (Ensure a consistent date of birth).
- Board Number if available for GP requests.
- Patient's gender.
- Home address of patient (state change of home address where applicable).
- Consultant' name and location/GP' name, address and telephone number.
  - Locum doctors must give practice doctors name and address.
- The name and address of the doctor to whom the result should be communicated if different from the requesting doctor.
- Signature of the requesting doctor (must be legible).
- The name of person who collected the specimen.
- The required analysis.
- Clinical details.
- Date and time of sample collection, nature and site of specimen.
- Where the clinician is submitting slides to the DAP for analysis that the number of slides being submitted should be recorded on the request form.

## **Specimen Container**

All specimen containers must be legibly labelled with patient's full forename, surname, date of birth, (Board Number if available), date and time of specimen collection and the signature of the person who collected the specimen.

If using addressograph labels these must be no larger than the specimen label on the container. Place the identification label over the container label so that horizontal visual inspection of the sample is not impeded. Addressograph labels must have all relevant details. Data on the addressograph label must not be modified. Sample fill line must remain

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visible on all coagulation/INR tubes. The Blood and Tissue Establishment do not accept addressograph labels on sample containers. The person who performs the phlebotomy must write their initials on the container.

In the case of timed urine collections state the start and finishing times. If submitting an aliquot, state the timed urine volume

At Phlebotomy, the following order-of-draw is recommended when drawing multiple specimens to avoid cross contamination from tube additives.

Blood Culture
Coagulation Tube
Serum Tube
Heparin Tube
EDTA Tube
Blood Glucose Tube

## All specimens must state the nature and the site of the specimen, as well as patient identification.

Specimens should be submitted in supplied Specibags or Biohazard bags that allow separation of sample and request form. All specimens delivered to the Laboratory including postal specimens must conform to UN packaging and transportation guidelines.

## **Histopathology requirement:**

- For fixed specimens, ensure the specimen container selected is large enough to allow the specimen to be immersed in at least twice its own volume of buffered formalin.
- The specimen site must be indicated and detailed on the request form and on the container.
- In the case of multipart container submission on a case each part must be clearly identified as to the site and nature of the specimen. The detail on the request form and the specimen container must match.
- The lid must be securely closed to prevent spillage.
- Radioactive specimens: The Request Form and specimen containers must have a radiation label. When a
  radioactive specimen is being sent information on the radiation dose should be given. The specimen should be
  delivered to the dedicated lab room for radioactive specimens. It should be placed behind the lead shield, and
  the lab staff informed of its presence there.
- The Request Form and specimen containers must indicate if specimen is high risk (i.e. TB, COVID-19, HIV or Hepatitis).
- The Colorectal Programme specimen request form must include the NCSS COR number.
- SHARPS containers must **not** be used as specimen containers.

**Note:** It is not possible or safe at the moment of receipt of the specimen(s) in the Division of Anatomic Pathology to check each pot for the presence of a specimen. Therefore acceptance of a test request by the DAP staff is not confirmation that the described specimen is present in the container, but rather that the form details and the container details, and where applicable the sign off book details, match and contain the information required. The absence of a described specimen may not be noted until the specimen container is opened in the sampling area of the lab. The

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absence of a described specimen is recorded as a non-conformance. The sender is informed of the issue as soon as possible by the DAP staff.

#### 3.3 Supplies of Request Forms and Specimen Containers

All sites external to GUH and Merlin Park should order request forms and specimen containers via Cruinn using their specific order form. A few items may still be sourced in house in GUH Laboratories and communication has been released on these items. Internally GUH and Merlin Park, users can obtain their supply from the GUH Laboratories. In the event of a patient requiring a 24 hour urine container from the laboratory the requesting GP should inform Laboratory Stores in advance so the correct container can be prepared. Requisitions for laboratory stores from wards in GUH must be received in laboratory on Monday of each week. These will be prepared and ready for collection on the Wednesday afternoon.

Emergency supplies must be requisitioned before 11:00 h each day.

#### 3.4 Collection of Specimens

#### **General Guidelines**

Refer to the Test Directory for a list of tests performed, the specimen required, turnaround time, reference range and other information regarding specimen collection.

Specimens for some tests must be collected with the patient fasting, or with knowledge of when food was last taken (e.g. glucose). Some tests must be collected in the basal state or with due regard to diurnal variations. Some tests may be performed only after prior arrangement with the laboratory e.g. stool parasitology, PCR assay. Where doubt exists, the appropriate laboratory should be consulted.

It is advised to label all specimens in the presence of the patient so that they can confirm correct identification. If this is not feasible, such as in a surgical setting where the patient is unconscious, a means of confirming the identity of the patient from whom the sample is collected must be in place and followed. Any difficulty in obtaining the specimen should be noted on the request form. In the case of short or scanty specimens list tests requested in order of priority.

#### **Specimen Collection: Blood samples**

Hand hygiene must be performed prior to commencement. Greet the patient and identify yourself and indicate the procedure that will take place. Positive patient identification is MANDATORY. Verify that the patient meets and requirements for the testing to be undertaken e.g. fasting status, medication status, predetermined time for specimen collection, etc.

- 1. Standard precautions must be observed when taking blood.
- 2. Disposable non-sterile latex free gloves must be worn by the phlebotomist when taking blood in all circumstances.
- 3. Change gloves between patients
- 4. Wash hands or apply an antimicrobial gel before and after each procedure and on removal of gloves.
- 5. When sampling blood from any patient extreme care must be taken and every patient must be considered as potentially high risk.
- 6. When taking blood ensure the limb is well supported, and the patient is aware to keep it still. The limb may need to be supported by an assistant to achieve this.

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- 7. When removing a blunted needle from a limb, ensure that the vacuum bottle has been disconnected from the multi sampler area. Leaving this in situ may cause blood droplets to spray.
- 8. Cover the puncture site with a sterile swab or cotton wool when removing the needle to reduce the risk of blood droplets spraying into the air.
- 9. Avoid spillage of blood. If spillage occurs, clean spillage immediately.
- 10. If a sample bottle breaks, never attempt to pick it up. Avail of the nearest spillage kit and use accordingly to clean the hazardous material.
- 11. The user of 'sharps' is responsible for their safe and appropriate use and disposal. 'Sharps' must never be left for a colleague to tidy up.
- 12. Label the specimen with the appropriate patient details.
- 13. Place the specimen in the bag attached to the request form.
- 14. Take care to prevent needle stick injuries when using and disposing of needles.

Note: NEVER pour blood from one tube to another since the tubes can have different additives or coatings.

#### **Specimen Collection: 24 h Urine Collections**

Approved containers are available from the Clinical Biochemistry Laboratory. Please ensure that the identification on the container (s) includes patient's name, date of birth, board number or address and the name of requesting doctor. Depending on the test requested, the container might contain a special preservative in either liquid or powder form. If required, such preservatives will be provided in the container by the laboratory. Do not discard any preservative provided or wash out the container. Specific requirements relating to the measurement of individual urine analytes is given in the test menu. It is important that the following instructions are carried out with care, otherwise the results of the test will be invalid.

#### Procedure

Immediately before the beginning of the collection period (usually the morning) the bladder must be emptied and the urine discarded. Record the time and date on the container label.

All urine passed during the next 24 hours must be collected and added to the container.

At the end of the 24-hour period, the bladder must be emptied and the urine collected added to that already in the container. Record the time and date on the container label.

After completing the collection, arrange the delivery of the container to the Clinical Biochemistry Laboratory accompanied by the Laboratory request form.

#### **Random Urine Collections**

Freshly voided urine collected into a universal container should be sent to the laboratory without delay. Urine specimens collected into a boric acid container are unsuitable for biochemistry analysis.

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## 4. Phlebotomy Service

The Phlebotomy department is based in the Out-Patients Department at GUH. The service covers both GUH and MPUH.

Phlebotomy Service			
GUH			
Wards (Excluding Paediatrics and Psychiatry)	Mon-Friday	7:00 – 13:30	
OPD	Mon – Thurs	09:00 – 18:00	
	Friday	09:00 – 14:00	
Weekend (Emergency bloods only)	Saturday - Sunday	07:00 – 12:30	
Bank Holiday Arrangements	07:00 – 12:30 (excluding Christmas da	y)	
GP's	May refer patients for phlebotomy by prior consultation with the Senior Phlebotomist. Please ensure the appropriate request form is completed.  If referring patient to Phlebotomy, it must be in line with COVID-19 guidelines i.e. patient without signs/symptoms, must present with face mask & adhere to hospital IPC protocols		
Merlin Park University Hospital			
Wards (Hospital 1, 2, SCU, Hospital Ground, Units 1, 4, 6, 8)	Mon - Friday 07:00 - completion		
OPD	Monday – Thursday	09:00 - 18:00	
	Friday 09:00 - 14:00		

## **Requirements for Patients Attending Phlebotomy**

All patients attending the Phlebotomy Service at the Galway University Hospital must present with the relevant laboratory specimen request forms completed by the requesting doctor.

The relevant specimen request form(s) and container(s) should contain the essential information as defined above. Bleep Senior Phlebotomist 735/835 for any queries.

## Safe Specimen Collection and Disposal of Materials used

Dispose of all clinical waste in accordance with National Guidelines.

- Universal precautions must be adhered to at all times.
- Gloves must be worn at all times.
- Gloves must be changed after each patient.
- Needles must not be recapped after use.
- Dispose of sharps in a suitable sharps container.
- Dispose of all clinical waste into yellow bag.
- Uncontaminated gloves can be disposed of into clear plastic bag.

## 5. Transport of Specimens to the Laboratory

#### 5.1 General Guidelines

The transport of specimens to the Laboratory must follow ADR (UN 3373) regulations and guidelines in order to minimise the risk of infection to those who may come in contact with the specimens e.g. taxi drivers, couriers, postal workers, porters, laboratory staff etc. Consignors of specimens must ensure that packages are prepared in such a manner as to meet the requirements for packaging and transport of biological material by road, rail or post in accordance with the ADR regulations (or any such regulations that may be effected from time to time) and in accordance with any special criteria as required by the laboratory at GUH.

For the transport of routine samples, a basic triple packaging system is recommended comprising of the following.

- 1. The primary watertight, leak-proof sample container.
- 2. A secondary, watertight leak-proof packaging with absorbent material to contain the primary sample
- 3. A third, outer layer of packaging to protect the sample from physical damage while in transit.

The correct specimen container and laboratory request form must always be used when sending specimens to the laboratory. It must be ensured that the container is appropriate for the purpose, is properly closed, and is not contaminated on the outside. To avoid specimen rejection, please follow the specimen requirement instructions in the test directory. If in doubt, contact the appropriate laboratory. Certain assays require transportation at specific temperatures. Specific instruction is given in the test directory section.

## 5.2 Internal Transport of Specimens

The transport of specimens to the laboratory from GUH or MPUH locations is by the use of the portering services or the pneumatic air tube system. The following guidelines for sending samples internally must be followed:

Specimens must be placed within the bag that is attached to the request form. This bag must then be sealed. **Specimen containers that are contaminated externally must not be sent to the laboratory.** 

When sending several samples to the laboratory special sealable plastic bags should be used in conjunction with the appropriate secondary specimen transportation container/box. The secondary containers' currently used throughout the hospital are the 7 litre and 30 litre from Daniels Healthcare.

Blood gas specimens must never be sent to the laboratory with the needle attached.

Under no circumstances should anyone transport the primary specimen container in one's hand or pocket.

Unfixed histopathology specimens are brought directly to the histopathology Laboratory and handed to a staff member.

Delivery of urgent unfixed specimens must be pre-arranged with the Histopathology laboratory.

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Samples for CSF by flow cytometry must be delivered to the laboratory immediately post sampling.

Methaemoglobin must be delivered immediately to the Haematology lab for testing within the one hour requirement.

Radioactive specimens for the Histopathology laboratory should be delivered to the dedicated radiation area in the Histopathology lab cutup, placed behind the lead lined shield, and lab staff informed of its presence there.

#### 5.3 Portering Schedules

#### **GUH**

Laboratory specimens are collected from wards and the blood room at 09:00 h and 13:30 h each weekday. Saturday collection is between 08:00 h and 09:00 h. Ideally, specimens should be taken to coincide with collection times. The collection of urgent or out-of-hours specimens must be organised at ward level by paging the porter on duty.

Histopathology specimens are brought directly to the Histopathology Laboratory from theatres and wards between 09.00 h and 17.00 h. Delivery of urgent unfixed specimens must be pre-arranged with the Histopathology laboratory.

#### **MPUH**

There is an hourly transportation of specimens from Merlin Park University Hospital to the Laboratory Medicine department on the half hour each day from 07:30 h to 16:30 h. Between 17:00 h and 20:00 h there are two deliveries depending on demand. From 20:00 h to 08:00 h the night porter in response to demand collects and delivers all urgent specimens.

### 5.4 Pneumatic Tube System Transport

The Pneumatic Tube System (P.T.S.) commonly referred to as the 'Chute' is used mainly for the sending of specimens to some of the Laboratory Departments. However it may also be used for the sending of many other items between stations limited only by size and safety considerations.

Before using the 'Chute', please familiarise yourself with the correct operation and health & safety procedures. Please be aware of the specimen types that can and cannot be transported using the 'Chute' including the carrier (shuttle) colour and type.

#### To send a sample:

Place the sample in a Biohazard bag and seal the sample packet.

Place the request form in the Biohazard bag open pocket.

If using 'Speci-bags' seal by removing the strip and folding the bag onto the sticky surface.

Place the bag in the correct carrier type. Do not overload.

Dial the station address number and without delay place carrier on the station for dispatch.

Check for any messages on the station.

#### Transportable items and carrier type:

**Red carrier**: Blood samples, Urine sample, Stool samples, Culture swabs, Laboratory request form

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Protected glass slides, Store requests, Laboratory reports, Small store items

Yellow carrier: Pharmacy requests

Blue carrier: Fluid samples

#### Non-transportable items:

Bone Marrow samples, Blood culture samples in glass bottles (mycolytic bottles), Blood products, C.S.F samples, Fresh tissue samples, sweat samples.

Blood Gases, P.C.R. samples, Platelet Aggregations, Frozen sections, Radioactive substances, Stem Cell Collections, Units of blood, Histopathology/Cytopathology specimens, Platelet Function Tests and any item which may break or leak in the system.

#### **Unattended stations:**

Anatomic Pathology: there is no chute facility to deliver specimens to the Anatomic Pathology and it is unsafe to attempt to do so and is not recommended.

Clinical Immunology: stations are programmed to shut down when the respective departments are closed i.e. overnight, weekends and holiday periods. Check with individual departments for times.

5.5 General Practice, Primary Care and HSE Hospitals

All GMS participating GP's in County Galway have access to collections from designated locations by WestDoc Logistics under a Primary Care arrangement.

For hospitals in the West North West region or GP's outside of Galway contact the Laboratory Manager for details.

Specimens should ideally be sent to the laboratory as soon as possible (via the next transport on the same day as collection). If samples cannot be sent to the laboratory on the day of collection (e.g. venepuncture performed after last pick up), it is important to be aware of sample specific storage guidelines i.e. refrigeration vs Room temperature etc.

If patient samples and materials are to be stored they should be stored in conditions that ensure the continuing integrity samples and in a manner that prevents cross contamination and deterioration. For queries related to sample storage refer to Section 16 or contact the relevant laboratory.

Additionally it is important that when samples are transported from primary or secondary care that they are kept within the specified temperature range and are compliant with ADR regulations.

If GP is organising a Taxi\GP Practice staff member drop off, GPs are to ensure samples transported to the Laboratory are in line with prevailing ADR transport regulations.

#### **Guidelines for Sample Centrifugation**

Please contact the laboratory for information on the correct procedure for centrifugation and ensure that manufacturer's guidelines for safe use are adhered to.

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#### 5.6 BreastCheck Unit

Specimens from the BreastCheck unit for the Division of Anatomic Pathology are delivered directly to DAP specimen reception by BreastCheck staff.

### 5.7 Community Hub Clinics

This information is for use by the community hub clinics and other primary care clinics to provide information regarding stability and best practice for blood and urine sample storage.

#### **Sending Samples to the Laboratory**

- 1. Specimens should ideally be sent to the laboratory as soon as possible (via the next transport on the day of sample collection).
- 2. If samples cannot be sent to the laboratory on the day of collection (e.g. venepuncture performed after the last courier pick-up):

#### **Biochemistry samples**

- **Biochemistry samples** (serum gel or lithium heparin with gel) should be centrifuged and ideally stored refrigerated in a tube rack (2-8°C)
- Biochemistry samples (fluoride oxalate) should not be centrifuged; these should be stored refrigerated (2-8°C)
  - \*\*Note EDTA specimens for HBA1c must not be centrifuged and can be stored at room temperature until courier collection the next day
- Urine samples (random 'spot' and 24-hour samples) should be stored refrigerated (2-8°C)

#### **Haematology samples**

- **EDTA** samples for Full Blood Counts should **not** be centrifuged. These samples should ideally be stored refrigerated (2-8°C).
- **Citrate samples** should **not** be centrifuged and **must** be stored at room temperature. One day old citrate samples are suitable for INR only and are **not** suitable for coagulation screen. Coagulation screen requests **must** be received in the laboratory on the same day as sample collection.
- **Haematinic samples** (B12, Folate and Ferritin- serum gel) must be centrifuged and stored refrigerated in a tube rack (2-8°C).

#### **Immunology samples**

Requests (for example Allergy or Autoimmunity screens -serum gel or lithium heparin with gel) should be centrifuged and ideally stored refrigerated in a tube rack (2-8°C)'

\*\*Note EDTA specimens for Haemachromatosis, Genetics or Flow Cytometry MUST not be centrifuged and MUST be stored at room temperature until courier collection the next day

#### Microbiology samples

Sputum samples stored refrigerated (2-8°C) until courier pick up next morning

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## Virology samples

On occasion where overnight storage is required, serum gel whether centrifuged or not, should ideally be stored refrigerated (4-8°C).

**Note**: 8 ml K2E K2EDTA separator specimens for Viral Load testing must be received in the laboratory within 24 hours post venepuncture <u>and</u> after discussion with laboratory staff. Samples received > 24 hours are not processed. Telephone to discuss if required.

- 3. **Do not freeze blood samples** unless specifically advised by the laboratory to do so. These samples should be sent to the laboratory the next morning. They need to reach the laboratory within 24 hours of being taken.
- 4. Please note: samples should ideally not be taken on Fridays after the last courier pick- up as these samples will only reach the laboratory the next Monday.

For more information, please contact the relevant laboratory or refer to their respective departmental websites/ sections of this laboratory user guide.

## 6. Reporting Results

#### 6.1 iLAB

The iLAB laboratory information system (APEX) is a single integrated system operating across all laboratory disciplines in GUH, MUH, PUH and RUH. A demographic interface exists between the Integrated Patient Management System or IPMS and the LIS. This interface reduces the requirement for data re-entry in the laboratory, and stringent protocols for the management of data quality enhance the integrity and consistency of the patient record in the LIS database.

Results for hospital inpatients are available to the wards under two routes.

The main route to access patients lab results is EVOLVE, which replaces the Ward enquiry function previously available on PAS, which is no longer available with IPMS.

The second route is via a Web Lab Ward Enquiry function or APEX, the logon icon for both is located in the GUH Useful Resources folder on the PC Desktop. To use WebLab/APEX the user must contact the LIS Manager for a Username and Password. Histology results may ONLY be viewed using APEX.

Because the same incidence of APEX is used in GUH, MUH and RUH, results from these three locations are displayed together. Results may extend to more than one visible page. Ward users must have a Board Number or a Chart Number to look up inpatient results. It is possible to audit what Users have accessed any particular result/patient record whether accessed through Evolve or directly through WebLab/APEX. Generic logons/sharing of passwords is not permitted.

#### 6.2 HealthLinks

HealthLinks is the name given to the Department of Health funded project which allows electronic links to be established between General Practitioners, Hospitals and the Health Service Executive to allow for the timely and secure transfer of patient related administration, clinical data and laboratory reports. For further information on HealthLinks Contact: <a href="mailto:support.healthlink@healthmail.ie">support.healthlink@healthmail.ie</a>

## 6.3 Clinical Information Systems

Interfaces have been established with CIS in ICU (Metavision), RIS in Radiotherapy (Lantis) and Diabetic Day Unit (Diamond) and eMED renal system. This allows for rapid electronic downloading of patient reports from a number of laboratory departments to the patient bedside and clinical areas.

## 6.4 Printed Reports

Printed reports are not issued for all samples as in many circumstances electronic delivery is faster and supports ready access in multiple patient care areas within the hospital group. (Note: A printed report is issued for all Division of Anatomic Pathology reports. DAP reports are not available via HealthLinks). Reports are printed with reference ranges and / or suitable comments wherever appropriate, to aid interpretation of results. Reports are provided only to the submitter except in exceptional circumstances where senior staff are satisfied that an exception is necessary in the

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patient's interest. Reports are not provided directly to patients. Reports are printed daily. Printed reports are delivered by the portering staff to GUH wards. General practitioners reports are posted daily.

External hospital reports are printed and issued as follows:

Mayo University Hospital	Reports collected daily
Roscommon University Hospital	Reports posted daily
Sligo University Hospital	Reports posted daily
Limerick University Hospital Limerick	Reports posted daily
Portiuncula University Hospital	Reports posted daily
Ennis General Hospital	Reports posted daily
Letterkenny University Hospital	Reports posted daily
Galway Clinic	Reports collected daily
Bons Secours Hospital	Reports collected daily

## 7. Blood and Tissue Establishment

## 7.1 Department Profile

Galway Blood & Tissue Establishment (GBTE) is fully licensed by the Health Products Regulatory Authority (HPRA, formerly Irish Medicines Board) and holds three licences: a Blood Licence, a Tissue Licence and a Good Manufacturing Practice (GMP) Licence. GBTE is also accredited to ISO 15189 by the Irish National Accreditation Board (INAB). GBTE also has a Calibration Department INAB Accredited to ISO 17025.

Blood, blood components and blood products are issued by GBTE for patients throughout Galway University Hospitals (GUH).

GBTE provides an ante-natal serology screening service for GPs, Consultants in private practice and the ante-natal clinic Mayo University Hospital, Castlebar.

Blood is also supplied by GBTE to the Galway Hospice, Roscommon University Hospital and the Bons Secours Hospital. In emergency situations blood is supplied to Portiuncula University Hospital, Mayo University Hospital, Castlebar, the Galway Clinic and any other hospital which require assistance.

Autologous and Allogeneic Serum Eye Drops (ASE's), Stem Cell Collections, CAR-T service, supply of Bone and Bone Products such as tendons, bone chips, meniscus as well as Occular tissues such as corneas, amnion membrane and sclera are services which are co-ordinated from GBTE. Irradiation of Red Cells is carried out on-site in the GBTE.

#### 7.2 Services and Products available at GBTE

GBTE stock the following blood components/products:

- Red Cells
- LG Plasma
- Platelets
- Fibrinogen
- Albumin 20% and Albumin 5%
- Anti D Immunoglobulin
- Factor Concentrates (human & recombinant) factor VIIa, factor VIII, factor VIII/ human von Willebrands factor, recombinant vWF factor IX, Prothrombin Complex Concentrate (PCC)
- Human Hemin
- Hepatitis B & Varicella Immunoglobulins
- C1 esterase inhibitor
- Activated PCC

The above are issued upon receipt of a completed Blood/Blood Product Request form. Products must also be prescribed on the "Blood & Blood Product Prescription & Transfusion Record", BPTR (pink document) at ward level.

**RAADP** Routine antenatal anti-D prophylaxis (RAADP) is given by injection to pregnant women who are RhD-negative usually at week 28 of their pregnancy. After the birth, a blood sample will be taken to test the baby's blood group. If the baby is RhD positive, a mother who is RhD negative will be given a further injection of anti-D immunoglobulin - this is known as postnatal anti-D prophylaxis. If an RhD-negative woman has a potentially sensitising event DURING THE

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pregnancy she will be offered anti-D prophylaxis at the time of the event: this is known as antenatal anti-D prophylaxis or AADP. Please contact the Maternity department for more information.

**cfDNA** testing of the mother's blood can also be completed in early pregnancy. This is performed in a referral site (generally the IBTS). It predicts the fetus blood group and women who have a predicted Rh Negative fetus then do not enter the RAADP program for prophylactic Anti-D. The infants' blood group is then confirmed at birth.

## 7.3 Sample / Request Form Labelling Policy

Test/Product	Availability	Specimen Type	Comment
Albumin	Routine & Urgent	None	
Anti-D Immunoglobulin	Routine & Urgent	6 ml EDTA blood	
Anti-Neutrophil	On Request	6 ml blood in plain gel tube	Referred to IBGRL
Antibodies			Please state reason for request
Anti-Varicella Ig	Routine & Urgent	None	
Autologous & Allogeneic Serum Eye Drops	Contact Blood and T	issue Establishment to arrange	
Coagulation Factor Concentrates	Routine & Urgent	None	Discuss with Haematology team Exception: Anaesthetics
Cold Agglutinin Screen	Routine	6 ml EDTA blood	Deliver sample to lab at 37°. Contact GBTE for instructions prior to sampling
Direct Coombs Test	Routine & Urgent	6 ml EDTA blood	
Group & Antibody Screen (Ante-natal)	Routine & Urgent	6 ml EDTA blood	
Group & Hold / Group & Cross match	Routine & Urgent	Adults - 6 ml EDTA blood Paeds – 4 ml EDTA blood	CMV / Irradiated blood must be requested by the Clinician, if required.
Hepatitis B Ig	Routine & Urgent	None	regaried
HLA Antibodies	On Request	6 ml EDTA blood	
HLA Typing for transplants	On Request	6 ml EDTA blood	
HLA & Disease Association	On Request	5-10 ml EDTA blood	Referred to Irish Blood Transfusion Service (IBTS request form is
HLA Class I typing for HLA matched platelets	On Request	5-10 ml EDTA blood	available on Claddagh/Corrib, Oncology and Haematology Day
Human Platelet Antigen Typing	On Request	5 ml EDTA blood	Wards).
Orthopaedic and Occular products	Contact Blood and T	issue Establishment to arrange	

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Test/Product	Availability	Specimen Type	Comment
Peripheral Blood Stem Cell Harvest	Contact Blood and	Fissue Establishment to arrange	
Platelet Antibodies	On Request	5-10ml blood in a plain gel tube	Referred to Irish Blood Transfusion Service (IBTS request form is
Platelet Refractoriness	On Request	10 ml blood in a plain gel tube & 5-10 ml EDTA Blood	available on Claddagh/Corrib, Oncology and Haematology Day Wards).
Plasma (LG Octaplas &)	Routine & Urgent	6 ml EDTA blood - if group unknown	Telephone request followed by written request
Platelets	Routine & Urgent	6 ml EDTA blood - if group unknown	Telephone request in advance, followed by written request.
Post Transfusion Purpura	On Request	5-10 ml blood in a plain gel tube & 5ml EDTA blood	Refer to IBTS. Please state reason for request
RAADP	By request	6 ml EDTA blood	Please contact the Maternity department for more information.
cfDNA	On Request	2 x 6ml EDTA blood	Referred to Irish Blood Transfusion Service
Testing for NAITP	On Request	10-20 ml blood in a plain gel tube & 5 ml EDTA blood (mother) 1 ml EDTA blood (neonate) 5 ml EDTA blood (father)	Referred to Irish Blood Transfusion Service (IBTS request form is available on Claddagh/Corrib, Oncology and Haematology Day Wards).
Transfusion Reaction Investigation	By Request	6 ml EDTA blood	Phone Blood Bank with details and request a Transfusion Reaction Pack. Return all units to GBTE. Complete the Transfusion Reaction form and inform TSO.
Transfusion Related Acute Lung Injury (TRALI)	By Request	20 ml blood in a plain gel tube & 5 ml EDTA blood	Referred to IBTS. Please state reason for request
Zygosity Testing	By Request	6 ml EDTA blood	Referred to IBTS. Please indicate reason for request

Tests that are not completed on-site are recorded and referred to external laboratories for testing. Please contact GBTE for external request forms or any queries regarding specimen refer.

Reference: <a href="https://www.giveblood.ie/Old-Site-Documents/NHIRL-Customer-Handbook-pdf.pdf">https://www.giveblood.ie/Old-Site-Documents/NHIRL-Customer-Handbook-pdf.pdf</a> for details of sample/request form labelling policy in referral site.

## Specimen Labelling Requirements for Group & Hold / Crossmatch

Please ensure prior to taking sample that the expiry date on the sample tube is in date, otherwise the sample will be rejected

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#### Minimum and Maximum Sample Volume for Paediatric / Neonatal patients.

The minimum volume for a Neonatal / Paediatric specimen is 1ml. If you are unable to obtain 1ml on a Paediatric / Neonatal specimen then you must contact the GBTE to discuss and the laboratory will further advise.

The optimum sample volume for Neonatal / Paediatric specimens is 2ml. Please refrain from taking more than this amount in this patient cohort (cord bloods accepted).

#### Minimum and Maximum Sample Volume for Adult patients

The minimum volume for an Adult patient is as follows:

- Hospital, GP and Ante Natal specimens minimum 2ml, maximum / optimal is to the fill line
  - o If a patient has a complex serology the GBTE minimum volume is to the fill line and GBTE staff will advise if additional samples are required.
- Referrals contact the GBTE for the minimum and maximum volumes required

#### Specimen Labelling Requirements for Group & Hold / Crossmatch

Please ensure prior to taking sample that the expiry date on the sample tube is in date, otherwise the sample will be rejected

All routine crossmatch samples must be received in GBTE before 16:00h.

A Group and Hold sample lasts 72 hours from time taken.

Blood Track PDA labels are accepted on all samples. The PDA label may also be used in place of the sample taker signature on samples from the Bon Secours, RUH, Mayo ANC and Mayo Pre-assessment clinics.

The following legible information must be recorded on the specimen (Handwritten or Bloodtrack label is only accepted):

- Patients full first name and surname. (Patients second names or maiden names should be used where relevant). Unnamed new-borns should be labelled with Male / Female infant of [Surname].
- Board Number or Bon Secours (G) Number
- Date of Birth
- Patient gender
- Signature of the person taking the specimen
- Date and time of specimen collection
- Patient location.
- Patients name, board number, DOB and gender are the minimum requirements to ensure positive patient identification.

#### Requests Form Requirements for Group & Hold / Crossmatch

A fully completed request form (RL32), Ante-Natal form (BGF) must accompany the specimen.

An addressograph or bloodtrack label, is acceptable on the form provided the details are accurate and correct. If using an addressograph label ensure the location and patient's Consultant is recorded on it or on the specific section of the request form.

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The decision to crossmatch and prescribe blood for a patient is the responsibility of the clinician. This should be recorded in the patient's medical notes. The patient's current haemoglobin level must be checked prior to making the decision to transfuse. If the original request on the patient was a Group and Screen only, the request for Blood / Blood products must be sent on a separate Blood and Tissue RL32 form and this will be attached to the original form in the GBTE.

- For thresholds for Red Cell Transfusion see CLN HVIG 035, Appendix 1, available on Q-Pulse.
- For thresholds for Platelet Transfusion see CLN HVIG 036 Appendix 1, available on Q-Pulse.

The following legible information must be recorded on the specimen request form.

- Patients full first name and surname Unnamed new-borns should be labelled with Male / Female infant of [Surname]
- Board Number or Bon Secours (G) number. Patients DOB.
- Patient gender.
- Patient location.
- Patients' consultant.
- Name and signature of the person taking the specimen.
- Name, bleep and signature of the person requesting the test(s) / products.
- Date and time of specimen collection.
- The tests required / products (including volume / amount) requested should be clearly stated.
- Special Requirements for blood / blood products (if applicable).
- Date and time tests / products required (if applicable).
- Patient clinical details including diagnosis and / or indication for transfusion if relevant.
- Transfusion history (including details of blood group / previous transfusions / reactions / marrow or other transplants if relevant).
- Patient Diagnosis.
- Other information deemed relevant to the GBTE.

Requests for blood components / products may be completed retrospectively in emergency situations.

Patients name, board number, DOB and gender are the minimum requirements to ensure positive patient identification. Send sample and form directly to the Blood and Tissue Establishment.

Information on patient's Hospital ID band, request form and blood sample must be identical.

## Specimen Labelling Requirements for Antenatals/Miscellaneous Tests

Specimens submitted to the GBTE for Group and / or screen and miscellaneous tests (e.g. Neonatal Group and Coombs, Coombs Tests, Cold Agglutinin Investigations, Pre-assessment Group and Antibody Investigations, Transfusion Reaction Investigations).

The following legible information must be recorded on the specimen (Handwritten or Bloodtrack label is only accepted):

- Patients full first name and surname. Unnamed new-borns should be labelled with Male / Female infant of [Surname].
- Board Number or Bon Secours (G) Number (Patients address if hospital no. unknown).\*

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- Date of Birth
- Patient gender
- Signature of the person taking the specimen
- Date and time of specimen collection
- Patient location.

Patients name, board number, DOB and gender are the minimum requirements to ensure positive patient identification. Patients Address may be used for antenatal / homebirth requests where the board no is not known.\*

#### Request Form Requirements for Blood Group & Screen / Antenatals / Miscellaneous Tests

A fully completed blood group investigation form (BGF) must accompany the specimen.

The blood / blood product request form should accompany all other requests.

All request forms submitted to Blood Establishment for antenatal screening or miscellaneous tests must be labelled with the following details:

Patients' full first name and surname. Unnamed new-borns should be labelled with Male/ Female infant of [Surname]. Board Number or Bon Secours (G) number.

- Patients Address (where hospital no. is not known).
- Patients DOB.
- Patient gender.
- Patient location.
- Patients' consultant or GP.
- Obstetric / Transfusion history (for antenatal requests).
- Name and signature of the person taking the specimen.
- Date and time of specimen collection.
- The department / location to where the report should be referred.
- Other information deemed relevant to the GBTE.

For further information and instructions for the collection and handling of primary samples:

Refer to Clinical Policy on Q-Pulse- CLIN HVIG 06-"Request for Group and Antibody Screen, Group and Hold and Group and Crossmatch".

For Identification of the Primary Sample: Refer to Clinical Policy on Q-Pulse -CLIN HVIG 01 —"Positive Patient Identification".

Specimens must be received in GBTE within 48 h of sample collection time. Specimens received after this time require confirmation as to storage temperature ( $2^{\circ}C - 8^{\circ}C$ ) by an ISO 15189 accredited facility. Specimens received after 72 h of sample collection time are rejected. Specimens are only available for compatibility testing for 72 h post specimen collection time after this time another specimen is required.

## 7.4 Unsuitable Specimens and Additional Specimens

In the event of a specimen being unsuitable for processing or where there is an analytical failure, a new sample will be requested by phone, in writing or electronically through the LIS.

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In an emergency whereby the sample / request form does not conform to the labelling criteria of GBTE, a policy is in place for the sample taker to correct or amend the primary sample within certain parameters. When this occurs the individual correcting the sample must complete and sign the Incident Report Form re-Specimen/Request Form Amendments GBTE/MISC/F011 and accept responsibility for the changes to the primary sample/request.

The clinician may be requested on occasions to provide a repeat or additional sample to the Blood and Tissue Establishment when

- 1) Additional tests are warranted to complete investigations e.g. antibody investigations. or
- 2) If there is no transfusion history on the Laboratory Information system and a crossmatch is requested. In such cases the requesting clinician/ward will be contacted by scientific staff of GBTE to request the sample.

#### 7.5 Unidentified Patients

Where the identity of the patient is unknown, 'Male Unknown' or 'Female Unknown' is handwritten on the request form and the sample tube. The board number is recorded on the specimen and request form. The date of birth is recorded as 'Unknown' but an alias date of birth i.e. the 01/01/1881 may be used. All other requirements for routine sample labelling must be completed as per below.

#### 7.6 Urgent Requests Policy

Please contact GBTE to indicate the nature of the emergency. During out of hours service contact the scientist via the hospital switch board (Sun-Thurs 12 MN - 8 AM / Fri-Sat 12 MN-10 AM). All emergency samples will be processed on receipt and will be prioritised according to clinical urgency provided there are no technical complications (mislabelled specimen, patient has antibodies). Uncrossmatched Emergency O Rh D Negative blood is available immediately if required.

#### 7.7 Requests for Uncrossmatched Blood (Group O Rhesus Neg blood)

Requests for uncrossmatched blood must be made by a Clinician. A sample for Group and Cross-Match should be taken before transfusion of uncrossmatched blood if possible. Where a patient requires a blood transfusion urgently and no cross-matched blood is available for that patient, Group O Rhesus Negative blood is administered.

O Rhesus Neg. Emergency blood is available at all times from the Blood Establishment. Four units are available in the blood satellite fridge in maternity gynae theatre, 2 units are available in the Theatre satellite fridge on second floor of GUH and a further 2 units are available in the blood fridge on 2nd floor in Orthopaedic block, MPUH. GBTE must be informed immediately if emergency blood has been taken from the satellite fridges so that it can be replaced. The responsibility of transfusing uncrossmatched blood lies with the requesting clinician.

#### 7.8 Delivery of Blood throughout GUH

Routine blood required for GUH is placed in the satellite blood fridges located:

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GUH: 2nd floor, out-side entrance of main theatre Gynae Theatre: within main entrance to Obs & Gynae theatre. MPUH: 2nd floor, Orthopaedic Block, outside theatre.

Otherwise it is taken directly from GBTE to the area where it is required. Blood Components / Products e.g. Plasma / Platelets / Albumin are taken directly to the area where they are required; do not place in a blood fridge other than the GBTE Issue Fridge. If they are not required, GBTE must be informed and they must returned to GBTE immediately.

#### 7.9 Blood / Blood Product Prescription and Administration

All products must be prescribed on the "Blood & Blood Product Prescription & Transfusion Record" (BPTR) at clinical level.

100% traceability of all blood and blood products is required by GBTE. Bloodtrack PDAs are used to transfuse blood and platelets. The product and patient ID band are scanned on commencement as per policy CLN HVIG 08 « GUH Administration and transfusion of Red cells to an adult patient using the Manual or Electronic Method » and CLN HVIG 017 « GUH Administration and Transfusion of Platelets to Adult and Paediatric Patients using the Electronic or Manual Method » on Q-Pulse. The manual method is used for all other blood products or also used for blood and platelets if bloodtrack is down or undergoing upgrade/unavailable. Here, following commencement of transfusion the middle (peelable) completed portion of the compatibility label is removed, placed on the BPTR. The BPTR must also contain the signatures of both administrators and the date and time. The lower portion of the compatibility label is removed and both administrators print their names and again include the date and time. This lower portion is then placed in a designated collection box in the clinical area where it is returned to the Blood Establishment for fating of the product. A specific group of patients may require irradiated/ CMV negative blood. Guidelines for this requirement is available on Q-Pulse. See CLN HVIG 06 « GUH Request for Group and Antibody Screen, Group and Hold or Group and Crossmatch ».

When administering blood/ blood products, the checking procedure as per the relevant policies stated above, which are available on Q-Pulse must be adhered to.

## 7.10 Management of Transfusion Reactions

Please refer to Clinical Policy CLIN HVIG 009 "Management of Adverse Reactions, Adverse Events & Near Misses to Blood Components/Blood Products in the Clinical Setting" available on Q-Pulse. See also included Guidelines for Culturing an Implicated Blood Component where a transfusion reaction is suspected.

Also available on Q Pulse - ORG-IC-0015: Guidelines for collection of blood cultures from the patient.

#### 7.11 Maximum Surgical Blood Ordering Schedule (M.S.B.O.S)

A Maximum Surgical Blood Order Schedule (M.S.B.O.S) is in place for GUH and should be adhered to when ordering Blood for Surgical procedures. The M.S.B.O.S is available for review as a Clinical Policy on Q-Pulse. Refer to CLN HVIG 010. Each member of staff has a professional responsibility to avoid over exposure of patients to blood/ blood products.

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Over ordering of blood/ blood products must be avoided and time constraints adhered to in order to prevent wastage. Blood and Blood Products are extremely costly and are frequently in short supply.

# 7.12 Indications for Irradiated & CMV-Negative Red Blood Cells & Platelets

Refer to policy CLN HVIG 06 'Request for Group and Antibody Screen, Group and Hold and Group and Crossmatch' on Q-Pulse.

# 7.13 Autologous/Allogeneic Serum Eye drops (ASE's) program

Autologous/Allogeneic Serum Eye drops (ASE's/ALSE's) are prepared using the patient's sera (autologous) which is donated by the patient as a whole blood unit or are produced from an allogeneic donor unit ordered through the Irish Blood Transfusion Service (IBTS). GBTE processes and packages the ASE for the patient. They are issued to patients as a treatment for persistent epithelial defects, Superior Limbal Keratoconjunctivitis (SLK), severe dry eye or as a support measure in ocular surface reconstruction.

# 7.14 Autologous Stem Cells

GBTE provides an Autologous Stem Cell service to GUH and Cork University Hospital. This incorporates an autologous haematopoietic stem cell collection and transplantation service for patients with certain malignancies e.g. multiple myeloma, lymphomas etc. The stem cells once harvested are processed, cryogenically frozen and stored until required. GUH Haematologists must be contacted in advance if this service may be required.

# 7.15 Supply of Bone and Bone Products and Occular Tissues

GBTE is a site of human application as per the EU Tissue Directive for corneas, sclera, amnion membrane, bone, tendons, meniscus, bone chips etc. and has responsibility for other transplanted human tissue in GUH. These services are coordinated by the GBTE.

### 7.16 Blood Track

(See also noted in Section 7.9.) Blood and platelets are processed for sign out / sign into the Establishments fridges/ platelet agitators respectively via the Blood Track system. All other Blood Products are signed out manually via the Blood and Blood Products registers at the Establishment and satellite fridges. If Blood Track is non-functional all products must be manually signed out of the Blood and Blood Products registers.

#### 7.17 Clinical Advice and Service

A Responsible Person/ Consultant Haematologist with Administrative Charge (CAR) for the Blood & Tissue Establishment is in place. This Consultant Haematologist provides an extensive advisory service and clinical advice. Examples include indications for platelet transfusion, management of massive transfusion and the appropriate use of blood products. Requests for clinical advice from other hospitals in the region are referred directly to the consultant Haematologists in GUH.

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Issues relating to the Biovigilance (Haemovigilance / Tissue Vigilance) policies and protocols are referred to the Biovigilance (Haemovigilance / Tissue Vigilance) officers. Examples include sample labelling, management of reactions.

List of Consultant Haematologists in GUH	
Dr. Amjad Hayat (RP/CAR)	*Prof. Michael O'Dwyer
*Dr. Ruth Gilmore	*Dr. Janusz Krawczyk
*Dr. Margaret Murray	*Dr. Niamh Keane
*Dr. Nunez Yizel	*Dr Maria Eduarda Couto
*Dr Teresa Biotin Lopez	*Dr Mark Gurney (arriving later in 2024 / early 2025)
*Dr Jillian Coll	*Dr Tracey Murphy
*These Consultants are available via roster held by Switch and will be available to GBTE as needed on clinical matters that arise.	

Comments or suggestions relating to the service should be addressed to the Chief Medical Scientist of the GBTE.

# 7.18 Turnaround Time

On receipt in GBTE specimens are date and time stamped, barcoded, initialled and logged into the LIS by the receiving scientist.

GBTE turnaround time is defined as the length of time taken from receipt of the sample in GBTE to release of the report /product in GBTE manually with report, visible on the LIS or via phone call.

Turnaround time for test requested by users will be reflected by clinical needs.

External specimens (GPs and ANC samples) are batched and analysed each day until 13:00 and in the afternoon on Friday.

External specimens received after 13:00 hours will be batched and processed on the next routine working morning with the exception of Fridays whereby all external samples will be processed on day of receipt.

If the patient has an antibody, turnaround time will depend on the serological investigations required to identify the antibody and can vary.

Test	Turnaround Time (from receipt of sample to release of product / report)
Group and Hold *	8 Hours
Group and Antibody Screen (External User)	72 Hours
Cross-Match (Urgent)* and *** and ****	50 Minutes (please always phone these)
Cross-Match (Non-Urgent / Routine) **	8 Hours
Neonatal Blood Group +/- DCT***	8 Hours

<sup>\*</sup>Turnaround Time provided the patient has no Antibodies.

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<sup>\*\*</sup>Turnaround Time is reflected by clinical needs and surgical date.

<sup>\*\*\*</sup>Turnaround Time provided there are no blood grouping discrepancies

<sup>\*\*\*\*</sup> Please refer to sect. 7.6 Urgent Request Policy above also

Turnaround time applies to requests received during routine hours. Requests received out-of-hours will be authorised on the next routine working day.

Since the introduction of Termination of Pregnancy in GGUHP specimens received in GBTE (TOP associated) on female patients for group and antibody screens must now be labelled, processed, authorised and reported on the day of receipt as GP's require the written GBTE report in < 72 hours preferably within 24 hours.

# 7.19 CODE RED

Code Red' is the alert used in GUH to advise the Blood Transfusion laboratory of life threatening bleeds. 'Code red' indicates urgency as the blood transfusion laboratory is situated away from critical areas at the rear of the hospital. A Code red emergency should be declared if:

- Active haemorrhage is suspected
- or/and an ongoing transfusion requirement in an adult of more than 150mls per minute
- or/and the systolic BP is < 80mmHg or/and there is a poor response to fluid resuscitation

In the event of an emergency bleed, senior clinical staff activates the alert by calling a CODE RED as per policy CLN HVIG 031 «Management of Acute Massive Haemorrhage» available on Q-Pulse. When the haemorrhage is under control clinical staff must inform the transfusion laboratory staff that the situation is now stable and stand down the code red.

# 8. Clinical Biochemistry Department

# 8.1 Department Profile

The Clinical Biochemistry Department uses biochemical knowledge and techniques to understand human health and to assist in the detection, diagnosis and treatment of disease.

The Department provides a comprehensive analytical and interpretative service including assessment of liver function, kidney function, carbohydrate and lipid metabolism, and various hormones, proteins, enzymes, therapeutic drugs, tumour-associated substances and many other chemical and biochemical compounds. Our role is to aid and advise the clinician on patient diagnosis, prognosis, exclusion of disease, to monitor patients' response to treatment, development or progression of disease and the management of chronic illness through risk stratification and the establishment of treatment/intervention targets. The Department processes about 7 million tests per year. We provide a comprehensive undergraduate and graduate teaching programme and are active in research, in developing projects and in the implementation of translational scientific research. We participate in clinical trials, case conferences, ward rounds and clinics.

The provision of a clinical biochemistry service in a prompt cost-effective, safe and user-friendly manner is dependent on highly automated analytical systems, the use of advanced analytical techniques, electronic data processing and information technology. The Department has an extensive internal quality assurance system and participates in national and international quality assessment schemes.

# 8.2 Clinical Advice and Service

Clinical advice and interpretation is available from the Consultant Chemical Pathologists and Principal Clinical Biochemists. Comments or suggestions relating to the service should be addressed to the Chief Medical Scientist.

#### 8.3 Out of Hours Service

A detailed list of all tests available out of hours is outlined in the section "On Call (Emergency Service)". Clinical advice is available if required. Access to out of hours service for GP's is available by prior consultation with the laboratory.

# 8.4 Biochemistry Tests

Information on all Tests carried out in Biochemistry is to be found in the Test Directory of this manual (listed alphabetically within the Laboratory Medicine Test Directory). Stated volumes required apply to adult patients.

In the case of paediatric patients please send as much blood as possible. Where it is appropriate (i.e. patient weight >10kg) please use a 3.5mL tube, otherwise standard paediatric bottles may be used.

Where small sample volumes are submitted, list the tests requested in order of priority as the volume of serum/plasma obtained will dictate how many can be performed.

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In the event of a specimen being unsuitable for processing or where there is an analytical failure, the clinician will be informed by phone or in writing.

# **Test Profiles**

The test profiles defined in the following table are available to requesting doctors. Please use the profile names given below as these are the only profiles defined and recognised by the Clinical Biochemistry department. Non-specific and vague statements such as "biochemistry screen" or "bioprofile" should not be used. Terms such as cardiac enzymes, SMAC, SMA12, SMA, hormone profile, tumour marker etc. are vague, undefined and unfocused and should not be used when requesting tests. "Toxicology screen" is not sufficiently specific and should not be requested. Instead, urine drugs of abuse screening or testing for a specific drug / metal being queried, may be more appropriate.

Profile Name	Assays included in profile
GP (GP profile)	Sodium, chloride, urea, creatinine, calcium, albumin, total protein, total bilirubin, alkaline phosphatase, alanine transferase (gamma GT if ALP
Requested by GPs only	elevated)
	Potassium analysed only if specifically requested and sample received in the lab within 3hrs of venesection or sample received centrifuged
	Sodium, chloride, urea, creatinine, calcium, albumin, total protein,
If Specimen aged	alkaline phosphatase, alanine transferase, (gamma GT if ALP elevated)
HP (Hospital profile)	Sodium, potassium, chloride, urea, creatinine, calcium, albumin,
Requested by hospital clinicians only	inorganic phosphate, total protein, total bilirubin, alkaline phosphatase, alanine transferase, gamma GT.
If Specimen aged	Sodium, chloride, urea, creatinine, calcium, albumin, total protein, alkaline phosphatase, alanine transferase, gamma GT
Renal Profile – hospital requests only	Sodium, potassium, chloride, urea, creatinine
If Specimen aged	Sodium, chloride, urea, creatinine
LFT (Liver profile)	Total protein, albumin, total bilirubin, alkaline phosphatase, alanine transferase, gamma GT
If Specimen aged	Total protein, albumin, alkaline phosphatase, alanine transferase, gamma GT
Lipid Screen (LIP)	Cholesterol, HDL, triglycerides, calculated LDL, CHOL/HDL Ratio
Iron Studies (Iron)	Iron, Transferrin, calculated TIBC, transferrin Saturation
Thyroid Function Tests (TFT)	Free T4, TSH

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# **Summary of Request Forms and Blood Specimen including Volume Requirements**

A single request form may be utilised for General Biochemistry, Glucose and HbA1c requesting, ensuring the appropriate number of specimens are provided. Specialist tests performed in-house and special assays referred to external laboratories require individual request forms and separate specimens. Once collected, submit the entire specimen to the laboratory with the appropriate request form.

ADULT PATIENTS	
General Biochemistry tests including renal, liver and thyroid function, uric acid, HCG, tumour markers, digoxin, magnesium, lipids, iron studies, osmolality, lithium, alcohol, salicylate, paracetamol, amylase, bicarbonate, therapeutic drug monitoring and fertility	One plain serum gel tube (must be filled) Type: Greiner Vacuette ® Serum Gel Tube Colour Code: Gold
Specialist tests performed in-house	Please refer to the specific requirements for individual tests in the alphabetical listing in the Test Menu
Glucose	One fluoride oxalate tube Type: Greiner Vacuette Tube Colour: Grey
HbA1c	One EDTA tube Type: Greiner Vacuette Tube Colour: Lavender
Special assays referred to external laboratories	Please refer to the specific requirements for individual tests in the alphabetical listing in the Test Menu

PAEDIATRIC PATIENTS	
General Biochemistry Tests	Greiner Vacuette ® 3.5mL where appropriate, (weight >10kg) otherwise Sarstedt Brown capped 1.1mL Z-Gel tube
Plasma Glucose	One fluoride oxalate tube Greiner Vacuette ® Colour: Grey where appropriate otherwise Sarstedt Microvette ® 300 Fluoride Heparin tube
HbA1c	Greiner Vacuette ® EDTA tube where appropriate otherwise Sarstedt Microvette ® 300 EDTA tube

Requesting doctors are advised to liaise with the laboratory in advance of specimen collection when difficulties in obtaining blood specimens are expected. In these situations, tests requested should be ranked in order of priority.

#### 8.5 Reference Intervals

To aid in the interpretation of clinical biochemistry reports, age and sex specific reference intervals are provided for most laboratory results. The reference intervals reported are based on population studies of non-pregnant individuals whose gender identity is the same as their sex assigned at birth. The clinical biochemistry service do not record a patient's pregnancy status and only record a patient's sex as that specified on the request form. Therefore clinicians need to be aware that the reported reference intervals may not always be appropriate in pregnant or transgender patients. If required, additional advice on reference intervals for pregnant or transgender patients can be provided.

# 8.6 Turnaround Time Targets

Turnaround time (TAT) is defined as the time from receipt of specimen in the biochemistry laboratory until the result is reported in the LIS. TAT is adversely affected when there are excessive demands for urgent assays. We will endeavour to meet the following turnaround times for routine assays. Please see the alphabetised test list for target turnaround times for more specialised assays.

Category	Target turnaround time
Urgent requests	2 hours
Priority requests	3 hours
Routine requests	4 working days

# 8.7 GP Specimens

Ideally, samples for analysis should arrive as soon as possible or at least within 4 hours of collection. If a longer delay is expected then blood specimens should be centrifuged prior to submission.

GP samples arriving before 19:45 will be centrifuged on the day of receipt. Specimens due to be delivered after 20:00 should be centrifuged at the point of collection as such work may not be centrifuged until the following routine working day with the result that the specimens will be aged and unsuitable for analysis for potassium, inorganic phosphate, AST and some other parameters.

Un-centrifuged specimens greater than two days post phlebotomy are not accepted for analysis.

Centrifuged specimens greater than seven days post phlebotomy are not accepted for analysis.

Subject to the volume of work received and the available staff resources samples will be processed as soon as possible following receipt. The target turnaround time for routine GP requests is 4 working days.

# 8.8 Add on Test Requesting

Clinical Biochemistry specimens are stored in a fridge for up to 7 days or space permitting. Subject to individual analyte stability, further tests on a specimen that is already in the laboratory can be requested by submitting an additional request form. The form should be completed as usual, with the addition of the specimen number and the additional tests required. This number can be found by checking the laboratory enquiry screen or the paper report. GP's should fax in the request forms or provide to courier service on the next available courier run. Phone requests for add-on tests are only accepted from the Resus Unit in the ED, and remote hospital locations.

# 8.9 Referred Specimens

Tests not done on-site are recorded, pre-processed to ensure stability and referred to outside laboratories for analysis. Information on these tests is included in the test directory.

#### 8.10 Clinical Details

The inclusion of brief clinical details including relevant medication assists the Clinical Biochemistry Laboratory in providing the most appropriate service for requesting doctors.

#### 8.11 Critical Results

Results falling outside defined critical limits will be telephoned to the requesting source.

# 8.12 Therapeutic Drug Monitoring

See the Test Directory for details of individual drug assay requirements. The time since last dose should be given on the request form.

# 8.13 Fluid Analysis

We provide analysis of various fluids including pleural effusions, acetic fluids and peritoneal dialysis fluid. Appropriate general biochemical assays are provided including pH, protein, glucose, LDH, amylase, creatinine, triglyceride, and cholesterol. The various requirements for these fluid assays are not listed in the Test Menu section of this book. Therefore you should contact the laboratory if you have any queries and staff can reference the appropriate standard operating procedures to provide the information required.

# 8.14 Near Patient Testing (NPT)

We provide an integrated NPT service for glucose monitoring, ketone monitoring, critical care blood gas analysers, HbA1c testing and Hypoglycaemic metabolic screening packs. In order to achieve high quality results it is essential that all users adhere to NPT policy and guidelines.

Use of analysers is only permitted following training which is organized by the Clinical Biochemistry laboratory. If training in the use of any of the NPT analysers is required contact the Senior Medical Scientist with responsibility for NPT at ext. 2725 or email <a href="mailto:npt@hse.ie">npt@hse.ie</a>.

Follow the instructions for the disposal of waste in order to minimize health, safety and infection risks.

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Critical Care analysers are located in ICU, HDU, AMAU, Theatre, CTICU, ED, NICU, Labour Ward, ESU, Shannon, Clinical Biochemistry and SCU MPUH.

Blood glucose meters are located throughout GUH and MPUH. There are over 120 glucometers in use.

Ketone meters are available in critical care and diabetic outpatient services.

Hypoglycaemic metabolic screening packs are located in paediatric areas: Paediatric ED, Red Resus, NICU, Bernadette's, PDU and Paediatric OPD.

HbA1c analysers are located in Paediatric OPD and DDC.

The development of an integrated laboratory-connected and managed NPT service for critical care analysers, glucose meters, ketone meters and intra-operative PTH is complete throughout the Galway University Hospitals. The NPT service is under the governance of the multidisciplinary Laboratory Medicine Directorate with a NPT Steering Committee available in the Hospital. Training and education and support programmes developed and implemented by scientists from the Clinical Biochemistry Department are the cornerstone of the evolving accreditable NPT service where staff are accountable, risk is minimised and the quality of results are on a par with conventional laboratory analysers. Results of NPT analysers form part of the electronic patient record through connectivity of all major NPT devices with iLab.

#### Feedback

The clinical biochemistry department welcomes feedback from clinical users and patients, both positive and negative. All feedback is communicated to management and staff to allow us to shape our processes. Complaints are recorded in our quality management system and fully investigated, with feedback on root cause and actions required, where relevant, to the complainant.

#### **Patient Consent**

For most routine laboratory procedures, consent can be inferred when the patient willingly submits to the sample collecting procedure, for example, venepuncture. Any further patient consent requirements are outlined in the alphabetical test directory contained in section 16 of this document. Patient consent remains the responsibility of the requesting clinician and the laboratory cannot accept responsibility for referral laboratory rejection of requests due to patient consent being unavailable.

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# 9. Division of Anatomic Pathology

The Division of Anatomic Pathology provides a wide range of diagnostic and consultative services to clinicians and other service users. Specimens are routinely received through the acute hospital setting, as well as from GP's and regional hospitals.

The division acts as a tertiary referral centre for hospitals and clinicians both regionally and supra-regionally. Advisory services are provided through numerous multi-disciplinary team meetings as well as by direct referral. The Division of Anatomic Pathology comprises Histopathology, Cytopathology, Molecular Pathology and Autopsy Departments.

#### 9.1 Division Profile

The aim of the Division of Anatomic Pathology (DAP) as a Regional, Supra-Regional and Tertiary service is to provide a high quality diagnostic service to meet National and EU objectives of reducing the incidence of cancer through early detection and appropriate service delivery, and also to provide a high quality non-cancer related diagnostic service. The Division is committed to providing a timely and efficient service to patients, Clinicians, General Practitioners and all users of the service. University Hospital Galway has been designated a supra- regional status for the delivery of cancer services and the laboratories provide a central role in the delivery of that function.

The Division of Anatomic Pathology provides a diagnostic and consultative service to clinicians and indirectly to their patients. The Division receives, processes, and reports on tissue and cytological specimens that result from Medical, Surgical, Paediatric, Obstetrics and Gynaecology, and General Practice. This list is not complete. The service works closely with clinical, radiological and screening services to provide best practice patient care for diagnosis of disease and patient management.

Histopathology provides Routine Histology and Advanced Diagnostic services. Specialised histopathology services are provided for breast, colorectal, gynaecological, lung, liver, prostatic cancer, urology, renal, endocrine, head and neck, cardiothoracic, perinatal and skin disease. Advanced Diagnostics include an extensive immunohistochemistry, in situhybridization (ISH) and direct Immunofluorescence service, in addition to the special stains, electron microscopy report interpretation and frozen section service provided.

Cytopathology services include: Diagnostic cytology; on site pathologist assisted fine needle aspiration (FNA) service & evaluation of joint fluids for crystals.

Molecular Pathology services are provided on both histological and cytological material. This includes on site evaluation of HER 2 status by DDISH for cancer patients, as well as mutation analysis.

This service is provided by Consultant Pathologists, Non-Consultant Hospital Doctors, Medical Scientists, Laboratory Aides and Clerical personnel.

The Division aims to provide a comprehensive, effective and high quality service and to support the ongoing education and training of Medical and Scientific staff. The Division is accredited by the Royal College of Pathologists for specialist training in Histopathology and is also accredited by the Academy of Medical Laboratory Science for the training of Medical Scientists.

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The Division of Anatomic Pathology (DAP), University Hospital Galway's quality management system has been designed to meet the requirements of ISO15189 2022: Medical laboratories- requirements for quality and competence. Refer to www.inab.ie to check the current status of accreditation. The DAP is a participant in the National Histopathology Quality Improvement Programme, and is active in EQA, and IQC. The Division regularly participates in case conferences and multidisciplinary meetings.

The Division of Anatomic Pathology ensure that patients well-being, safety, and rights primary considerations. The laboratory conforms to the HSE Code of Conduct and Behaviour in the provision of its service, including the rights of patients to care that is free from discrimination.

#### 9.2 General Information

The information given in the Division of Anatomic Pathology section of the User Guide is supported by the details available in the first section of the User Guide. The details given in this first section include:

General information in relation to location, postal address, general enquiries, contact information, population served,

and the laboratory opening hours.

Guidelines for the general use of the laboratory including: register of users, requests to the laboratory, request form and sample acceptance criteria, specimen request form, specimen container, supplies of request forms and specimen containers, collection of specimens, and general guidelines details are provided in the first section of the user guide. The DAP require that samples received into this lab be on the appropriate Divisional request forms and contain the information on the request form and container as outlined in the General Information section of this guide. The patient should be appropriately prepared for the procedure and the sample being taken. When laboratory staff are in attendance, as may be the case in fine needle aspiration procedures, the patient should be informed.

Special counselling may be needed for examination results with serious implications for the patient at the discretion of the clinical team.

The DAP provides opportunities for patients and laboratory users to provide helpful information to aid the laboratory in the selection of the examination methods, and the interpretation of the examination results. Contact may be made directly with the Chief Medical Scientist (CMS), the Head of Department (HoD), and members of the Consultant staff. DAP staff Email and telephone contact information is given in section 2.3 of this document. Feedback may also be given via the "Your Service Your Say" mechanism accessible on the HSE website.

In relation to specimens submitted to the Division of Anatomic Pathology, the type of primary sample and the anatomic site of origin, where appropriate (e.g. BAL left lobe, Right breast biopsy) must be stated. Relevant clinical information should be provided.

Dispose of all clinical waste in accordance with national guidelines.

The DAP uses referral services for some of its tests. Where a referral service is used it is referenced in the test report.

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# 9.3 Specimen Acceptance

Note: Non adherence to the requirements for the specimen and the test request poses risks to the quality of the service the DAP is able to provide for the case concerned and for the patient. These risks include: rejection of the specimen, compromise to the specimen prior to receipt by the lab, compromise to the report, compromise to patient management, and or patient impact.

The information necessary for the acceptance of a specimen is defined for the request form and the specimen container. The information supplied must be sufficient to match the form and the sample and sufficient to make the primary sample traceable to an identified individual. Multiple samples on one form are acceptable and should be labelled A, B, C etc. where possible. **The specimen site must be specified on the pot and the form.** 

# Form information acceptance criteria:

- Patient's first name and surname
- Patient's address
- Patient's date of birth (DOB)
- Patient's Board number/ Hospital number, where applicable
- Name of Clinician or GP
- Location of patient e.g. ward, where applicable
- Type of primary sample and anatomic site
- Examination requested

For Colorectal Programme Forms the NCSS COR Number is Mandatory.

# Container information acceptance criteria:

• Patient's first name and surname and

A minimum of two of the following identifiers must be present:

- Patient's address/ DOB/ Board or Hospital number
- Type of primary sample and anatomic site

Note: it is not possible or safe at the moment of receipt of the specimen(s) in the Division of Anatomic Pathology to check each pot for the presence of a specimen. Therefore acceptance of a specimen test request by the DAP staff is not confirmation that the described specimen is present in the container, but rather that the form details and the container details, and where applicable the sign off book details, match and contain the information required. The absence of a described specimen may not be noted until the specimen container is opened in the sampling area of the lab. The absence of a described specimen is recorded as a non-conformance. The sender is informed of the issue as soon as possible by the DAP staff.

Information on all tests carried out in Histology, Cytology, and Molecular Pathology is included in the Test Directory of this User Guide (listed alphabetically).

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# 9.4 Histopathology

#### **Specimens**

Specimens should be submitted intact and should not be dissected in the theatre as this may prevent proper gross examination in the laboratory and may interfere with the selection of appropriate tissue sections for microscopy.

**Containers:** Histopathology request forms and prefilled specimen containers are issued from Laboratory Stores (ext. 4377). Larger specimen containers and buffered formalin for use in the theatres and wards are available from the Histopathology Laboratory ext. 4589.

Ensure that the container selected is large enough to allow the specimen to be immersed in at least twice its own volume of buffered formalin. The container (not the lid) must be clearly labelled with the patient's full name, date of birth, and specimen type and anatomical site. This is particularly important in Histology where specimens may be multipart or left or right etc. SHARPs containers are **not** suitable to use for Histology specimens. **Ensure that the lid is securely closed on the container.** 

All specimens must be received with an accompanying legible request form containing required information. Failure to submit essential information will result in the non-acceptance of the specimen and will cause unnecessary delays in issuing reports.

#### **Urgent Specimens**

Urgent formalin fixed specimens should be accompanied by the request form which clearly states URGENT.

Urgent unfixed specimens e.g. frozen section must be pre-booked with the Consultant Pathologist (ext. 4589) 24 hours in advance. (See below for detail re: Frozen section, skin or renal tissue for Immunofluorescence studies, fresh lymph nodes query lymphoma, muscle biopsies, sural nerve biopsies).

Out of hours service requests must be arranged directly with the Consultant Pathologist through the Hospital switchboard.

#### **Frozen Sections**

Avoid if there is a danger of infection e.g. if tuberculosis is strongly suspected, frozen sections will not be done if there is a danger of infection. Alternative approaches to rapid diagnosis can be discussed with the Consultant rostered on 'Frozens'.

# **Prior Arrangement**

Please book frozen section 24 hours in advance with the Consultant Histopathologist rostered for 'Frozens' (ext. 4589). If possible put the operation at the beginning of the operation list.

If the operation is delayed or if it is subsequently found that the frozen section is not required, please notify the Histopathology staff without delay at ext.: 4589.

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The unfixed tissue sample is transported directly to the laboratory by portering staff in a fully labelled dry container accompanied by a fully completed request form. Include the contact details for immediate call back of frozen section result.

If the Frozen Section is cancelled or delayed please notify the Histopathology staff as soon as possible. Tissue for frozen section must be handed directly to a Medical Scientist, NCHD or Consultant Histopathologist.

Unbooked Frozen Sections: Frozen sections that are required but not booked during the 'normal working hours' (09:00 -17:00 h) must be discussed with the Consultant Histopathologist rostered for 'frozens' before any samples are taken. Contact switch for consultant on call.

# **Immunofluorescence on Skin Biopsies**

Please notify the Histopathology staff (ext. 4589) at least 24 hours in advance.

Place the biopsy in a fully labelled suitable sized container without any preservative and deliver to the laboratory immediately, with its completed request form. Include contact details.

The sample may also be sent in a suitable transport medium (e.g. Michel's or Zeuss medium).

If sending by post, ensure the package is addressed to the Histology Lab, rather than the department. The specimen must be delivered directly to the Histology lab without delay.

# Renal Biopsies for Immunofluorescence and Electron microscopy

Please notify the Histopathology staff (ext. 4589) at least 24 hours in advance.

Place the biopsy in normal saline to maintain hydration and deliver to the laboratory immediately, with completed request form. Include contact details.

EM is not performed in GUH histology, referred out and EM reports interpreted on site in context of clinical information.

# Fresh Lymph Nodes query Lymphoma

These should be booked with the Consultant Histopathologist. Please notify the department (ext. 4589) at least 24 hours in advance.

Place the biopsy in a fully labelled, suitable sized container without any preservative and deliver to the laboratory immediately, with completed request form. Include contact details.

Core biopsy of lymph nodes are not advised for Flow as sample adequacy cannot be guaranteed.

#### **Muscle Biopsies**

These should be booked with the Consultant Histopathologist. Please notify the department (ext. 4589) at least 24 hours in advance.

Place the biopsy in a fully labelled, suitable sized container, in saline moistened gauze (not drenched), and deliver to the laboratory immediately, with completed request form.

# **Sural Nerve Biopsies**

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These should be booked with the Consultant Histopathologist. Please notify the department (ext. 4589) at least 24 hours in advance.

Place the biopsy in a fully labelled, suitable sized container in saline moistened gauze (not drenched), and deliver to the laboratory immediately with completed request form.

#### **Radiation Specimen**

Ensure that the container selected is large enough to allow the specimen to be immersed in at least twice its own volume of buffered formalin. The request form and specimen containers must each be labelled with a radiation label. The radiation dose information must be given.

Deliver to the designated radiation area in the cutup room immediately with completed request form. Leave specimen containers behind lead shield. Then notify Histology Medical Scientific Staff for specimen reception.

#### **Outside normal working hours**

Please notify the Histopathology Department (ext. 4589) in advance of 16:00 h.

Samples which may be delayed in transit to the laboratory should be placed in fixative solution (eg. Formalin) or refrigerated to prevent deterioration of the specimen. Clinicians must ensure that unfixed specimens such as CSF are not submitted outside of normal working hours.

# **Post Vasectomy Analysis**

Sample should be collected after a minimum of 48 hours and not longer than 7 days of sexual abstinence.

The specimen should be obtained by masturbation and ejaculated into a clean wide-necked container (provided by the laboratory or GP). The container should be body warmed to minimise the risk of cold-shock. Condoms should not be used in the collection as these contain spermicide, which swiftly obliterates sperm motility.

Coitus interruptus is not acceptable as a means of specimen collection as it is possible that the first portion of the ejaculate, which usually contains the highest concentration of spermatozoa, will be lost.

Excessive heat or excessive cold could easily damage sperm. The semen specimen therefore should be brought to the laboratory at close to body temperature.

The specimen bottle must be labelled with the Patient's name, date of birth and date and time of collection. It must arrive with a fully completed request form. It is best that the semen sample is delivered within 1 hour of production to the laboratory, Monday to Friday 09:00 to 11.30 and 14.00 to 15.00 h. Note: This analysis is a screening service which does not include a formal quantification of spermatozoa per British Andrology Society guidelines and is not an accredited test. Clinical judgement is required in the interpretation of the results.

# **Placentas**

Placentas from labour ward should be placed in adequate formalin fixative and placed in the large size container. Ensure that the placenta requisition form is used and clinical details are filled in. Ensure that the placenta requisition form, the container and container lid are labelled with specimen type -Placenta and with patient demographics. Clinical details should always include gestational age at time of delivery, in addition to other relevant clinical information as specified on the placenta requisition form. Monochorionic Twin placentas are recommended to be sent in fresh without formalin for injection studies. Notify Perinatal Pathologist on call if a specimen requiring injection studies is sent over fresh. For

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products of conception where there is a suspicion of the presence of a fetus, it is recommended to send fresh, only during the operational hours of the laboratory, as to not compromise the villous morphology for molar pregnancy assessment.

#### 9.5 Cytopathology

Samples resulting from direct shedding of cells or exfoliative cytology specimens such as voided urines and sputum are easily collected. However, Cystoscopy, Endoscopic brushings, lavages, washings, Fine Needle Aspirates (FNA), CT and ultrasound guided techniques, magnetic resonance and tomography can provide sophisticated methods to obtain optimal samples for cytological evaluation, bringing the practice of clinical cytology to the forefront of preventive and diagnostic medicine.

The department provides: a diagnostic cytology service, an on-site Pathologist Assisted FNA service and the evaluation of joint fluids for crystals.

Cytopathology can process fluids from any body cavity, lump or swelling, including the following:

Abdominal fluid	C.S.F	Pleural fluid
Ascitic fluid	Cyst fluid	Pericardial fluids
Breast aspiration	Effusions	Sputum
Breast cystic lesion	FNA/FNAC – breast, parathyroid, thyroid lumps	Urine
Bronchial washings, lavages (LLL, RML,RLL,BAL,)	Ovarian cyst fluid	Joint fluids for uric acid crystals
Crystals in body fluids / joint fluids/	Peritoneal fluid	

Note: Cytology will not be performed on a? CJD or a CJD sample

Note: Drainage bags or needles must not be submitted to the laboratory.

Note: Where slides are being submitted for DAP analysis- the number of slides being submitted should be recorded on the request form.

# **Test volumes, Fixation & Storage**

Tests may be submitted in 30ml universal containers, containing Shandon fixative fluid supplied by the laboratory.

Drainage bags or needles are not acceptable.

Bronchoscopy specimens may be submitted in 20-50 ml containers containing saline solution.

CSF's which need to be split for microbiological assessment must be sent unfixed for microbiological assessment and subsequently forwarded for cytological assessment.

Specimens for cytological assessment may be refrigerated overnight if a delay in delivery is anticipated.

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Pathologist assistance at FNA is available in GUH. To check availability of pathologist, ring 4883, or alternatively, the Pathologist rostered may be contacted via hospital switchboard.

Please refer to the Test Directory for further information on submission requirements. Fixative is available from the laboratory to registered service users, by telephoning or faxing requisitions for supplies.

# **Joint Crystals**

Samples should be submitted unfixed and refrigerated if immediate transportation to the laboratory is not possible.

#### Fine needle aspiration service

A Pathologist assisted Fine Needle Aspirate service is available and must be booked in advance by telephone extension (54) 4883.

#### EBUS (Ultra sound guided Endobronchial Specimens)

EBUS specimens are submitted to the laboratory in universal containers to which formalin has already been added (available from Cytology Laboratory). Smears prepared at EBUS for Cytological evaluation should be labelled with patient name, date of birth or Board No., specimen site (e.g. LN 4R) and also clearly indicate whether slide has been air dried (for diff quik staining) or alcohol fixed (for Pap or H&E staining). The number of slides being submitted should be recorded on the request form. Please note there is no out of hours or weekend Diagnostic Cytology service.

# 9.6 Molecular Pathology

The molecular laboratory provides in situ hybridisation service for confirmation of Breast and Gastric HER-2 status, and a mutation service for Non-Small Cell Lung Cancer adenocarcinoma (NSCLC), Colorectal Cancer (CRC) and Malignant Melanoma. The mutation statuses of predictive and prognostic markers are reported in a panel format. The NSCLC panel reports the EGFR/ALK/ROS-1/KRAS and BRAF status, CRC panel reports the KRAS/NRAS and BRAF status and the MM panel reports the BRAF and NRAS status. External Quality Assurance is maintained through participation in UK NEQAS (National External Quality Assurance Scheme) and GENQA (Genomics Quality Assurance). Request forms for molecular assays are available from the Department of Histopathology, Cytopathology and Molecular Pathology, Ext 4078. NSCLC adenocarcinoma with no mutations detected by the in-house panel will be referred to Cancer Molecular Diagnostics in St James Hospital for NGS analysis with the Lung Adenocarcinoma Focus assay. Melanoma panels with no mutations detected by the in house panel will be sent to St James Hospital for NGS analysis with the Melanoma Focus assay.

#### **EGFR**

Non-Small Cell Lung Cancer samples are tested using the cobas® EGFR Mutation V2 Test which is CE-IVD marked. This assay can detect mutations in EGFR exons 18, 19, 20 and 21 with at least 5% mutation level using the standard input of 50 ng per reaction well. Sensitising mutations detected are: Exon 19 p.Gly719X (3 possible), Exon 19 Deletions (29 possible), Exon 21 Leu858Arg (n.2573 T>G, 2573\_2574TG>GT). Resistance mutations detected are: Exon 20 insertions (5 possible), Exon 20 p.Thr790Met (n. 2369 C>T), Exon 20 Ser768Ile. This sensitivity was replicated "in-house" using blends of mutation and wild type DNA. This assay covers 85% of known EGFR mutations. EGFR reference sequence LRG\_304tl.

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#### ALK

Non-Small Cell Lung Cancer samples are tested using the Ventana anti-ALK (D5F3) antibody, positive cases are confirmed using the Agilent IQ ALK FISH Breakapart Probe Kit and interpreted according to the Vysis ALK Breakapart probe package insert. Reference Sequence LRG 310tl.

#### ROS-1

Non-Small Cell Lung Cancer samples are tested using ROS-1 assay was carried out using the Agilent IQ ROS-1 FISH Breakapart Probe kit and interpreted according to "Testing for ROS-1 in non-small cell lung cancer: a review with recommendations. Bubendorf *et al.* Virchows Arch (2016) 469:489-503

# **KRAS**

Samples were tested using Roche KRAS V2 LSR for detection of mutations in codons 12/13, 59/61, 117 and 146 of the KRAS gene in DNA derived from formalin-fixed paraffin-embedded human colorectal cancer (CRC) tissue. KRAS mutation coverage 99.1%. The Roche KRAS V2 LSR can detect KRAS mutations at ≥5% mutation level using the standard input of 50 ng per reaction well, this sensitivity was replicated with "in house" sensitivity studies. Reference sequence accession number NM\_004985.4.

#### NRAS

Samples were tested using Roche BRAF/NRAS LSR for the identification of mutations in codons 12/13, 59-61, 117, 146 of the NRAS gene. The assay covers 96.3% of NRAS mutations in malignant melanomas/colorectal cancers. The Roche BRAF/NRAS LS can detect NRAS and BRAF mutations at ≥5% mutation level using the standard input of 50 ng per reaction well; this sensitivity was replicated with "in-house" sensitivity studies. HGVS nomenclature according to Genbanks sequences: LRG 92tl.

#### **BRAF**

The Roche BRAF/NRAS LSR assay was used for the identification of BRAF mutations in codons G466, G469, V600X and K601 mutations. The assay covers 96.5% of NRAS and BRAF mutations in malignant melanomas. The Roche BRAF/NRAS LS can detect BRAF mutations at ≥5% mutation level using the standard input of 50 ng per reaction well; this sensitivity was replicated with "in-house" sensitivity studies. HGVS nomenclature according to Genbank sequence: LRG\_299tl.

#### **HER-2 DDISH service**

The Ventana DDISH Assay is designed to quantitatively detect amplification by light microscope of the HER2 gene via two colour chromogenic in situ hybridization (ISH) in formalin-fixed, paraffin-embedded tissue specimens of human breast cancer and gastric cancer. Results are reported according to; Human Epidermal Growth Factor Receptor 2 testing in Breast Cancer. American Society of Clinical Oncology/ College of American Pathologists Clinical practice Guideline Focused Update. DOI: 10.5858/arpa.2018-0902-SA.

### 9.7 Clinical Advice

Clinical advice and service is available from the Consultant Pathologists. Pathologists regularly participate at Multidisciplinary meetings in the hospital. Comments relating to the service should be addressed to the Chief Medical Scientist.

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# 9.8 Turnaround Times

P code	Current DAP Target TAT GUH
P01 All	3-11
P02 All GI	3-11
P03 Cancer resection cases	7-11
P04 Non cancer resection cases	7-14
P05 Non Gynaecological Cytology-CSF	5
P06 Non Gynaecological Cytology-FNA	5
P07 Non Gynaecological Cytology- Exfoliative	5

# 10. Mortuary services-Autopsy/Post Mortem (PM)

The Autopsy/PM Service involves the examination of the body after death primarily to establish the cause of death (a Coroner's requested PM). It may be used in rare cases to examine the extent of disease, disease progression or the response to treatment (a Hospital/Consented PM).

All bodies of deceased persons who died in Galway University Hospitals, are initially transferred to the hospital mortuary, even if no Autopsy/PM is indicated. Funeral arrangements cannot be finalised and bodies cannot be released from the hospital mortuary until the mortuary staff establish whether an Autopsy/PM is requested or not, by the Coroner, (as all deaths are currently notifiable to the Coroner) and need his permission to be released, from the hospital mortuary.

On every ward and clinical area there is a new updated Algorithm, August 2022, clearly explaining the pathway and process for this initial Coroner contact details and times and the email of document R688\_Rev 3, to him, step by step.

# Coroner's Autopsies/PM's (ALL Deaths are currently Reportable to the Coroner)

When a patient dies, or is brought in dead (BID) from the community, the Coroner must be contacted. In addition to contacting the Coroner, the Consultant Pathologist must be notified by the Registrar/Consultant and provided with any available details on the case and the case scheduled for the PM.

Official identification of the deceased is completed by the next of kin to a member of the Gardaí. If the family are not in a position to complete the identification it can be done by a member of the Medical/Nursing staff whom the deceased is known, both when living and deceased.

Ref: Q-Pulse IM-MR-025 updated July 2022.

# **Inpatient Post Mortem Checklist**

#### (Coroner's case)

The Consultant or Registrar speaks to the relatives of the deceased and informs them about the necessity for a post-mortem examination and why the Coroner needs to be involved.

The Consultant or Registrar discusses the Autopsy/PM with the Next of Kin, explaining in detail what the examination entails.

A copy of the information booklet re: post mortem examination and the hospital Bereavement booklet are given to the family (both booklets updated July 2022).

Coroners Post Mortem form completed with the next of kin (R842)

Details of death form, R770 Rev 1, is then also completed by the Registrar/Consultant for the Consultant Pathologist/Mortuary Staff information.

These original forms are filed in the HCR.

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The case notes together with a clinical summary of the case is sent to the Pathologist prior to the post-mortem examination.

The Garda are contacted and asked to come to the Ward/Department to facilitate with the formal identification with the next of kin/or staff member to whom the deceased was known to when living and deceased.

If during working hours, 9.30am-5pm, Monday-Friday, the family are informed of the availability of the Bereavement Officer, should they like her presence at this time. If out of hours, then the business card of the Bereavement officer should be offered/given to the grieving family for them to make contact in their own time.

Contact phone: Ext 4823. Mobile: 087 9684 271. Bleep 615.

The deceased is prepared in accordance with the hospital policy for transfer to the mortuary.

The family/next of kin can contact the mortuary dept. directly 091 544412 to find out the expected time of release of the body, so that they can make necessary funeral arrangements.

Perinatal cases for Coroners post mortem should use Perinatal Post mortem documentation packs for Coroners post mortems, available on the appropriate wards. The perinatal post mortem information booklet should also be provided to parent and the perinatal post mortem.

Perinatal pathologist to be contacted with information regarding the case.

Cytogenetic testing on skin biopsy and skeletal survey is to be arranged by clinical team prior to post mortem examination.

# Coroner's Post-Mortems brought in from the Community (BID).

The Garda to inform the Mortuary Department prior to bringing in bodies for a Coroner's post-mortem. If after working hours (5pm-9am), Mortuary Staff on-call can be contacted through the switchboard (30 minutes prior to arrival), to enable Mortuary staff to be at the mortuary when the deceased arrives.

The Pathologist/mortuary staff is contacted for formal identification with the Garda (if late at night the Garda is requested to attend the mortuary the following morning at 9.30 am for the identification).

The Garda to accompany the body to the mortuary. Details to be filled into the mortuary register, post-mortem register and temporarily retained organ retention register.

The Garda to email completed C71 with details of deceased and circumstances of death to relevant Coroner and the hospital mortuary.

The deceased is prepared in accordance with hospital policy for the post-mortem examination.

The post mortem protocol to be filled out.

I.D. bands to be put on to deceased wrist and leg.

The weight and height are recorded.

The deceased clothing, jewellery or valuables are recorded in the patient's property book in the presence of the Garda.

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If organs need to be temporarily retained for further examination the Coroner is informed along with the Bereavement Liaison Officer, who discusses/ informs this need to the next of kin.

# Hospital Autopsy/Post Mortem/Non-Coroners PM

As ALL death are notifiable to the Coroner, the previous steps, as per the Algorithm are followed, re contacting the Coroner and emailing him the form R688 Rev 3 for his awareness and consideration.

Once it is known that the Coroner is NOT requesting a PM, but that the Consultant/family are, then proceed with this below process.

The Consultant or Registrar discusses the Autopsy/PM need with the Next of Kin, explaining in detail what the examination entails.

A copy of the information booklet re: post mortem examination and the hospital bereavement booklet are given to the family (updated July 2022).

The Autopsy/PM request and consent form should be completed, after consent to a post-mortem examination has been received from the next of kin (Form R678 c2 Rev 4). A brief clinical history with a clinical diagnosis and a list of questions to be answered should be included.

Post Mortem Consultation Form Completed (R770 Rev 1). These deaths should always be discussed with a Consultant Pathologist ahead of time. The patient's chart must accompany the body to the Mortuary. All IV lines and E.T tubes should be left in situ in order that the Pathologist can document same, prior to the post mortem examination.

Perinatal cases for Hospital post mortem should use perinatal post mortem consent packs for Hospital consented post mortems, available on the appropriate wards. The perinatal post mortem information booklet should also be provided to parent and the perinatal post mortem.

Perinatal pathologist to be contacted with information regarding the case.

Cytogenetic testing on skin biopsy and skeletal survey is to be arranged by clinical team prior to post mortem examination.

#### **Foetus**

Post-12 week Foetus

The protocol is as for a mature baby i.e. fully informed written consent of the parent for post-mortem examination is required.

#### Pre-12 week Foetus

Where pre viable foetal remains are identified they are buried or cremated in accordance with Parental preference. These arrangements can be discussed with Parents by Medical or Midwifery staff. Bereavement Support Midwife/BSM will liaise with the Parents to finalise the arrangements. Ext 3614, Bleep 015 or Mobile: 087 7712329.

When cremation is the families' choice, arrangements must be made by them through the Funeral Director. The Funeral Director will deliver the Medical Certificate form (Form C) to the ward to be completed by a Doctor.

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If the family state this at the time of death or before death, the cremation form can be downloaded from the Crematorium website for completion.

If the decision is made after the family have returned home, the Mortuary Staff will assist the Funeral Directors with the collection of forms where the Funeral Director is not local.

The doctor completing the form must be fully registered (post intern) on the Medical Register of Ireland and must have seen the person alive before death and viewed the deceased remains after death.

When completed, the form should be given to the Funeral Director.

Cardiac pacemakers or any radioactive implant must be removed prior to cremation by the Medical team whom may be assisted by the Mortuary Staff.

Mortuary staff are not responsible for arranging medical certificates for cremation.

Ref: Q-Pulse IM-MR-025 Policy on the completion of the Death Notification Form (Death Registration) at GUH updated July 2022.

There are also several other policies/SOP's in progress currently with Vivian, Helen and Anne that can be referenced here as needed.

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# 11. Immunology Department (Supraregional Service)

# 11.1 Department Profile

The Department of Immunology provides a comprehensive range of tests for the immunological investigation of patients. Our aim is to provide the highest quality of service and prompt delivery of accurate results, backed up by specialist medical and scientific expertise. Where specific tests are not available locally we will refer samples on to colleagues in other centres. The department is happy to assist in the interpretation of patients test results.

Interpretative comments will be added to reports where appropriate. Clinical referrals are welcome and opinions will be given at in-patient consultations or at the immunology clinic (for allergy and immunodeficiency). The Department of Immunology is accredited by the Irish National Accreditation Board (INAB) in compliance with the International Standard ISO/IEC 15189 (Registration number 255MT). All tests referred to external laboratory for testing are outside of our scope of accreditation.

A list of tests offered is described in Section 16. There is a brief summary of the clinical application of each test which is intended to be helpful but is not intended to replace discussion of individual patients. For urgent, complex or specialised tests please discuss with medical / scientific staff before sending the specimen.

Routine serum specimens are stored for two weeks. Subject to individual stability, further immunology tests on a serum specimen that is already in the immunology laboratory can be requested by contacting the department.

Turnaround time (TAT) is defined as the time from receipt of specimen in the Immunology laboratory until the result is reported either in the LIS or by phone. TAT is affected when there are excessive demands for urgent assays. TAT is based on 'working days'. The Immunology department does not provide a weekend or out of hours service. TATs are based on 95% confidence intervals.

### 11.2 Urgent Requests

The Department of Immunology does not provide an emergency on-call service to its users; i.e. non-deferrable tests necessary for decisions regarding patient treatment. All samples received are processed as routine work however, requests may be deemed urgent if the requesting clinician contacts the department directly.

Requests which may considered urgent include ANCA and GBM. All other requests marked 'urgent' are processed at the discretion of the Immunology department.

The transport of the urgent specimen should be as promptly as possible. Specimens from outside hospital ideally should not be delivered to central reception. Samples from within the hospital should not enter the pneumatic chute system, as this may delay their delivery to the lab.

The Department of Immunology accepts responsibility for the urgent request once it has been received at the laboratory.

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#### 11.3 **Guidelines for Requesting Allergy Tests**

# **Allergen Specific IgE Tests**

We receive several requests for 'allergen specific IgE or RAST' without stating which individual allergen test is required. There are very many individual tests available and it is not possible for the laboratory to determine what individual specific IgE tests are required, particularly for food allergens. The individual allergen must be selected by the requesting doctor to confirm their suspicion obtained from the clinical history.

Specific IgE tests are tests of sensitisation which are used to support a clinical diagnosis of allergy. Specific IgE testing provides similar, although not identical, information to Skin Prick Testing, but may be particularly valuable in assessing some groups of patients (patients taking antihistamines, extensive eczema/dermographism). Specific IgE tests are expensive.

Refer to the National Laboratory Handbook - Total and Specific IgE (located on www.hse.ie) for provision of indications for allergy testing.

# **Anaphylaxis**

Please phone to discuss.

Blood samples (serum) for Tryptase (marker of mast cell degranulation) should be taken immediately after resuscitation (sample 1), after 1-2 hours (sample 2) and a baseline sample at 24 hours (sample 3). It peaks within 1 hour but can be raised for up to 6 hours.

# **Food Allergy**

Relatively few foods account for most IgE mediated allergic reactions in both children and adults.

In children these include egg, milk, peanut, tree nuts, kiwi.

In adults these include peanut, tree nuts, fish, shellfish, fruits.

Seeds (e.g. sesame) and fruit (e.g. kiwi) are emerging allergens.

# **Asthma and Rhinitis**

In asthma and rhinitis testing for inhalant allergens is helpful (usually by skin testing)

House dust mite, grass pollen, tree pollen plus cat or dog

Plus other animals or moulds (alternaria, cladosporium, aspergillus) if clinically relevant.

Individual testing is more useful than panels in selecting allergens to avoid.

Pitfalls in allergen specific IgE testing:

Screening is not useful and is not a substitute for a properly taken clinical history.

Allergen specific IgE tests yield information on sensitisation, which is not always equivalent to clinical allergy.

When used indiscriminately specific IgE tests may be associated with false positive results. False negative results may occur- but these are rare.

In atopic eczema total IgE is often markedly elevated in widespread disease and specific IgE may be present at high level to allergens that cause no overt symptoms. In that situation positive specific IgE results therefore need careful interpretation.

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For certain labile allergens (e.g. fresh fruit such as kiwi) the specific IgE has lower sensitivity (55%), whereas Skin Prick testing with fresh fruit is more sensitive (90%).

#### Total IgE

Total IgE is of limited value and should not be used as a screening test.

A total IgE within the normal range does not exclude clinical allergy. Patients may have a normal total IgE and have clinically relevant allergen specific IgE.

Total IgE is essential in ABPA, and is also used for asthma patients being considered for omalizumab (anti-IgE) treatment.

#### Who not to test

Additionally Specific IgE tests cannot help investigate non-allergic food intolerance, coeliac disease or non-specific complaints such as headache.

There are no specific IgE tests to additives or colours.

Specific IgE cannot help investigate contact allergic dermatitis (patch testing by a dermatologist may be of value). Specific IgE tests are not helpful in the investigation of chronic urticaria.

# 11.4 Guidelines for Requesting Tests for Autoimmune Disease

Requests for unspecified 'autoantibody screens' are discouraged. Clinicians should ask for specific autoantibody tests relevant to the clinical picture. If in doubt please contact the clinical immunologist / specialist registrar.

# **Coeliac disease**

IgA anti-tissue transglutaminase antibodies (tTg) or IgA anti-endomysial antibodies are found in active disease, and can be used to monitor compliance with treatment. IgA anti-tTG is used as the initial screening test (more sensitive) and only positive results are confirmed once by IgA anti-endomysial testing (more specific).

As part of quality assurance the test method can detect samples with absent IgA that may cause false negative results. In patients with selective IgA deficiency i.e. undetectable levels of IgA the IgG anti-tTG assay is performed. NICE Guidelines, 2016 state that 'Testing for Coeliac disease is only accurate if the person continues to follow a gluten-containing diet during the testing period. Some gluten should be eaten in more than one meal every day for a minimum of 6 weeks before testing'.

# Pernicious anaemia

Antibodies to gastric parietal cells are associated with type A atrophic gastritis and are found in up to 90% of patients with early stage pernicious anaemia. The frequency declines with disease progression. They also occur in 3% of the normal population (the incidence rising with increasing age).

Antibodies to intrinsic factor are highly specific for pernicious anaemia and are found in 50-75% of patients. They are rarely seen in healthy individuals.

# **Anti-mitochondrial antibodies**

Antimitochondrial antibodies occur in 95% of patients with primary biliary cholangitis (PBC). There are several subtypes of anti-mitochondrial antibodies. The M2 antibody subtype (anti- pyruvate dehydrogenase complex antibody) is highly specific for PBC and its presence in 'healthy' individuals is associated with a long-term risk of PBC.

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#### **Anti-Smooth muscle antibodies**

Smooth muscle antibodies (anti-actin) occur in autoimmune hepatitis but smooth muscle antibodies, particularly at low titres may occur also in other causes of liver disease, including viral hepatitis.

#### Anti-LKM-1 antibodies

LKM-1 antibodies are associated with Type 2 Autoimmune Hepatitis. They may also be found in Hepatitis C.

In addition serum protein electrophoresis and quantitation of the levels of IgG, IgA and IgM should be performed. Autoimmune Hepatitis may be associated with polyclonal hypergammaglobulinemia. Primary Biliary Cirrhosis may be associated with elevated IgM. Primary sclerosing cholangitis has no definitive serological markers, but may be associated with ANCA (anti-neutrophil cytoplasmic antibodies) or ANA or SMA.

Further testing for other rare antibodies associated with autoimmune liver disease or primary biliary cirrhosis including SLA/LP, LC-1, gp210, PML and Sp100 antibodies, are available on request.

#### 11.5 Endocrine Disorders

# **Thyroid**

The level of antibodies to thyroid peroxidase (TPO) are raised in autoimmune thyroiditis (90% of hypo-, >60% of hyper) but also at low titres in post-viral and post-partum thyroiditis. They are rarely elevated in thyroid neoplasia/nodules/cysts, but their presence does not exclude these conditions. Anti-TSH receptor antibodies are highly sensitive for the diagnosis of Grave's hyperthyroidism and related thyroid eye disease but can also be present in some individuals with Hashimoto's thyroiditis.

# Adrenal failure / Gonadal failure

Antibodies to steroid producing cells of the adrenal cortex are associated with autoimmune Addison's disease. There may also be antibodies to steroid producing cells of ovary and testis. A small proportion of cases of premature menopause are due to autoimmune oophoritis. Some of these patients also have adrenal failure - the same tests are done for both.

#### **Diabetes Mellitus**

Islet cell antibodies may be found early in the course of type I (autoimmune) Diabetes Mellitus, but gradually disappear with time. They are not found in type II diabetes.

Anti-GAD (glutamic acid decarboxylase) antibodies occur in up to 80% of type I Diabetes but may also occur in Stiff Person Syndrome.

For newly diagnosed type 1 diabetes it is recommended to request anti-GAD, anti-IA2 anti-ZnT8 antibodies.

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#### 11.6 Dermatology

# Pemphigus / Pemphigoid

Antibodies are found to the epidermal intercellular "cement" / desmosome in all forms of pemphigus, and to the epidermal basement membrane in bullous pemphigoid.

#### 11.7 Autoimmune Rheumatic and Renal Diseases

#### **Rheumatoid Factor**

Although present in 65% of Rheumatoid arthritis patients it is a non-specific test and is positive in a variety of conditions (particularly at low titre) including viral infections, chronic bacterial infections, connective tissue diseases and lymphoid malignancy. The prevalence of rheumatoid factor increases with age. It is not of value in the laboratory monitoring of disease activity; CRP should be used.

#### **Anti-CCP antibodies**

Anti-CCP (anti-cyclic citrullinated peptide) antibodies have a sensitivity of 68% and specificity of 95% for rheumatoid arthritis. Compared to rheumatoid factor it occurs less frequently in healthy individuals (1%), after infections (1%) and in other connective tissue disorders (5%). Anti-CCP antibodies are present in early rheumatoid arthritis and appear to predict the development of erosive disease.

# Antinuclear antibody (ANA)

Antinuclear antibodies are found in connective tissue diseases, other autoimmune diseases, but also occur in chronic infections, malignancy and in normal individuals. Approximately 5-10% of normal individuals have a positive ANA at a screening dilution of 1/80 with the prevalence of ANA increasing with age. If a positive ANA is found, further characterisation is dependent on the clinical history, titre and immunofluorescent pattern. Low autoantibody titres are usually not significant. ANA is most useful in the diagnosis of SLE, Scleroderma, Sjogrens Syndrome, Inflammatory Myositis, Discoid Lupus, Mixed Connective Tissue Disease, Autoimmune hepatitis.

ANA testing from General Practitioners for autoimmune rheumatic diseases is performed using the **Connective Tissue Disease (CTD) screen**. The CTD Screen is an automated method for the detection of anti-nuclear antibodies (ANA) in autoimmune rheumatic diseases such as SLE, mixed connective tissue disease, Sjogrens syndrome, Scleroderma and Myositis. The CTD Screen tests for anti-RNP, Sm, Ro, La, centromere B, Scl-70, Jo-1, Fibrillarin, RNA polymerase III, Ribosomal-P, PM-Scl, PCNA, Mi-2 and anti-dsDNA. Positive CTD screen results will have further testing for ANA (by indirect immunofluorescence), anti-ENA and anti-dsDNA where appropriate.

# Cytoplasmic antibodies detected on ANA testing

Cytoplasmic staining is detected by the same immunofluorescence test as ANA. However, a positive cytoplasmic staining is NOT a positive ANA. Some antibodies to cytoplasmic components have clinical significance whereas the relevance of others is unknown. Antibodies to ribosomes may accompany ANA in SLE. Mitochondrial patterns are associated with

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Primary Biliary Cholangitis. In polymyositis anti-Jo-1 antibodies have a discrete cytoplasmic speckled pattern. Cytoskeletal patterns can also be distinguished but are mainly non-specific.

# **Double stranded DNA (dsDNA)**

Antibodies against dsDNA are present in 60% of SLE patients and constitute one of eleven ACR criteria for diagnosis. In most instances it is pointless to request antibodies to dsDNA either without knowing the ANA result or if the ANA is negative. If the ANA is negative dsDNA antibodies are rarely indicated unless the clinical picture is exceptional.

#### Histone

Antibodies are found in 18-50% of patients with SLE and in 95% of patients with drug induced SLE. If the ANA is negative antihistone antibodies are rarely indicated.

# **Extractable Nuclear Antigens (ENA)**

Antibodies to extractable nuclear antigens are useful in the classification of clinical subsets of connective tissue diseases and in providing prognostic information. If the ANA is negative ENAs are rarely indicated, unless the clinical picture is strongly suggestive of a connective tissue disease. Further characterisation may be necessary in scleroderma and myositis, pending the ANA pattern.

Tests are first performed as a screen with further characterisation (Sm, RNP, Ro, La, Scl-70, Jo-1) if positive. An extended ENA profile is available for patients with connective tissue diseases, scleroderma and myositis.

ENA	ANA Pattern	Disease Association
Ro (SSA)	Speckled	Sjogrens (60-80%) SLE (35%)
		Subacute cutaneous lupus
		Scleroderma (10-15%)
Ro 52	Speckled	Connective tissue disease, Myositis
La (SSB)	Speckled	Sjogrens (50%)
		SLE (15%)
Sm (Smith)	Speckled	SLE (highly specific, 15-30%)
RNP	Speckled	MCTD (100%)
		SLE (40-60%)
		Scleroderma (10-15%)
Scl-70 (anti-	Homogenous/intense	Scleroderma (25%)
topoisomerase-1)	speckling + nucleolar	
Jo-1	Cytoplasmic speckled	Myositis/Lung fibrosis (30%)
PL-7	Cytoplasmic speckled	Myositis/Lung fibrosis (3-5%)
PL-12	Cytoplasmic speckled	Myositis/Lung fibrosis (3%)
EJ	Cytoplasmic speckled	Myositis/Lung fibrosis
Ol	Cytoplasmic speckled	Myositis/Lung fibrosis
PM-Scl (75 & 100)	Fine speckled + nucleolar	Polymyositis / scleroderma overlap (8-12%)
Fibrillarin	Clumpy nucleolar	Scleroderma

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ENA	ANA Pattern	Disease Association	
RNA polymerase III	Fine speckled $\pm$ nucleolar	Scleroderma (15-20%)	
Th/To	Nucleolar	Scleroderma (4%)	
Nor 90	Nucleolar with mitotic dots	Scleroderma	
Ku	Homogenous + nucleolar	Polymyositis/Scleroderma overlap	
SRP	Cytoplasmic speckled	Immune Mediated Necrotising Myopathy	
Mi-2 alpha and Beta	Fine speckled	Myositis	
PCNA	Cell cycle staining	SLE	
TIF1-gamma		Juvenile dermatomyositis (15-20%), Adult dermatomyositis including malignancy associated DM	
MDA5		Dermatomyositis/Lung fibrosis, DM skin changes without myositis, Juvenile Dermatomyositis (7.4%)	
NXP2		Juvenile Dermatomyositis	
SAE1		Dermatomyositis	
CN-1A		Inclusion Body Myositis	
HMGCR		Immune Mediated Necrotising Myopathy (with or without Statin exposure)	
Nucleosomes	Homogenous	SLE	
Histones	Homogenous	Drug-induced lupus	
Ribosomal P- Protein	Cytoplasmic speckled	SLE	
Centromere	Centromere	Limited Scleroderma	

# Anti-neutrophil Cytoplasmic Antibody (ANCA)

ANCA are used to diagnose and monitor inflammatory activity in small vessel vasculitis, namely Granulomatosis with Polyangiitis (GPA) (formerly Wegeners Granulomatosis), Microscopic Polyangiitis and its renal limited variant (pauciimmune cresentic glomerulonephritis) and Churg Strauss Syndrome (eosinophilic GPA).

Positive C-ANCA (cytoplasmic) and P-ANCA (perinuclear) are further tested for specificity to PR3 (proteinase-3) and MPO (myeloperoxidase).

C-ANCA PR3+, C-ANCA MPO+ or P-ANCA MPO+ occur in 80% of Wegeners Granulomatosis, Microscopic Polyangiitis and in 60% of Churg Strauss Syndrome.

P-ANCA with specificities other than MPO occur in inflammatory bowel disease, sclerosing cholangitis, rheumatoid arthritis and other autoimmune diseases where its clinical significance is unclear. Atypical C-ANCA are not clinically significant. Atypical ANCA are found in some cases of drug induced vasculitis but are otherwise of uncertain clinical significance.

# Anti-glomerular basement membrane (anti-GBM) antibodies

Anti-glomerular basement membrane (anti-GBM) antibodies occur in >90% of patients with GBM (Goodpasture's) disease.

# **Anti-phospholipid syndrome**

Antiphospholipid syndrome is present when at least one clinical and one laboratory criteria are met.

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#### Clinical criteria:

- At least one episode of vascular thrombosis affecting any organ or tissue (excluding superficial thrombosis).
- Pregnancy morbidity 1 of 3: One or more unexplained deaths at or beyond 10 weeks gestation. One or more premature births before the 34<sup>th</sup> weeks of gestation because of eclampsia or severe pre-eclampsia OR recognised features of placental insufficiency.
- Three or more unexplained consecutive abortions before 10 weeks gestation.

Laboratory criteria: IgG and/or IgM cardiolipin and/or anti- β2-glycoprotein I antibodies in medium/high titre on two separate occasions at least twelve weeks apart.

Lupus anticoagulant (performed in haematology): positive on two occasions at least twelve weeks apart.

Cardiolipin antibodies may be found in other autoimmune disorders, particularly SLE. Transient positive results may be found after infections.

# 11.8 Neurology

# **Myasthenia Gravis and Myasthenic Syndromes**

Impaired neurotransmission in MG is caused by the presence of antibodies to the acetylcholine receptor (AChR). They are detectable in 90% of MG patients. They may be undetectable in 40% of patients with ocular myasthenia. Antibodies to striated muscle are present in 30% of patients with MG - and 60% of these will also have thymoma. Lambert-Eaton-Myasthenic Syndrome is associated with antibodies to voltage gated calcium channels (VGCC).

# **Peripheral Neuropathy**

Certain neuro-specific autoantibodies are associated with neuropathies incorporating a range of antiglycolipid and antiglycoprotein antibodies (e.g. antiganglioside antibodies). These tests are only available after consultation with the neurologist and are referred directly to a reference laboratory.

### Paraneoplastic syndromes

Specific paraneoplastic neurological syndromes may be associated with anti-Hu, anti-Yo, anti-Ri antibodies, antiamphiphysin or anti-CV2/CRMP5.

# 11.9 Guidelines for Requesting Immunochemistry Tests

# Complement

Low C3, Low C4	Low C3, Normal C4	Normal C3, Low C4	
Severe sepsis	Post streptococcal GN	Genetic deficiency	
SLE (active)	C3 nephritic factor	SLE	
Liver cirrhosis / failure	SBE	Hereditary angioedema	
Malnutrition	Sepsis	Hypocomplementemic u vasculitis	rticarial
		Mixed cryoglobulinemia	

Increased complement levels are associated with acute phase responses. Normal levels may reflect increased production as well as consumption.

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Serum C3 levels may remain low in some forms of membranoproliferative glomerulonephritis, due to the circulating autoantibody C3 nephritic factor.

# Hereditary angio-oedema (C1INH deficiency)

Recurrent abdominal pain and/or deep subcutaneous swellings (angioedema) without urticaria (particularly occurring after minor trauma), often with family history, may indicate HAE. In type 1 HAE (85%) C1 esterase inhibitor is low. Uncommonly there may be normal C1INH level is normal with defective functional activity. C4 is low during attacks of HAE

# Acquired C1INH deficiency

Deficiency/ Consumption/ Inactivation of C1INH may occur in SLE and lymphoproliferative disease. This may lead to episodes of angio-oedema as with the inherited form. C1q is low in acquired C1INH deficiency but usually normal in HAE.

# **Complement Deficiencies**

CH100 and CH100A test the integrity of the classical and alternate pathways of complement activation. Their use is limited to the investigation of suspected complement deficiencies. Early classical pathway complement component deficiencies are associated with SLE and recurring bacterial infections. Deficiencies in the alternative and terminal pathways are associated with recurring neisserial (meningococcal) infection. To avoid misinterpretation due to the effects of complement consumption by immune complex formation or infection, the test should be requested when the patient has recovered.

# **Immunoglobulins**

IgG, IgA, IgM, and Serum Protein Electrophoresis

Essential in the investigation of suspected immunodeficiency, lymphoproliferative disease and myeloma. Abnormally elevated levels in the absence of a monoclonal band i.e. polyclonal hypergammaglobulinemia may occur in chronic infections / inflammatory conditions, liver disease and connective tissues disorders (e.g. Sjogren's syndrome and SLE). If a monoclonal band (paraprotein) is detected on electrophoresis it is quantified and immunofixation is then used to define the heavy chain (IgG, IgA, IgM, IgD, IgE) and light chain (kappa or lambda) type. Malignant paraproteins are usually of high concentration (>15g/L) associated with low levels of the non-paraprotein immunoglobulins and the presence of free monoclonal light chains in the urine (Bence Jones proteins). They occur in myeloma and lymphoproliferative disorders. Monoclonal Gammopathies of unknown significance (MGUS) are paraproteins which do not have the typical features described above, but long-term follow up has shown that 20% may develop myeloma over a 20 year period.

Paraprotein quantitation is used to monitor disease progression and response to therapy. The technique used to quantitate monoclonal bands is different to that used to measure the total immunoglobulins (IgG, IgA, IgM) and results are not directly comparable.

# **Urinary Free Light Chains (Bence Jones Proteins)**

Urine protein electrophoresis for Bence Jones proteins (Urine free light chains) should be requested in all patients with suspected paraproteinemia because 20% of myeloma patients do not have a detectable monoclonal band in the serum. Early morning specimens are preferred. For disease monitoring a 24-hour collection is preferred.

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# Serum Free kappa and lambda Light Chains

Abnormal serum free light chains are useful in monitoring the response to treatment in multiple myeloma and AL amyloidosis. In MGUS, an abnormal free kappa/lambda light chain ratio may help in prediction of the long term risk of progression to malignancy. However, serum and urine protein electrophoresis and immunofixation remain the first line of investigation for monoclonal disorders.

# Beta 2 Microglobulin

Elevated Beta 2 microglobulin occurs in myeloma (where it is a marker of tumour load) as well as lymphoma and HIV. Interpretation may be complex as levels are also increased in renal failure.

# Cryoglobulins

Cryoglobulins are immunoglobulins that precipitate and form complexes at low temperature. Patients with cryoglobulinemia may present with vasculitis. An unexpected rheumatoid factor with low C4 may indicate the presence of a cryoglobulin. Detection of cryoglobulins is not possible on routinely submitted samples – the sample must be transported in a flask and arrive at the lab at 37 C. Please note the importance of following the correct procedure for taking and transporting the samples cannot be overestimated – failure to do so can result in a false negative result

#### Guidance for collection of samples for Cryoglobulin:

Collection of blood for cryoglobulin analysis MUST be pre-arranged directly with the Immunology laboratory. Prewarmed sample collection tubes and a flask will be provided on request

- 10ml of blood collected into one red-topped clotted sample tube
- 4 ml of blood collected into one purple-topped EDTA tube

All tubes MUST be kept between 37C – 41C in the thermos flask and be delivered to the laboratory IMMEDIATELY. Samples arriving in the lab below 37C or above 41C will be rejected.

Note: Samples must not be taken from arterial or heparinized lines. Samples cannot be shared with other tests. Yellow top tubes are not recommended.

If detected, the cryoglobulins are quantified and typed by immunofixation.

There are three types of cryoglobulin: –

Type 1: Monoclonal

Type 2: Mixed monoclonal IgM rheumatoid factor with polyclonal IgG

Type 3: Mixed polyclonal IgM rheumatoid factor with polyclonal IgG

# IgG subclasses (IgG 1, 2, 3)

The measurement of IgG subclasses is of limited value and should only be considered in the context of identifying primary immunodeficiency. Patients with IgA deficiency sometimes have accompanying IgG subclass deficiency.

### IgG subclasses (IgG4)

The measurement of IgG4 levels is indicated in the investigation of IgG4 related disease.

#### **Functional antibodies**

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The quantitative assessment of IgG to tetanus toxoid and pneumococcal capsular polysaccharide pre and post vaccination is of value in the investigation of immunodeficiency. Functional antibody testing should only be requested after discussion with the immunology medical staff.

#### **CSF Oligoclonal Bands**

Oligoclonal banding is defined as two or more discrete immunoglobulin bands in the CSF that are not matched by corresponding bands in the accompanying serum sample and therefore reflects IgG synthesis within the CNS. A positive result supports a diagnosis of multiple sclerosis but may also be observed in a variety of other infectious and inflammatory diseases of the CNS.

Paired CSF and serum samples must be submitted.

#### Serum Amyloid A

Serum amyloid A (SAA) is an acute phase protein that increases in parallel with CRP but with increased sensitivity.

# Haptoglobin

Decreased serum haptoglobin is seen in any clinical situation where there is significant intravascular haemolysis as well as some disorders with increased red cell fragility. Elevated levels may occur as part of an acute phase response.

# Caeruloplasmin

Decreased levels of caeruloplasmin are seen in most cases of Wilson's disease. As it is an acute phase protein, occasionally normal levels may occur transiently where there is an inflammatory stimulus to the acute phase response. Levels are also reduced in severe liver disease and severe malabsorbtive syndromes.

### Alpha-1-antitrypsin

The quantitation of AAT is important in the evaluation of emphysema and neonatal and adult liver disease where low concentrations may have diagnostic importance. AAT is a slow acute phase response and may be falsely normal during infections. AAT genetic status (PI phenotyping) is performed in all cases of deficiency where the quantitative result is less than the age related normal range as well as in all children with liver disease.

# 11.10 Guidelines for Investigation of Immunodeficiency

Please phone a Consultant Immunologist or SPR to discuss the investigation of recurrent unusual infection. The nature of the organism, the site severity and frequency of infection may give clues into the nature of the immune defect. Investigation is required in the following circumstances:

Family history of immunodeficiency

Infant or young child with failure to thrive, opportunistic infections, persistent infections with low virulent organisms, severe diarrhoea, unusual extensive skin rashes

Hepatosplenomegaly

Recurring/persisting sinopulmonary infections

Recurring skin infections, abscesses or periodontitis

Recurring meningitis.

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Screening tests for primary immunodeficiency should include FBC and differential, serum immunoglobulins, occasionally IgG subclasses and functional IgG response to tetanus and pneumovax, and lymphocyte subsets (CD4 and CD8 T cells, CD19 B cells, CD16/56 NK cells). Further tests should be directed towards the suspected arm of defence considered deficient, and include tests of neutrophil function and the measurement of total haemolytic complement CH100, and the alternative complement pathway CH100A. Always consider HIV as a cause of immunodeficiency.

#### CD4 counts

CD4 monitoring in patients with HIV is a marker of disease progression and response to therapy. Requests for CD4 counts as a "surrogate marker" of HIV infection will be refused.

# Lymphocyte Subsets (CD4 and CD8 T cells, CD19 B cells, CD16/56 NK cells)

Suspected cases of childhood T cell/ combined immunodeficiency should be regarded as urgent and the laboratory contacted as soon as possible.

#### **Neutrophil Disorders**

Indicated in the investigation of severe recurrent skin infections, chronic gingivitis, recurrent deep seated bacterial and fungal infections.

Other referral tests are available and require prior discussion with immunology medical staff.

# 11.11 Therapeutic Drug Monitoring

Biologic therapies, including the anti-tumor necrosis factor (anti-TNF) agents (Infliximab, Adalimumab), the adhesion molecule inhibitors (Vedolizumab), and the p-40 interleukin-12/23 inhibitor Ustekinumab are effective treatments for patients with moderate to severe inflammatory bowel disease (IBD). Nevertheless, up to 1/3 of patients with Crohn's disease (CD) and ulcerative colitis (UC) show primary non-response (PNR) to biologic therapies and up to 50% of patients after an initial clinical response stop therapy either for secondary loss of response (SLR) or a serious adverse event. Drug trough levels and anti-drug antibodies enable the clinician, based on patient's clinical status, to make rational therapeutic decisions in different clinical situations:

- Reactive TDM: Guide therapy after a treatment failure and follow-up therapeutic adjustment (switch or optimization). Reactive TDM should be performed in patients with primary non-response or secondary loss of response to biologic therapy.
- Proactive TDM: Proactive TDM should be performed post induction for patients treated with anti-TNF therapy.
   Proactive TDM should be performed at least once during maintenance therapy for patients treated with anti-TNF therapy
- Guides treatment de-escalation for patients in remission.
- When infliximab de-escalation (dose reduction) is considered in patients in remission, proactive TDM both prior to and after de-escalation should be performed.
- Reduce treatment costs by implementing a rational decision-making patient care management
- Reactive TDM has been proven more cost-effective than empiric anti-TNF therapy optimization.
- Decrease the risk of allergic reactions during infusion or other adverse effects

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The department of Immunology provides testing for trough levels and antibodies (where indicated) for the following biological drugs: Infliximab, Vedolizumab and Adalimumab. Ustekinumab analysis is referred externally for testing.

# 11.12 Interferon Gamma Release Assay (IGRA/Quantiferon)

Quantiferon TB Gold is an indirect test for latent Mycobacterium Tuberculosis infection (LTBI) and M. Tuberculosis complex infection. Latent Tuberculosis (LTBI) is an asymptomatic condition that may progress to active Tuberculosis in some individuals. The primary goal for the diagnosis of LTBI is to initiate medical treatment to prevent progression to active disease.

Testing for LTBI is indicated when the risk of developing disease from latent infection (if present) is increased e.g. Recent close contact of TB, immunosuppression, HIV infection, before commencing immunosuppression with biologic drugs that increase the risk of TB reactivation (e.g. anti-TNF), and occupational health screening for healthcare workers.

The Interferon-Gamma Release Assay (IGRA/Quantiferon) measures the level of the cytokine, interferon-gamma (IFN-gamma) released by patient lymphocytes in a cell-mediated immune response to mycobacterial proteins. These proteins include ESAT-6, CFP-10 and TB7.7, and are absent from all BCG strains and most non-tuberculous mycobacteria. Although the assay quantitatively detects the IFN-gamma, the interpretation of the result for a single patient is strictly qualitative.

The IGRA/Quantiferon assay requires specialised blood collection tubes. These tubes (set of 4) are available for collection from the Immunology laboratory. Correct handling of the blood collection tubes is essential.

A negative Interferon-Gamma Release Assay (IGRA) result does not preclude the possibility of M. tuberculosis infection. False negatives can be due to incorrect handling of the blood collection tubes, the stage of the infection (e.g. sample taken prior to development of cellular immune response), or co-morbid conditions which affect immune function.

All positive results should be followed by further medical evaluation.

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If the result is indeterminate for TB antigen responsiveness, this may be related to a wide variety of factors including immunosuppressant medication or low lymphocyte count. A repeat sample will be requested by our laboratory. A subsequent second indeterminate result may benefit from discussion with the clinical immunology or TB teams.

NIL (IU/mL)	TB1 minus NIL (IU/mL)	TB2 minus NIL (IU/mL)	Mitogen minus NIL (IU/mL)	Qualitative Result	Interpretation
	≥ 0.35 and	Any			LTBI likely
	≥ 25% of Nil		Any	Positive	
	Any	≥ 0.35 and	Any	FUSITIVE	
		≥ 25% of Nil			
	< 0.35	< 0.35			LTBI Not Likely
≤ 8.0	OR	OR	≥ 0.5	Negative	
≥ 0.0	≥ 0.35 and	≥ 0.35 and		Negative	
	< 25% of Nil	< 25% of Nil			
	< 0.35	< 0.35			
	OR	OR	<0.5	Indeterminate	Likelihood of LTBI
	≥ 0.35 and	≥ 0.35 and			
	< 25% of Nil	< 25% of Nil			cannot be determined
≥ 8.0		Any			

#### Instructions for collection of samples for Quantiferon Analysis

- Patient samples are collected using the **Quantiferon-TB Gold Plus Blood Collection Tubes**; A four tube set containing; Nil, TB1, TB2 and Mitogen tubes.



- Sample tubes are available on request from the Immunology laboratory and should be stored at room temperature.
- Collect 1ml of blood into each tune in the following order: Grey, Green, Yellow, Purple.
- Tubes must be filled to the black fill line (1ml). Under or over filling may lead to erroneous results.
- Immediately after filling, shake tubes 10 times just firmly enough to ensure the entire inner surface of tube is coated in blood, to dissolve antigens on tube wall. Caution: Over-energetic shaking may cause gel disruption and could lead to abhorrent results.
- Complete the Quantiferon TB (IGRA) Request form (available from the Immunology laboratory).
- **NOTE**: It is important to record the date and time of collection.
- NOTE: Samples must be received at the Immunology laboratory within 16 hours of collection Monday to Thursday only before 5pm.

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#### 11.13 Guidelines relating to Genetic Referrals

Genetic testing is not performed in the Immunology laboratory. However, the department does act as a referral service for some molecular and cytogenetic referral requests on blood samples. In most cases genetic reports are issued directly to the requesting clinician. Genetic testing is not covered under the department's scope of accreditation to ISO 15189. Details for the most common genetic referrals dispatched via Immunology are included in the Alphabetic Test Directory section of this manual. Refer to the genetic laboratories' user guides for full details relating to sample and request form requirements and turnaround times for testing.

Cytogenetic and molecular genetic testing by the Department of Clinical Genetics (DCG), Children's Health Ireland (CHI), Crumlin: refer to <a href="https://www.childrenshealthireland.ie">www.childrenshealthireland.ie</a>.

It is mandatory for all requests to be accompanied by a fully completed CHI Genetic request form. It is critical the informed consent section is completed. Testing will not be carried out if forms are not completed fully. Genetic reports are issued directly to the clinician by DCG.

Cytogenetic testing (karyotyping) by Eurofins Biomnis Dublin (Monday to Friday service), refer to <a href="https://www.eurofins.ie/biomnis/test-information/test-request-forms">https://www.eurofins.ie/biomnis/test-information/test-request-forms</a> for request form and sample requirements. In most cases, Eurofins Biomnis issue the genetic report directly to the clinician. A small number of reports are issued via Immunology Dept.

Haemochromatosis genetic testing by Eurofins-Biomnis Dublin; Eurofins-Biomnis Haemochromatosis genetic report is issued to the Clinician by Immunology GUH. Paper report issued only - results not available on Healthlinks.

Molecular Genetic testing for Facioscapulohumeral Dystrophy (FSHD) by Bristol Genetics Laboratory, Southmead Hospital, Bristol, BS10 5NB, UK: refer to <a href="https://www.nbt.nhs.uk/severn-pathology/pathology-services/bristol-genetics-laboratory-bgl/bgl-services">https://www.nbt.nhs.uk/severn-pathology/pathology-services/bristol-genetics-laboratory-bgl/bgl-services</a> Genetic report issued directly by Bristol to the requesting clinician.

Endocrine/Metabolic/select rare disease molecular genetics requests are processed in Clinical Biochemistry (e.g. Endocrine neoplasia/parathyroid/familial hypercholesterolaemia/Fabrys/Gauchers). Request forms are available on GUH Useful resources in the Biochemistry folder or alternatively, please contact a member of the clinical team for advice.

# 12. Haematology Laboratory

## 12.1 Department Profile

The Department of Haematology is a consultant led service which includes scientific, clerical and medical, who participate in undergraduate and graduate teaching programmes, research, clinical trials, case conferences, ward rounds and clinics. It provides services to Galway University Hospitals, Mayo University Hospital, Roscommon University Hospital, General Practitioners, Community Care, and Public health in the counties of Galway, Mayo and Roscommon. In addition the Haematology Laboratory is a regional centre for a broad range of specialized tests which is supported by a clinical, advisory and interpretative service.

The Haematology Laboratory provides diagnostic investigations in general Haematology, routine and specialized Coagulation, Haematinics, Flowcytometry and Haemoglobinopathy screening. Approximately 3,000 requests for routine tests are received in the Haematology Laboratory every day and the Laboratory also performs other miscellaneous specialized tests that may be arranged through a Consultant Haematologist or Senior Specialist Registrar.

The Haematology Laboratory is accredited by the Royal College of Pathologists for specialized training in Haematology and also by the Academy of Medical Laboratory Science for the training of Medical Scientists. Medical scientists are now regulated by CORU. In addition, the Haematology Laboratory is accredited by the Irish National Accreditation Board (INAB) in compliance with the International Standard ISO15189 (Registration number 239MT). The Laboratory has an Internal Quality Assurance system and continues to participate in national and international quality assessment schemes.

#### 12.2 Availability of Clinical Advice and Interpretation

Galway University hospital is a busy level 4 hospital with a wide range of specialities on site including Medicine, Surgery, Obstetrics, Paediatrics and Neonates. Consequently, the Consultant Haematologists at Galway University Hospital provide a clinical advisory service to a wide variety of specialities and General Practice.

Haematology – Consultant Haematologists at Galway University Hospital provide clinical advice and interpretation of results to facilitate the diagnosis, treatment and management of haematological diseases to Galway University Hospital, Merlin Park University Hospital, Portiuncula University Hospital, Mayo University Hospital and Roscommon University Hospital. Regular multidisciplinary meetings are held to discuss complicated cases.

General Practice- a large part of the clinical advisory service involves communication of results to General Practitioners. This is done using a variety of methods including clinical and interpretive comments on blood film reports, as well as phone calls if and when required. This is carried out by the laboratory registrars in conjunction with the Consultant Haematologist on laboratory duty or the Consultant Haematologist on Call, depending on urgency.

Paediatrics- a clinical advisory service is provided to Paediatric patients. Emergency advice is provided on call in conjunction with Children's Hospital Ireland where required.

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Neonatology- interpretation of normal and abnormal Haematology results, with advice on investigation of common problems including thrombocytopenia, neutropenia, anaemia and the diagnosis of bleeding disorders.

Obstetrics- a Clinical Obstetric Haematology advice service is provided to patients in Galway University Hospital, Portiuncula University Hospital and Mayo University Hospital. This includes but is not limited to patients with thrombocytopenia, anaemia including hereditary spherocytosis, sickle cell disease, thalassaemia and bleeding disorders. Advice is also provided for Obstetric Haematology Patients with respect to the diagnosis and treatment of Neonatal Alloimmune Thrombocytopenia, HELLP, SLE and other conditions that may present in pregnancy.

Interpretation of Coagulation investigations – Galway University Hospital is a Haemophilia Treatment Centre. Consultant Haematologists review all Factor Assays, von Willebrand's screens and Platelet Aggregation results to ensure appropriate interpretation and clinical follow up where required. Any unexpected or clinically significant thrombophilia result is reviewed by a Consultant Haematologist and an interpretive comment applied.

Requesting of appropriate tests and subsequent application of the test results and interpretative guidance from the Department of Haematology must be applied to patient care by a clinician in the overall clinical context of the patient concerned.

For this reason services are accessible only by medical practitioners or other health care professionals acting on the recommendation of a medical practitioner. Printed reports are issued to medical practitioners. Verbal reports are provided when appropriate to medical practitioners.

Consultant Staff hold appointments in the National University of Ireland. The department actively supports and facilitates clinical and laboratory research projects.

Haematology Laboratory	Phone Numbers	
Specimen Reception	4377	
Laboratory Supplies	4377	Fax: 091 542881
Laboratory Office	4281	
General Haematology Laboratory	4419	
Routine Coagulation	4283	
Special Coagulation	4995	
Haematinics	4880	
Bone Marrow/Flow Cytometry	4284	
Special Haematology	4284	

Insert (091) 54 before extension number for direct access from outside.

The telephone enquiry service should be used for emergency enquiries only.

#### 12.3 Out of Hours Service

An out of hours service operates outside normal hours for emergency work. Monday-Friday 20:00 to 08:00 h the following day

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Saturday 13:00 to 10.00 h the following day Sunday/Bank Holiday 10:00 to 08:00 h the following day

Do not forward routine requests to the laboratory during on-call hours.

#### To contact staff out of hours

Post-midnight laboratory on-call personnel must be contacted via hospital switchboard (dial 9). Failure to do this may result in prolonged turnaround times for urgent requests.

#### 12.4 Add on Test Requesting

Telephoned requests for add-on tests are accommodated provided the usual criteria for acceptance of the added test are met by the form and specimen in the laboratory. In instances where extra information is required the requesting Physician will need to send a completed request form to the haematology laboratory.

## 12.5 Haematology Laboratory Tests

Refer to the Test Directory of this manual (listed alphabetically within the Laboratory Medicine Test Directory) for a list of tests performed, the specimen required, turnaround time and other information regarding specimen collection. Some tests may be performed only after prior arrangement with the laboratory. Where doubt exists, the appropriate laboratory should be consulted. Specialised Haematology and Coagulation tests are available at the discretion of Haematology team.

#### 12.6 Reporting

**Telephoned reports** will be given in cases of urgency to an identified responsible person but not directly to the patient. **Faxed Reports** for reasons of confidentiality it is the policy of GUH not to fax reports.

**Copy reports** will only be issued to persons other than the requesting clinician, when this is clearly indicated on the request form or on receipt of a written request.

Supplementary results such as morphologies will not reach the patients record until after the initial report is available. In the case of Health Links a second report is sent out at a later date.

**Apex Results** are available in the Laboratory information system (APEX) to HSE West Area Hospitals who use the laboratory service. Enquiries on lab results should be made through the "Ward Enquiry Function" of the laboratory information system (APEX). In addition, results can also be accessed by EVOLVE.

Hard copy results are delivered daily to both the acute hospitals and to the General Practitioners (Monday-Saturday). GPs' may receive results electronically via 'Healthlinks'.

**Referral Laboratory Reports**: The Haematology Laboratory will follow up on any referral test report not reported by the referral site within the defined turnaround times.

**Analytical Failures**: In the event of an urgent specimen being unsuitable for processing or where there is an analytical failure, the clinician will be informed by phone or through the Healthlink or Apex reporting system. A hard copy report will follow.

Reference ranges: Age and sex related ranges where applicable are quoted on the Haematology test report form.

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## 12.7 Specimen Retention Policy

Routine full blood count, coagulation and haematinic samples will be stored for 2-3 days. Bone marrow slides are stored indefinitely.

#### 12.8 Haematology Specimen Rejection Policy

Please refer to Request form and Sample Acceptance Criteria for detailed sample submission guidelines located under Use of the Laboratory section 3.0- Requests to the Laboratory. However the following specimens cannot be processed by the Haematology Laboratory:

## Leaking specimen containers (infection risk)

Unlabelled specimens

Information on request form and specimen at variance with each other

Specimens not labelled or containing minimum acceptance criteria of full name plus date of birth or hospital number Incorrect preservative/anticoagulant

Incorrectly filled specimens

Clotted FBC or Coag specimens

Specimens received not attached to speci-bag

Specialised tests rejected with no requesting consultant specified

#### **Definitions**

**Turnaround time**: Time from receipt of specimen in the Haematology Laboratory to the time of authorization of results.

In Progress: Analysis incomplete. Refer to particular test turnaround times in this manual.

**Referral Laboratory**: An external laboratory to which a sample submitted for a supplementary or confirmatory examination procedure and report.

Emergency on Call Service: Out of hours call service provided for emergency specimens.

**Urgent**: Samples accompanied by Urgent (Red Flash) forms are prioritized in the laboratory process and on authorization; results will be available on the Laboratory Information System. Urgent Specimen results are telephoned if the Laboratory receives a specific request to do so, or where test results are in the range as indicated for Telephoning by the Laboratories Standard Operating Procedures.

## **Request Forms:**

GUH Emergency Request Form (LMDERF 001) GUH Laboratory Request Form (LMDHRF 001) GP Request Form (LMDGPRF 001) Haematology Day Ward Request Form (GHAEM/F/021) Bone Marrow Request Form (G HAEM/F/015) RL57a

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# 13. Medical Microbiology Department

(Division of Clinical Microbiology)

#### 13.1 Department Profile

The Division of Clinical Microbiology incorporates the Department of Medical Microbiology and the Department of Virology. The Department of Medical Microbiology comprises the clinical diagnostic laboratory and the Public Health Laboratory (PHL), and the GUH National Reference Laboratory Services. GUH National Reference Laboratory Services comprises the National Salmonella, Shigella and Listeria Reference Laboratory (NSSLRL) and the National Carbapenemase Producing Enterobacterales Reference Laboratory (NCPERL). The Division has a staff of more than 50 people including medical, scientific and clerical staff.

The Medical Microbiology Department in GUH provides a full diagnostic and advisory service for hospitals, General Practitioners and Community Care in the HSE Western area. Specialist Mycobacterium laboratory service is also extended to Sligo and Letterkenny University Hospitals. In the case of seriously ill patients or those with complex conditions a telephone discussion with medical staff may be important prior to samples being submitted or results being reported. The National Salmonella, Shigella and Listeria Reference Laboratory (NSSLRL) provides a national typing service for Salmonella, Shigella and Listeria isolates to clinical laboratories. The NSSLRL also types isolates from food and animal laboratories to enable detection of sources of human infection in the event of an outbreak.

The National Carbapenemase Producing Enterobacterales Reference Laboratory (CPERL) provides a national molecular testing service for isolates to clinical laboratories.

The Division is committed to delivery of an equitable and responsive service within the limits of the resources available. The Department of Medical Microbiology is accredited by the Irish National Accreditation Board (INAB) in compliance with the International Standard ISO/IEC 15189:2022 (Registration number 223MT). The Public Health Laboratory is accredited by INAB in compliance with ISO/IEC 17025 (Registration number 097T).

#### 13.2 Access to Service

Requesting of appropriate tests and subsequent application of the test results and interpretive guidance from the Department of Medical Microbiology must be applied to patient care by a clinician in the overall clinical context of the patient concerned.

For this reason services are in general accessible only by medical practitioners or other health care professionals acting on the recommendation of a medical practitioner. Written reports are issued to medical practitioners. Verbal reports are provided to medical practitioners or in certain circumstances to other health care professionals. Please note that results of antibiotic sensitivity testing are often not reported in full (selective reporting). If a suitable antibiotic for a specific patient is not identifiable from a report you may be able to obtain additional test results by telephoning the laboratory.

It is not appropriate to instruct patients or their relatives / friends to telephone the department of Medical Microbiology for results. The Department cannot verify the identity of the caller and does not have a relationship with the patient to ensure that the result is properly understood and acted on.

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The name and contact details of the medical practitioner requesting a test must be clearly legible on the request form. The medical practitioner signing the request form is responsible for ensuring that the test request is appropriate and that issues of consent to testing and privacy have been dealt with appropriately.

Changes to levels of service outlined here may be necessary from time to time, users will be informed of any significant changes in access to services by email.

#### 13.3 Consultation Service

Specialist Registrars:	091 544573
Prof. Martin Cormican:	091 544146
Dr. Deirbhile Keady:	091 542013
Dr. Una Ni Riain:	091 893779
Dr. Teck Wee Boo:	091 893783
Dr. Dimitar Nashev	091 893783
Dr. Ruth Waldron	091 544146
Dr. Roisin Mulqueen	091 544146

#### 13.4 Out of Hours Service

There is a Medical Scientist on duty to provide an out of hours service:

Monday-Friday 20:00 to 08:00 h the following day Saturday 12:00 to 08:00 h the following day Sunday/Bank Holidays 08:00 to 08:00 h the following day

## Until 24:00 h the following service is available:

- All normally Sterile Body Fluids
- Blood cultures
- Corneal scrapings
- Urines
- Swabs
- Stools for viral screen
- Sputa
- Specimens from ICU / HDU/ A/E and urgent specimens from Haematology / Oncology.
- All other specimens deemed urgent by Consultant Microbiologist.

## Post 24:00 h the following service is available:

- CSF
- Blood cultures
- Urgent tissues and fluids
- Paediatric urines

All specimens requiring urgent work must be sent with an Emergency 'Red Flash' form outside of normal working hours. Specimens are processed in order of priority with CSF normally being given priority.

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Results of Microscopy are available as soon as the Medical Scientist has performed and authorised them on the LIS.

To contact the Medical Scientist after 17:30 please dial 4411. After 00.00 hrs the on call medical scientist is contacted via switchboard. Due to the geographic layout of the department the Medical Scientist may be outside of telephone coverage for short periods. In the event of difficulties please contact switchboard (Dial '9') who can contact the person by mobile phone.

A Consultant Microbiologist is On-Call during these periods; please contact the Medical Scientist / Switchboard for contact details.

SARS COV-2 PCR testing Out Of Hours service Monday - Friday 17.00 - 18.30 Saturday 08.00 - 12.00 Sunday 08.00 - 12.00

#### 13.5 **Guidelines for Requesting Microbiology Tests**

The Department of Medical Microbiology should also be contacted before any exceptionally urgent or specialised investigation is requested.

In all cases where a test result is considered urgent the medical practitioner making the request or other responsible medical practitioner should contact the laboratory in advance of specimen submission if possible or after a reasonable interval to ensure that the specimen has been received and that he/she receives the result.

## **Specimen Retention**

Additional examinations may be requested during specimen storage time by telephoning the Department. Rejected specimens are also retained as per the following retention times.

Specimen	Retention Time
Swabs	1 week @ 2 – 8°C
Tissues	4 weeks @ 2 – 8°C
Fluids	4 weeks @ 2 – 8°C
CSF	> 3 months @ -80°C
Urines	1 week @ 2 – 8°C
Faeces	1 week @ 2 – 8°C
Respiratory specimens for routine culture (these specimens cannot be	3 weeks @ 2 – 8°C
processed if they are >48 hours old from date of specimen collection)	
Respiratory specimens for TB culture	> 1 month @ -20°C
(decontaminated prior to TB culture and therefore are unsuitable for other	
investigations)	
Normally sterile site specimens (not usually decontaminated)	> 1 month @ -20°C
Urines unsuitable for TB culture	10 days @ 2 - 8°C
SARS COV-2 PCR Swabs	1 week @ 2-8°C

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#### **Unsuitable Specimens and Additional Examinations**

In the event of a specimen being unsuitable for processing or where there is an analytical failure, the clinician will be informed by phone or in writing or electronically through the LIS. If additional laboratory testing is required by the clinician on a sample previously received, please contact the laboratory to investigate the feasibility of using the initial specimen for analysis.

#### **General Collection and Transport Guidelines**

Where possible, collect specimen prior to the administration of antimicrobial therapy.

Collect specimen with as little contamination from indigenous microbial flora as possible to ensure that the specimen will be representative of the infective site.

Collect specimen using sterile equipment and aseptic technique to prevent introduction of foreign microorganisms.

Collect an adequate amount of specimen. Inadequate amounts may yield false-negative results.

Most specimens collected with a swab and transported dry are unacceptable.

Identify the specimen source and / or specific site correctly so that proper culture media will be selected during processing in the laboratory. Special requests such as Diphtheria, actinomyces, nocardia etc. should be noted on the request form.

If members of the public are asked to collect their own or another person's sample and to take sample to the laboratory instructions should be given regarding how and when to collect the sample and deliver the samples to the laboratory in timely manner. In particular they should be reminded to put the correct collection dates on both the specimen and the request form.

Specimens should be transported as soon as possible. If processing is delayed, refrigeration is preferable to storage at ambient temperature, with the following exceptions:

Bloods Cultures - hold at room temperature to await transport by chute/porter

CSF- deliver immediately by hand to a Medical Scientist in the department

Specimens, which are difficult to replace (e.g. spinal fluid) should be given directly to one of the medical or scientific staff of the Department to minimise risk of delay or loss.

Do not submit CSF, glass blood culture bottles or glass mycolytic blood culture bottles to the laboratory via the "chute" transport system.

Microbial cultures submitted by other laboratories for further identification should be submitted in pure culture on the appropriate medium in a sealed, screw capped tube. Petri plates are generally not acceptable because they cannot be properly sealed for transport.

Specimens submitted in formalin preservative are unsuitable for culture.

Where there is a suspicion of Brucellosis or other Hazard Group 3 pathogen, it is essential that this be indicated clearly on the request form.

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#### **CSF Specimens**

Table 1 Normal CSF values

able 1 Horman con Valdes			
Leucocytes	Neonates (less 28 days)	0 - 30 cells x 10 <sup>6</sup> /L	
	Infants (1-12 months)	0 - 15 cells x 10 <sup>6</sup> /L	
	Children / Adults (1 year +)	0 - 5 cells x 10 <sup>6</sup> /L	

These values represent the upper and lower limits of normality. Bacterial or viral infection may still need to be considered where leucocyte counts are near the upper normal limits in neonates and young children.

#### **Enteric Samples**

All samples must be submitted to the laboratory in a clean sterile laboratory-approved specimen container with an appropriately completed laboratory request form. The optimal time of collection of specimens should be as soon as possible after onset of illness. Molecular assays for enteric pathogens in use in the department are intended for use with liquid/loose stool samples submitted from symptomatic patients. Formed stool samples are not suitable for testing and are rejected.

In-patient (excluding ED, Paeds, and Maternity but including nursing homes and district hospitals) stools are examined for *C. difficile toxin* DNA only. *C. difficile* assay testing is also performed on request from out-patient clinicians and **on all liquid stool samples received from the community.** Children < 2 years are **not** processed for *Clostridium difficile*.

If specific testing for additional pathogens is required please telephone the Department of Medical Microbiology as soon as possible indicating the specific additional testing you wish to request. All other faeces specimens are examined for *Salmonella, Shigella, Campylobacter,* Verotoxin / Shiga toxin producing *E. coli, Cryptosporidium Spp.* and Giardia *DNA.* (Out-patients include A/E, SSU (St. Enda's) and MAU and Emergency Surgical Ward - St. Nicholas)

Culture of *Yersinia spp.* and *Vibrio spp.* are performed on Consultant Microbiologist request only when relevant clinical details are provided.

Screening in relation to test of clearance or contacts of outbreaks for VTEC, *Salmonella*, *Shigella* Campylobacter is done using routine culture methods rather than molecular methods.

If a patient has a sample processed for *C. difficile* toxin B gene or VTEC, Campylobacter, *Salmonella*, *Shigella*, Cryptosporidium or Giardia in the previous six days this sample is rejected.

Rotavirus and Adenovirus are tested for in specimens from children aged less than 5 years of age.

Ova & Parasite testing; a basic iodine preparation screen is performed. Please contact Consultant Microbiologist if a full concentration is required. **This test is restricted to patients with relevant clinical details.** 

*H. pylori* antigen testing is available for patients with dyspepsia aged less than 45 years with no "alarm symptoms". Stool samples should be submitted within 24 hours of collection for best results.

Note: "Alarm symptoms" are dyspepsia with gastrointestinal bleeding, difficulty swallowing, unintentional weight loss, abdominal swelling and persistent vomiting.

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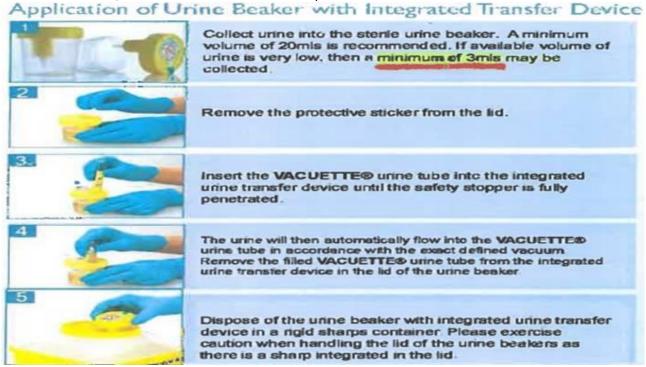
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#### **Urine Samples**

Urine microscopy is performed on all Urines. Urine culture is only routinely performed on samples from children <16, maternity patients, clinical details specifying patient is neutropenic and patients with a microscopy result with a white cell count of >20cmm, however culture may be requested in certain circumstances following discussion with a Consultant Microbiologist.

Urine specimens that are received in anything but a yellow topped vacuette container as shown in the image below are unsuitable for culture and will be rejected. Urines must be decanted from the beaker into the tube before being sent to the laboratory. Beakers send to the laboratory that have not been decanted into the urine vacuette will not be processed and will be disposed of immediately.

Urine is initially collected in a primary urine beaker, then transferred via integrated transfer device to the Yellow Vacuette® urine tube, which is submitted to the laboratory.



#### **Sputum and TB Specimens**

Sputa specimens that are older than 48 hours are unsuitable for routine culture and may be rejected. The Department of Medical Microbiology does not routinely accept more than three sputum specimens for Mycobacterium culture in a single episode of illness (taken on 3 consecutive days). Please contact the laboratory if additional specimens are required in a specific case. Early morning urines are not validated to be processed by Mycobacterium culture and may only be processed in consultation with a Consultant Microbiologist.

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#### **Dermatophyte Culture – Collection and Transport**

Only use Dermatological transportation packs, 'Dermapak' available from the Specimen reception at the Laboratory. Nails: Disinfect area with 70% alcohol. Scrape. Clip infected areas. Collect debris under nail. Do not send whole nail. Skin: Disinfect area with 70% alcohol. Scrape surface of skin at margin of lesion.

Hair: With forceps collect 10 to 12 hairs with shaft intact, as well as much loose skin and scale as possible. Label Dermapak and insert specimen.

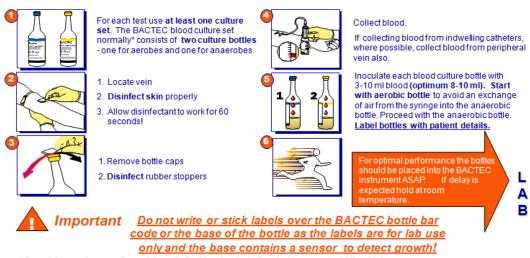
Specimens will only be processed if transported as above. Specimens received between glass slides, or in universals are not acceptable for Mycological investigation.

#### **Blood Cultures - Guidelines for Collection**

Only take blood cultures when there is a clinical need to do so.

## **BD BACTEC Blood Culture System**

## QUICK REFERENCE GUIDE



\* For advice on the use of special media for Mycobacteria/Fungi please contact Microbiology

Blood cultures are taken to identify patients with bacteraemia. There are many signs and symptoms in a patient which may suggest bacteraemia and clinical judgement is required, however the following indicators should be taken into account when assessing a patient for signs of bacteraemia/sepsis:

- Core temperature out of range e.g. >38.5°C or hypothermia.
- Focal signs of infection.
- Abnormal heart rate (raised); blood pressure (low or raised) or respiratory rate (raised).
- Chills/rigors.
- High or very low white cell count.

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New confusion.

NB. Signs/symptoms may be minimal in the very young or very old. Cultures should be collected as soon as possible after identification of a possible bacteraemia/focus of infection, and before antibiotic therapy is started. All blood cultures should be documented in the patient notes with date, time, collection site and indication stated.

#### Always make a fresh stab

Do not collect blood from existing lines/cannulae or take blood from above a peripheral IV line.

If a central line is in-situ, cultures may be collected from this and also from a separate peripheral site.

Avoid femoral vein puncture where possible in view of difficulty in cleaning/disinfecting the skin adequately at this site.

#### Thoroughly disinfect the skin before inserting the needle

Identify a suitable venepuncture site before skin disinfection.

Thoroughly clean the patient's skin before venepuncture.

Use soap and water to clean the visibly soiled skin and then clean your own hands.

Use 2% chlorhexidine in 70% isopropyl alcohol impregnated swab to disinfect the patient's skin and allow to dry.

#### Once disinfected, don't touch the skin again

To avoid contamination from the collector's fingers (even if gloved), do not palpate the site after it has been disinfected.

#### Disinfect the culture bottle cap before transferring the sample

Remove the plastic cover just before collection the sample – the top will be clean but not sterile. Disinfect the tops of the culture bottles with a 2% chlorhexidine in 70% isopropyl alcohol impregnated swab. Allow the alcohol to fully evaporate before inoculating the bottle.

If collecting blood for other tests, always inoculate the blood culture first.

NB. The use of blood collection adapter caps without winged blood collection sets is not recommended. It is not possible to accurately judge sample volume and there is potential for possible backflow of blood culture medium into the patient's vein.

## **Skin Preparation**

Wash your hands with soap & water and dry.

Clean any visibly soiled skin on the patient with soap & water and dry.

Apply a disposable tourniquet (if applicable) and palpate to identify vein.

Clean skin with 2% chlorhexidine in 70% isopropyl alcohol impregnated swab and allow to dry.

If culture is being collected from a central line, disinfect the access port with a 2% chlorhexidine in 70% isopropyl impregnated swab and allow to dry.

#### **Kit Preparation**

Label bottles with appropriate patient information. Ensure the barcodes on the bottles are not covered by additional labels, and that any tear-off barcode labels are not removed.

Clean the tops of the culture bottles with a 2% chlorhexidine in 70% isopropyl alcohol impregnated swab and allow to drv.

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#### Sample Collection

Use needle & syringe or winged blood collection method as below:

Needle & Syringe Method:

Wash & dry your hands again or use alcohol hand gel and apply clean gloves (sterile gloves are not necessary).

Insert needle into prepared site. Do not palpate again after cleaning.

Collect sample & release tourniquet.

Cover the puncture site with an appropriate dressing.

If collecting blood for other tests, always inoculate the blood culture bottles first.

Inoculate blood into culture bottles; do not change the needle in between sample collection and inoculation; inoculate the aerobic culture first.

Discard needle & syringe into a sharps container.

Wash hands after removal of gloves.

Record the procedure with indication for culture, time, site of venepuncture and any complications in the patient's record.

#### **Winged Collection Method**

Wash & dry your hands again or use alcohol hand gel and apply clean gloves (sterile gloves are not necessary).

Attach winged blood collection set to blood culture adapter cap.

Insert needle into prepared site. Do not palpate again after cleaning.

Place adapter cap over blood culture collection bottle and pierce septum.

Hold bottle upright & collect sample – use bottle graduation lines to accurately gauge sample volume; inoculate the aerobic culture first.

After collection of sample, release tourniquet.

Cover the puncture site with an appropriate dressing.

Discard winged blood collection set into a sharps container.

Wash hands after removal of gloves.

Record the procedure with indication for culture, time, site of venepuncture and any complications in the patient's record.

#### **GUH National Reference Laboratory**

#### National Salmonella, Shigella and Listeria Reference Laboratory

The National Salmonella, Shigella and Listeria Reference Laboratory (NSSLRL) provides a national typing service for Salmonella, Shigella and Listeria isolates to clinical laboratories as well as food and animal laboratories. The NSSLRL also has a pivotal role in investigating and tracking of Salmonella and Shigella outbreaks. A number of serological and molecular methodologies are available for outbreak analysis.

The NSSLRL Users Guide and request form can be downloaded from the- website:

https://saolta.ie/documents/galway-reference-laboratory-service-incorporating-national-salmonella-shigella-listeria https://saolta.ie/documents/nsslrl-request-form

#### National Carbapenemase Producing Enterobacterales Reference Laboratory (CPERL)

The CPE reference laboratory, department of Medical Microbiology, Galway University Hospitals (GUH) provides a clinically supported service for the detection of carbapenemase producing Enterobacterales.

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Index: LM/MDOC/009 Authorised on: 20<sup>th</sup> January 2025 Authorised by: Prof. Murray and Dr. Phelan Due for review on: 20.01.2026 Author(s): GUH Laboratory Medicine Directorate Page 87 of 205 This service is offered to all medical laboratories in hospitals throughout Ireland. CPE Reference Lab user Guide is available at:

https://saolta.ie/documents/galway-reference-laboratory-service-incorporating-national-salmonella-shigella-listeria https://saolta.ie/documents/cpe-request-form-issue-21

#### 13.6 Turnaround Times

Turnaround time is defined as the time from receipt of specimen in the laboratory until the result is reported either by LIS (Laboratory Information System) or by phone. Turnaround times are quoted in the alphabetical test directory and are intended as a guide which we will endeavour to meet. If further work is required, the turnaround times may be extended by one or more days.

## 13.7 Notifying Infectious Diseases

The Laboratory is required to notify the Medical Officer of Health (MOH)/Director of Public Health (DPH) of certain diseases. This information is used to investigate cases thus preventing spread of infection and further cases. The information will also facilitate the early identification of outbreaks. It is also used to monitor the burden and changing levels of diseases, which can provide the evidence for public health interventions such as immunisation.

Laboratory notifications are made electronically through the Computerised Infectious Disease Reporting System (CIDR).

Notification to the Medical Officer of Health is a legal obligation and is not in contravention of data protection legislation. The Medical Officer of Health is required to treat records of infectious disease notifications in a confidential manner.

A full explanation is available on:

https://www.hpsc.ie/notifiablediseases/notifyinginfectiousdiseases/

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# 14. Virology Department

(Division of Medical Microbiology)

#### 14.1 Department Profile

The Virology Department, within the Division of Clinical Microbiology, is committed to providing a timely and efficient clinical diagnostic service to clinicians investigating infections of viral and of other aetiology, mainly in the HSE Western area, and aims to meet the needs of patients and all clinical personnel responsible for clinical care. It provides service to Galway University Hospitals, Mayo University Hospital, Roscommon University Hospital, Galway Clinic, Bon Secour Hospital Galway, Portiuncula University Hospital, Nursing-Home-Clinicians, General Practitioners, Community Care, and Public health in the counties of Galway, Mayo and Roscommon. The Department of Virology is accredited by the Irish National Accreditation Board (INAB) in compliance with the International Standard ISO/IEC 15189 (Registration number 223MT).

## 14.2 Availability of Clinical Advice and Interpretation

Clinical advice on viruses, within the Laboratory's range of interest, is available by contacting Prof. M. Cormican (Ext 4146), Dr. Una Ni Riain (Ext 3779), Dr. Deirbhile Keady (Ext 2013) Dr. Teck Boo (Ext 3783), Dr. Dimitar Nashev (Ext 3783), Dr. Ruth Waldron (Ext4146), Dr. Roisin Mulqueen (Ext4146) or the Registrar or House Officer (Ext 4573).

#### 14.3 Out of Hours Service

To contact Medical Staff out of hours, contact the Hospital Switchboard who will alert the Medical Staff on call after 17.30.

## 14.4 Add on Test Requesting

Verbal requests for any Virology tests are now accepted. There is no longer a need to send another request form with the test request on it, to the laboratory. This includes HIV and Hepatitis requests.

## 14.5 Virology Tests

Refer to the Test Directory of this manual for a list of tests performed, the specimen required, turnaround time, reference range, if applicable, and other information regarding specimen collection. Some tests may be performed only after prior arrangement with the laboratory. Where doubt exists, the Virology laboratory should be consulted. If deemed appropriate, results will be telephoned. To ensure early transmission of results, the clinician to whom the results are to be conveyed, must be clearly indicated on the request form and doctor's name, address (for GPs), phone number and (for in-house) bleep number should be included. For urgent investigations it is necessary to first telephone the Virology Laboratory to make arrangements for processing such requests. The emergency form must state the reason for the urgency of the test. Please note in relation to Virology tests that in addition to the requirements for completion of the request form as given in the General Information section of this book the following also applies:

Where confidentiality demands, patient's initials may be used, but it is mandatory that date of birth is supplied. Please do not use code.

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The type of specimen must be indicated. If it is a swab, the swabbed site should be identified.

Clinical history and date of onset of illness, are particularly important in determining the test(s) to be performed where the investigations are extended.

Please send a separate complete sample of clotted blood when requesting Virology tests. A separate complete sample of clotted blood is essential for HIV or Hepatitis tests. Aliquots or samples previously tested for other analytes cannot be processed for HIV or Hepatitis, and generally contain insufficient volume to allow additional Virology tests to be performed.

## SARS CoV-2 PCR Testing and Extended Viral Panel Testing

SARS CoV-2 PCR Testing is currently available.

A nasopharyngeal swab should be submitted in viral transport medium which is available from Laboratory stores (labstores.uchg@hse.ie)

For more details on sample collection, please contact the Microbiology Staff.

Urgent SARS CoV-2 PCR requests must be brought to the attention of Microbiology Medical Staff.

Extended Viral Panel Requests must also be brought to the attention of Microbiology Medical Staff

## **Female Cervical Specimens**

Clean the cervix with a large swab or sterile gauze, to remove mucous, before sampling. This is essential as mucous present in the sample may render it unsuitable for testing. Remove the sterile swab from the wrapper and insert into the endocervical canal until the tip is no longer visible and rotate the swab at the columnar epithelium junction for 3 – 5 seconds. Withdraw the swab without touching the vaginal surface and break it into the transport medium. Transport the specimen so that it reaches the laboratory within 24 hours of taking. Do not remove liquid from the vial.

#### **Male Urethral Specimens**

For male patients collect a urethral sample by inserting the sterile swab 2 – 4 cm into the urethra, and break the swab into transport medium. If possible urination should be avoided for 1 hour prior to sampling. Transport the specimen so that it reaches the laboratory within 24 hours of taking. Do not remove liquid from the vial.

#### CMV Detection

Blood for CMV PCR should be collected into 8ml Greiner K2EDTA tubes and should be hand-delivered to the Virology Department within three hours of venepuncture. Testing is only available in certain circumstances and following approval by a Consultant Microbiologist. Urine for DEAFF test must be received in the laboratory before 11.00 am Monday to Thursday to allow dispatch to the NVRL on the day of collection.

Blood for CMV pp65 must be collected in an EDTA tube and received in the laboratory before 11.00 am. This test is only available in exceptional circumstances and must first be approved by a Consultant Microbiologist.

Urine for DEAFF test must be received in the laboratory before 11.00 am Monday to Thursday to allow dispatch to the NVRL on the day of collection.

#### Molecular Virology Specimens (PCR, Viral Load, Genotype)

Blood specimens for molecular virology testing should be collected in 8ml Greiner K2EDTA tubes only and should arrive in the Virology Laboratory within 24 hours of phlebotomy and be given directly to a staff member. Deadline for receipt

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of molecular samples is 4.00pm. Ophthalmic specimens: carefully remove excess exudates from the surface of the eye before sampling. Using the Abbott Multicollect kit, vigorously apply the swab to the lower lid conjunctiva of the affected eye and break the swab into the transport medium. Transport the specimen so that it reaches the laboratory within 24 hours of taking.

#### **Post Mortem Specimens**

Blood for serological investigations must be collected in plain blood collection tubes and care taken not to contaminate the outside of the container. Specimens must be transported according to the specimen transport guidelines. Specimens with obvious contamination of outside surface of containers will be destroyed.

#### **Urine Specimens**

For Legionella Urinary Antigen test, freshly voided urine, in a sterile universal container, should be sent to the laboratory, without delay. Urine for DEAFF test must be received in the laboratory before 11.00 am Monday to Thursday to allow dispatch to the NVRL on the day of collection.

#### **Viral Antibodies**

Requests for "Viral Studies", "Viral Screen", "Routine Virology" or "Atypical Screen" will not be processed. It is necessary that tests to specific agents be requested, as viral antibody panels are no longer performed. Failure to supply the required clinical history will lead to delays in processing and / or reporting.

#### **Viral Isolation Specimens**

Please consult the Consultant Microbiologist before taking specimens for virus isolation. Viral transport swabs with viral transport medium are available from the Laboratory Stores (Ext 4377) on request.

## Influenza A/B, RSV Detection

Influenza A and B, and RSV detection is available. A nasal/nasopharyngeal swab should be submitted in viral transport medium which is available from Laboratory Stores (Ext 4377). For more details on sample collection please contact the Microbiology Medical Staff.

#### 14.6 Specimen Retention Policy

Serum and plasma specimens are currently stored frozen for one to two years. However due to deterioration and, in some instances, reduction of antibody, it is advised to send a fresh specimen when requiring further tests, unless it is within a few days' time-frame of sending the original specimen.

## 14.7 Turnaround Times

Turnaround time (TAT) is defined as the time from receipt of a specimen in the Virology laboratory until the result is reported either in the LIS or by phone. The Department aims to result 95% of all samples within the stated turnaround times. Turnaround times may be affected in certain circumstances such as infectious disease outbreaks, where certain tests may have to be prioritized to the detriment of others.

#### 14.8 Telephoning for Virology Results

Users may call the laboratory to check on results. Please note that as soon as results are authorised they may be available within the hospital on screen on the PAS system and for General Practitioners on Healthlinks. Whenever

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possible, direct access to results from the screen is preferable as recording of veis more liable to error than accessing results directly from the screen. Please no – non-medical staff will not be able to interpret results or offer any advice b require.	te that this is a read from screen service
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# 15. Out Of Hours (Emergency Service)

The out of hours service is restricted to true emergencies. The turn-around time will be adversely affected if excessive demands are made on the service.

Test I	Laboratory	Unrestricted	Restricted*
Alanine amino Transferase (ALT)	Clinical Biochemistry	<b>✓</b>	
Albumin (Blood)	Clinical Biochemistry	<b>✓</b>	
Alcohol (Ethanol	Clinical Biochemistry	✓	
Alkaline phosphatase (Alk Phos)	Clinical Biochemistry	✓	
Amikacin / Amikin <sup>1</sup>	Medical Microbiology	✓	
Ammonia	Clinical Biochemistry	✓	
Amylase	Clinical Biochemistry	✓	
APTT	Haematology	✓	
Aspartate amino Transferase (AST)	Clinical Biochemistry	✓	
Bicarbonate	Clinical Biochemistry	✓	
Bilirubin (Total and Direct)	Clinical Biochemistry	✓	
Blood Culture	Medical Microbiology	✓	
Blood Gases	Clinical Biochemistry		✓
Calcium	Clinical Biochemistry	✓	
Carbamazepine	Clinical Biochemistry		✓
Carboxyhaemoglobin	Clinical Biochemistry	✓	
Chloride	Clinical Biochemistry	✓	
Creatine Kinase (CK)	Clinical Biochemistry	✓	
Creatinine	Clinical Biochemistry	✓	
CRP	Clinical Biochemistry	✓	
CSF – Culture / Microscopy	Medical Microbiology	✓	
CSF – Glucose and Protein	Clinical Biochemistry	✓	
D-Dimers I	Haematology		✓
Differential WCC	Haematology	✓	
Digoxin	Clinical Biochemistry	✓	
ESR I	Haematology		✓
Fibrinogen	Haematology	✓	
Frozen Section	Histology		✓
Full Blood Count	Haematology	✓	
Gamma GT	Clinical Biochemistry	✓	
Gentamicin <sup>5</sup>	Clinical Biochemistry		✓
Glucose	Clinical Biochemistry	✓	
	Blood & Tissue Establishment	✓	
Group and Crossmatch			
	Blood & Tissue Establishment	✓	
Group and Hold		✓ ✓	

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Test	Laboratory	Unrestricted	Restricted*
INR	Haematology	✓	
Iron	Clinical Biochemistry	✓	
Lactate <sup>2</sup>	Clinical Biochemistry	Available at POC	
LDH	Clinical Biochemistry	✓	
Lithium <sup>3</sup>	Clinical Biochemistry	✓	
Magnesium	Clinical Biochemistry	✓	
Malaria Screen	Haematology		✓
Methotrexate	Clinical Biochemistry		✓
Osmolality	Clinical Biochemistry		✓
Paracetamol	Clinical Biochemistry	✓	
Phenytoin	Clinical Biochemistry		✓
Phosphate	Clinical Biochemistry	✓	
Potassium	Clinical Biochemistry	✓	
Protein – Total	Clinical Biochemistry	✓	
Prothrombin Time (PT)	Haematology	✓	
Reticulocyte Count	Haematology		✓
Salicylate	Clinical Biochemistry	✓	
Sickle Cell Screen	Haematology		✓
Sodium	Clinical Biochemistry	✓	
Theophylline	Clinical Biochemistry		✓
Thyroid Function Tests	Clinical Biochemistry		✓
Tobramicin <sup>1</sup>	Medical Microbiology	✓	
Transfusion Reaction Invest	Blood & Tissue Establishment		✓
Troponin T	Clinical Biochemistry	✓	
Urea	Clinical Biochemistry	✓	
Uric acid	Clinical Biochemistry	✓	
Urinary Creatinine	Clinical Biochemistry		✓
Urinary Electrolytes	Clinical Biochemistry		✓
Urinary Urea	Clinical Biochemistry		✓
Urinary Osmolality	Clinical Biochemistry		✓
Urine Microscopy and Culture <sup>4</sup>	Medical Microbiology	✓ (Paeds only)	✓ (Paeds only)
Valproate	Clinical Biochemistry		✓
Vancomycin <sup>5</sup>	Clinical Biochemistry		✓

## **Requiring Consultation**

- Referred daily to Galway Clinic. Submit before 12 noon. 1.
- Lactate is available on all Blood Gas analysers 2.
- 3. These drugs are available in "over-dose" situations only
- 4. Only paediatric urines are routinely processed post-midnight.
- 5. Available 08:00 to 20:00 only, daily

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# 16. Alphabetical Test Directory

Acanthamoeba Molecular analysis (Amoebic Keratitis)

Laboratory: Medical Microbiology: - referred to Micropathology Ltd., UK

Specimen: Corneal scraping on a dry sterile swab (available from Medical Microbiology)

Turnaround: 1 month

Report: Presence or absence of Acanthamoeba genus DNA

**ACTH** 

Laboratory: Clinical Biochemistry:
Specimen: 4.0 mL K+ EDTA blood on ice

Turnaround: 1 week
Ref. Range: On report form

**Activated Partial Thromboplastin Time (APTT)** 

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube (1.0 mL Paediatric tubes are available). Do not

refrigerate specimen. To be received in Lab within 6 hours of draw.

Comment: See Coagulation screen. Must fill bottle to mark. Can be used to monitor Heparin therapy.

Turnaround: 1 day

Ref. Range: Refer to report

Activated Protein C Resistance (APC-R) (see Thrombophillia Screen)

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube (1.0 mL Paediatric tubes are available)

Comment: Fresh specimen required. Must fill bottle to mark.

Turnaround: 5 weeks
Ref. Range: Refer to report

Adalimumab (trough levels and antibodies)

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days

Report: Drug levels (mg/L): Suboptimal (<3ug/ml), therapeutic (3-7ug/ml) and supratherapeutic drug

(>7ug/ml) levels

Antibodies: Negative = <10ngAU/ml

Adenovirus / Rotavirus Antigen

Laboratory: Medical Microbiology

Specimen: Faeces collected in acute phase of illness 1-2 g in leak proof container. Delay > 2 h refrigerate

@ 2-8°C

Comment: Rotavirus and Adenovirus are tested for in specimens from children aged less than

5 years of age.

Turnaround: 1 working day

Report: Rota / Adenovirus antigen detected / not detected

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**Adjusted Calcium** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Calculated parameter

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Adrenaline PAEDIATRICS query neuroblastoma - urine

Laboratory: Clinical Biochemistry, referred to external laboratory for analysis

Specimen: Paediatrics <12 years, only for query neuroblastoma, 20 mL urine must be acidified within 1

hour of voiding.

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 12 working days
Interpretation: As per returned report

Adrenaline - plasma

Laboratory: Clinical Biochemistry, referred to external laboratory for analysis

Specimen: Lithium Heparin Plasma, must be brought to the lab immediately for processing (within 1

hour)

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 10 working days
Interpretation: As per returned report

Alanine amino Transferase (ALT)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Albumin

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Albumin (Urine) / Microalbumin

Laboratory: Biochemistry Laboratory, Roscommon University Hospital

Specimen: Urine in plain vacutainer – part of new BD urine collection system

Comment: Date of collection must be stated on the request form.

Turnaround: See RCH TAT Ref. Range: Refer to report

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Alcohol (Ethanol)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube filled completely & delivered immediately to the laboratory.

If delay in transport to laboratory is expected, 4.0mL blood collected into a fluoride oxalate

(grey top) tube filled completely is the preferred sample.

Comment: Do not use alcohol wipes. Analysis for medical use only

Turnaround: Urgent: 1hour. All other requests: 3hours

On report form Interpretation:

**Aldosterone** 

Laboratory: Clinical Biochemistry

Specimen: 2 x 5 mL: k\*EDTA (Plasma) & Delivered to laboratory immediately. Comment: Please provide clinical/antihypertensive medication details.

Turnaround: 3 weeks

Ref. Range: On report form

Aldosterone/Plasma Renin Activity Ratio

Clinical Biochemistry Laboratory:

Specimen: 2 x 5 mL: k<sup>+</sup>EDTA (Plasma) & Delivered to laboratory immediately Comment: Please provide clinical/antihypertensive medication details

Turnaround: 3 weeks On report form Ref. Range:

**ALK Translocation (EML4-ALK translocation)** 

Laboratory: Department of Histopathology, Cytopathology and Molecular pathology

Specimen: Tissue samples already processed by the Histopathology Laboratory, arrange via consultant

pathologist.

Comment; Testing available on request by Pathologist.

Referrals: Contact the Department of Histopathology, Cytopathology and Molecular pathology on 4078

Turnaround; 5 – 10 working days after request from Pathologist received.

Report: Integral part of Histopathology report issued by Division of Anatomic Pathology, Department

of Histopathology, Cytopathology and Molecular Pathology.

Alkaline phosphatase (Alk Phos)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Allergen Specific IgE (Rast)

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in a plain gel tube. Must specify allergen according to history.

Comment: Those not performed in GUH are referred to Immunology Dept, Northern General Hospital,

Sheffield. Note restrictions in place for referral requests.

Turnaround: 7 working days 0 - 0.35 kUA/L Ref. Range:

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## Alpha-1-Antitrypsin

Laboratory: Immunology

Specimen: 5.0 mL blood in a plain gel tube

Turnaround: 5 working days
Ref. Range: 0.9 - 2.0 g/L

## **Alpha-1-Antitrypsin Phenotyping**

Laboratory: Immunology: referred to Alpha One Foundation, Beaumont Hospital, Dublin.

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: See report- including interpretative comment

## Alpha fetoprotein (AFP)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 4 working days

Ref. Range: On report form

## Alpha-1-iduronidase (Screen for Hurlers Syndrome)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 5.0 mL K<sup>+</sup> EDTA whole blood and 5.0 mL fresh urine

Comment: Specimens must be sent to the laboratory Mon – Tue am only.

Turnaround: 1-3 weeks

Ref. Range: On report form including interpretative comment

## 17-Alpha-OH-Progesterone >1 year old

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 7.0 mL blood in a plain gel tube delivered to the laboratory same day

Turnaround: 6 weeks
Ref. Range: On report form

## 17-Alpha-OH-Progesterone <1 year old

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis Specimen: Clotted whole blood collected when baby is at least 2 days old

Turnaround: 1-3 weeks Ref. Range: On report form

#### **Aluminium**

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis,

Specimen: 5.0 mL Na<sup>+</sup> heparin whole blood

Turnaround: 1-3 weeks Ref. Range: On report form

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Amikacin	
Laboratory:	Medical Microbiology: Referred to external laboratory.
Specimen:	1.0 – 5.0 mL blood in a plain gel tube
Comment:	Specify time specimen collected indicating Peak or Trough.
Turnaround:	1 day. Cut off time (12.00) for same day referral.
Ref. Range:	Post dose/Peak: 20-30 mg/L. Pre-dose/Trough: <8.0 mg/L
Amino Acids	
Laboratory:	Clinical Biochemistry: -referred to external laboratory for analysis,
Specimen:	2.0 mL Li Heparin blood, received in the laboratory within 1 hour of venepuncture
Comment:	Fully completed CHI at Temple Street Metabolic Request form (GUH Useful Resources) with
	clinical information and reason for request must accompany specimen.
Turnaround:	1 – 3 weeks
Ref. Range:	On report form
Amino Acids (Urine	e)
Laboratory:	Clinical Biochemistry: -referred to external laboratory for analysis,
Specimen:	1.0 mL plain urine specimen
Comment:	Full clinical information and reason for request must accompany specimen
Turnaround:	1 – 3 weeks
Report:	On report form
Ammonia	
Laboratory:	Clinical Biochemistry
Specimen:	4.0 mL EDTA stasis free whole blood
Comment:	Please inform laboratory in advance. Place specimen on ice and transport to the laboratory
	within 30 minutes of venepuncture
Turnaround:	Once laboratory informed in advance results will be available in 1 hour
Ref. Range:	On report form
Amoebic antibodie	es (Entamoeba histolytica; E. dispar; Amoebic liver abscess)
Laboratory:	Virology: -referred to Hospital for Tropical Diseases, London WCIE 6AU
Specimen:	7.0 mL blood in a plain gel tube
Comment:	State clinical details and onset date. Serology may take up to 2 weeks to become positive in
	amoebic liver abscess. Note that faecal sample should be tested for E. histolytica in
	suspected intestinal amoebiasis/amoebic dysentery. Available in only very specific cases and
	following prior arrangement with a Consultant Microbiologist.
Turnaround:	2 – 3 weeks
Report:	Detected/Not Detected with comment if detected.
Amphetamine	
- "	

See "Urine Drugs of Abuse Screen"

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Amylase

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent 1hour. Priority: 3hours. Routine: same day

Ref. Range: On report form

**Amylase/Creatinine Clearance Ratio (Urine)** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube plus a random urine specimen

Turnaround: 1 working day Interpretation: On report form

Androstenedione

Laboratory: Clinical Biochemistry: referred to external laboratory for analysis

Specimen: 5.0 mL blood in a plain gel tube

Turnaround: 3 week

Ref. Range: On report form

**Antenatal Serology** 

Laboratory: Blood & Tissue Establishment Specimen: 6.0 mL EDTA K²E blood

Turnaround: Within 24 h, with the exception of weekends and bank holidays and in the event of additional

testing requirement or for an antibody which requires extensive investigation

Ref. Range: N/A

**Antibody Titration** 

Laboratory: Blood & Tissue Establishment Specimen: 6.0 mL EDTA K²E blood

Turnaround: Within 1 day, with the exception of weekends and bank holidays and in the event of additional

testing or if an antibody that requires extensive investigation

Ref. Range: N/A

**Anti IgA Antibodies** 

Laboratory: Immunology: — referred to NHS Blood & Transplant, Sheffield

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

**Anti-Acetylcholine Receptor Antibodies** 

Laboratory: Immunology: – referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

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Specimen: 5.0 mL blood in a plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

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#### **Anti-Adrenal Antibodies**

Laboratory: Immunology: – referred to Immunology Dept, Northern General Hospital, Sheffield

Specimen: 5.0 mL blood in a plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

## **Anti-Beta-2 Glycoprotein-1 Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 7 working days Ref. Range: Refer to report

## **Anti-Beta-Interferon Neutralising Antibodies**

Laboratory: Immunology- referred to UCL, London.

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

## **Anti-Basal Ganglia Antibodies**

Laboratory: Immunology:-referred to UCL, London.

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

#### **Anti-Cardiac Muscle Antibodies**

Laboratory: Immunology: – referred to Immunology Dept, Northern General Hospital, Sheffield

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

## Anti Cardiolipin Antibodies (IgG, IgM cardiolipin & Beta 2 glycoprotein)

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days

Ref. Range: On report form including interpretative comment

## **Anti-CASPR2 antibodies**

Laboratory: Immunology: – referred to Immunology Dept, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube. CSF analysis also available.

Comment: Refer to anti-VGKC

Turnaround: 6 weeks

Report: Refer to report

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## **Anti CCP (Citrullinated Cyclic Peptide)**

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Comment: Requests for Anti-CCP will also be tested for Rheumatoid Factor

Turnaround: 7 working days Report: Negative <10 U/mL

#### **Anti-Centromere Antibodies**

Laboratory: **Immunology** 

Comment: Refer to Connective Tissue Disease screen

#### Anti-C1q Antibody

Laboratory: Immunology: - referred to Immunology Dept, Northern General Hospital, Sheffield

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

#### Anti-CV2/ CRMP5

Immunology: - referred to Immunology Department, Churchill Hospital, Oxford OX3 7LJ Laboratory:

5.0 mL blood in plain gel tube. CSF analysis also available. Specimen:

Turnaround: 6 weeks

## **Anti-D Quantitation**

Blood & Tissue Establishment: - referred to IBTS, St James's Street, Dublin 8 Laboratory:

6.0 mL EDTA K<sup>2</sup>E blood Specimen:

Turnaround: Test performed Tuesdays and Thursdays only

Ref. Range: N/A

#### **Anti-dsDNA Antibody**

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Comment: Only performed in the context of positive ANA

Turnaround: 7 working days Ref. Range: Refer to report

## Anti-ENA Screen (Extractable Nuclear Antigens: Sm / RNP / Ro / La / Scl-70 / Jo-1)

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 7 working days Report: Refer to report.

## **Anti-Endomysial Antibodies**

Laboratory: **Immunology** 

5.0 mL blood in plain gel tube Specimen:

Comment: IgA anti-endomysial antibody test if IgA anti-tTG screening test positive.

Turnaround: 10 working days Report: Positive/Negative

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## Anti-GABA a /GABA b (anti-glutamate receptor antibodies)

Laboratory: Immunology: – referred to Immunology Dept, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube. CSF analysis also available.

Turnaround: 6 weeks
Report: Refer to report

#### **Anti-Ganglioside Antibodies**

Laboratory: Immunology: – referred to Neuroscience Group, Institute of Molecular Medicine, John

Radcliffe Hospital, Oxford

Specimen: 5.0 mL blood in plain gel tube

Comment: As several types of anti-ganglioside antibodies occur please specify test required and provide

clinical details.

Turnaround: 6 weeks

Report: Positive/Negative

## **Anti-Gastric Parietal Cell Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 7 working days
Report: Positive/Negative

## **Anti-GBM Glomerular Basement Membrane (GBM) Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days Report: 0 - 10 U/mL

## **Anti-Glutamic Acid Decarboxylase (GAD) Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in a plain gel tube

Turnaround: 3 weeks
Ref Range: 0-9 IU/mL

#### **Anti-Glycine Receptor Antibodies**

Laboratory: Immunology: – referred to Immunology Dept, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube. CSF analysis also available.

Turnaround: 6 weeks
Report: Refer to report

## **Anti-Histone Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks

Report: Positive/Negative

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#### **Anti-IA2 Antibodies**

Immunology: - referred to Immunology Dept, Northern General hospital, Sheffield Laboratory:

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Positive: >10 IU/ml; Negative 0-10 IU/ml Report:

#### **Anti-Insulin Antibodies**

Immunology: - referred to Immunology Dept, Northern General hospital, Sheffield Laboratory:

5.0 mL blood in plain gel tube Specimen:

Turnaround: 6 weeks Ref. Range: 0-5 mg/l

## **Anti-Intrinsic Factor Antibodies**

Laboratory: **Immunology** 

5.0 mL blood in plain gel tube Specimen:

Turnaround: 5 Working days Report: 0 - 7 EliA U/ml

## **Anti-Islet Cell Antibodies**

Immunology: - referred to Immunology Dept, Northern General hospital, Sheffield Laboratory:

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Positive / Negative Report:

#### Anti-Jo-1 Antibodies

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days Report: Positive/Negative

## Anti-La (SS-B) Antibodies

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days Positive/Negative Report:

## **Anti-LGil antibodies**

Laboratory: Immunology: - referred to Immunology Dept, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube. CSF analysis also available.

Comment: Refer to anti-VGKC

Turnaround: 6 weeks Refer to report Report:

## **Anti-Liver Kidney Microsomal (LKM) Antibodies**

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 7 working days Positive/Negative Report:

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#### **Anti-Mitochondrial Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 7 working days
Report: Positive/Negative

## Anti-M2 Mitochondrial (Pyruvate Dehydrogenase) Antibodies

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks

Report: Positive/Negative

## **Anti-Mullerian Hormone (AMH)**

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 4 working days

Ref. Range: On report form

## **Anti-MUSK Antibodies**

Laboratory: Immunology: - referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 Weeks

Report: Positive/Negative

#### Anti-Myelin Associated Glycoprotein (MAG) Antibodies

Laboratory: Immunology: – referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

## Anti-Myeloperoxidase (MPO) Antibodies

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days Ref. Range: 0 - 3.5 IU/ml

## **Anti-Natalizumab (Tysabri) Antibodies**

Laboratory: Immunology: – referred to Bart's Hospital, London

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 4 weeks

Report: Positive/Negative

## **Anti-Neuromyelitis Optica Antibodies**

Laboratory: Immunology: – referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

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## **Anti-Neuronal Nuclear Cell (Hu Ri) Antibodies**

Laboratory: Immunology: – referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube

Comment: Supply clinical details and specify if other neuronal antibody tests required.

Turnaround: 6 weeks

Report: Positive/Negative

#### **Anti-Neutrophil Cytoplasmic Antibodies (ANCA)**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days
Report: Screened at 1/20

Negative / C-ANCA / P-ANCA / Atypical ANCA

Positives tested for anti-MPO and anti-PR3. See report form for interpretative comment.

## **Anti-Nuclear Antibody (ANA)**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 7 working days
Report: Screened at 1/80

Negative/Positive. Positive results titre 1/80 to  $\ge 1/1280$ . ANA Pattern reported.

## **Anti NMDA Receptor Antibodies**

Laboratory: Immunology: referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

## **Anti-Ovarian Antibodies**

Laboratory: Immunology: – referred to Immunology Dept, Northern General Hospital, Sheffield

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

## Anti-Paraneoplastic Antibodies: See anti-Hu Ri Yo

Laboratory: Immunology: – referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube. CSF analysis also available.

Comment: Supply clinical details and specify if other paraneoplastic antibody tests (CV2/CRMP5,

Ma1/Ma2, anti-amphiphysin, anti-titan abs) required.

Turnaround: 6 weeks

Report: Positive/Negative

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#### **Anti-Parietal Cell Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 Working days Report: 0-10 EliA U/ml

## **Anti-Pemphigus & Pemphigoid Autoantibodies**

Laboratory: Immunology: - referred to Immunology Dept, St James Hospital, Dublin 12

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

#### Anti-Phospholipase 2A receptor (PLA2R) antibodies

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks
Ref. Range: 0-14 RU/mL

## **Anti-Platelet antibody investigation**

Laboratory: Blood & Tissue Establishment: - referred to IBTS, St James's Street, Dublin 8

Specimen: 6.0 mL EDTA K<sup>2</sup>E blood

Turnaround: Variable Ref. Range: N/A

## Anti-Proteinase 3 (PR3) Antibodies

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days Ref. Range: 0 -2 IU/ml

## **Anti-Purkinje Cell (Yo) Antibodies**

Laboratory: Immunology: referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube. CSF analysis also available.

Comment: Supply clinical details and specify if other neuronal antibody tests required.

Turnaround: 6 weeks

Report: Positive/Negative

## **Anti-Ribosomal P Protein Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks

Report: Positive/Negative

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## Anti-Ro (SS-A) Antibodies

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days
Report: Positive/Negative

## **Anti-Salivary Gland Antibodies**

Laboratory: Immunology: – referred to Immunology Dept, Northern General Hospital, Sheffield

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

## Anti-Scl-70 (Topoisomerase 1) Antibodies

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days
Report: Positive/Negative

## **Anti-Skeletal (Striated) Muscle Antibodies**

Laboratory: Immunology: – referred to Immunology Dept, Northern General Hospital, Sheffield

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive/Negative

#### Anti-Sm (Smith) Antibody

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days
Report: Positive/Negative

## **Anti-Smooth Muscle Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 7 working days
Ref. Range: Positive/Negative

## **Anti-Soluble Liver Antigen (SLA) Antibodies**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks

Report: Positive/Negative

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# Anti-Streptolysin-O (ASO) Titre

Laboratory: Virology

Specimen: 7.0 mL blood in plain gel tube

Comment: Test indications: Suspected post-streptococcal condition e.g. glomerulonephritis, rheumatic

fever, PANDAS suspected. Available in specific cases only and by prior arrangement with a

Consultant Microbiologist.

Turnaround: 1 week

Reported in International Units. Normal Range <200 IU. Report:

# Antithrombin (see Thrombophilia Screen)

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube.

Requests should be received by the laboratory within eight hours of phlebotomy. Comment:

Details of anticoagulant therapy required. Must fill bottle to mark.

Turnaround: 5 weeks Ref. Range: Refer to report

# **Anti-Thyroid Peroxidase (TPO) Antibodies**

Laboratory: **Immunology** 

5.0 mL blood in plain gel tube Specimen:

Turnaround: 5 working days 0 - 25 IU/ml Ref. Range:

# **Anti-Thyroid Receptor Antibodies**

Laboratory: **Immunology** 

5.0 mL blood in plain gel tube Specimen:

Turnaround: 10 working days Ref. Range: Negative: <2.9 IU/I

Equivocal: 2.9-3.3 IU/I Positive: >3.3 IU/I

# Anti-Tissue TransGlutaminase (tTG) Antibodies (Coeliac Screen)

Immunology Laboratory:

Specimen: 5.0 mL blood in plain gel tube

Comment: IgA anti-tTG antibody test. If selective IgA deficiency then IgG anti-tTG test performed. Refer

to Section 11.3 for information regarding gluten intake prior and during testing.

Turnaround: 7 working days

IgA anti tTG: 0-10 IU/ml. IgG anti-tTG: 0-7 IU/ml Ref. Range:

### **Anti-U1-RNP Antibodies**

Laboratory: **Immunology** 

5.0 mL blood in plain gel tube Specimen:

Turnaround: 10 working days Report: Positive/Negative

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### **Anti-Voltage Gated Calcium Channel (VGCC) Antibodies**

Laboratory: Immunology: – referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 5.0 mL blood in plain gel tube. CSF analysis also available.

Turnaround: 6 weeks

Report: Positive/Negative

### **Anti-Voltage Gated Potassium Channel (VGKC) Antibodies**

Laboratory: Immunology: – referred to Immunology Laboratory, Churchill Hospital, Oxford OX3 7LJ.

Specimen: 4.0 mL blood in a plain gel tube. CSF analysis also available.

Turnaround: 6 weeks

Report: Positive/Negative

# Anti-Xa Level (Low M.W. Heparin Assay)

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube (2 samples required).

Comment: Requests should be received in the laboratory within one hour of phlebotomy and should be

taken 4-6 hours post dose. Please included type of LMWH. State time of the last heparin dose

on the request form and sampling time. Must fill bottle to mark.

Turnaround: 1 week

### **Anti-ZNT8 Antibodies**

Laboratory: Immunology: — referred to Immunology Dept, Northern General hospital, Sheffield

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Positive: >15U/ml; Negative <15U/ml

# **Apolipoprotein A1**

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 7.0mL blood in a plain gel tube

Turnaround: 1 week

Report: On report form

# **Apolipoprotein B**

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 7.0mL blood in a plain gel tube

Turnaround: 1 week

Report: On report form

# Arsenic (Urine)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 200mL aliquot urine (note volume of 24 h collection)

Turnaround: 3 – 4 weeks
Ref. Range: On report form

# **Ascitic Fluid - Cytology**

See "Effusions"

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# Ascitic Fluid (see Fluid / Tissue / Pus)

Laboratory: Medical Microbiology

Specimen: Fluid including clots in sterile universal container

Comment: If delay refrigerate @ 2-8°C. Turnaround: Microscopy: 1 working day

Culture: 3 working days

Report: Microscopy: Cell count, Differential and Gram stain

Culture: Any clinically significant isolate with the appropriate sensitivities

# Aspartate amino Transferase (AST)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

# Aspergillus fumigatus precipitins

Laboratory: Virology: -referred to: PHL, Cumberland Infirmary, Carlisle CAZ 7HY

Specimen: 7.0 mL blood in a plain gel tube

Comment: Test indications: suspected aspergillosis in immunocompetent patients (e.g. allergic

bronchopulmonary aspergillosis (ABPA), aspergilloma, chronic necrotising aspergillosis, aspergillus sinusitis). Available only in specific circumstances and with prior approval of a

Consultant Microbiologist.

Turnaround: 2-3 weeks

Report: Positive/Negative with comment if result positive.

#### **Aspirates - Cytology**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Cells obtained from any palpable lump/mass or cyst

Comment: Prepare immediately on site: Clearly label 2 frosted coded slides with patient name, DOB or

BN. Air dry one smear, label this slide' Air Dried', and fix the second one with cytofix spray. Wash any fluid remaining in syringe/needle into green cyto fixtative in a Universal container. In the case of pathology assisted F.N.A's this collection of specimens is performed by lab staff.

For pathologist assisted FNA, please telephone the laboratory to prebook. Ref FNA.

Turnaround: 80% by 5 working days

Report: Neoplastic / Non-neoplastic cells

# **Autoantibody Tests**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Comment: Select specific autoantibody test(s) pending clinical picture

In addition to those listed under the 'Guidelines for requesting Immunology tests' section of

handbook, other autoantibody tests may be available. Please discuss with laboratory.

Turnaround: 1-3 weeks depending on individual autoantibody and whether additional specialized test

methods required.

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AutoImmune ENA Panel – Profile includes anti-: nRNP, Sm, SS-A, Ro-52, SS-B, Scl-70, PM-Scl, Jo-1, Centromere, PCNA, dsDNA, Nucleosomes, Histones, Ribosome-P protein and AMA-M2

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks

Report: Positive / Negative

AutoImmune Inflammatory Myopathy panel includes anti-: Mi-2 alpha, Mi-2 beta, TIF1 gamma, MDA5, NXP2, SAE1, Ku, PM-Scl100 and PM-Scl75, OJ, EJ, Jo-1, PL-7, PL-12, SRP, Ro-52, HMGCR and CN1a.

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks

Report: Positive / Negative

Autoimmune Liver Disease Panel – Profile includes anti: AMA-M2 (pyruvate dehydrogenase complex), M2-3E (BPO, fusion protein of the E2 subunits of the alpha-2-oxoacid dehydrogenases of the inner mitochondrial membrane), Sp100, PML, gp210, LKM-1, LC1, SLA/LP and Ro52.

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks

Report: Positive / Negative

Autoimmune Systemic Sclerosis Panel – Profile includes anti-Scl-70, Centromere A, Centromere B, RNA Pol III(RP11 and 155), Fibrillarin, NOR 90, Th/To, PM-Scl 100, PM-Scl75, Ku, PDGFR and Ro-52

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks

Report: Positive / Negative

### Avian precipitins (Bird Fancier's Lung (BFL) disease)

Laboratory: Virology: referred to PHL, Cumberland Infirmary, Carlisle CAZ 7HY

Specimen: 7.0 mL blood in a plain gel tube

Comment: Available only in specific circumstances (investigation of ? BFL with risk factors) and with prior

approval of a Consultant Microbiologist.

Turnaround: 2 – 3 weeks
Report: Positive/Negative

Bacterial PCR (For sterile fluids and Tissues) S.aureus PCR (Mec A and CoA), Group A Streptococcus DNA, N. meningitidis DNA, Haemophilus influenzae DNA and Streptococcus pneumoniae DNA.

Laboratory: Medical Microbiology - referred to Great Ormond Street Hospital Specimen: Sterile tissue or 0.5ml of fluid in leak-proof sterile container

Comment: Available only by prior arrangement with Microbiology Medical Staff

Turnaround: 2 weeks (Verbal report available on detected targets)

Report: Targets Detected/Not Detected.

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Bartholin's Abscess (see Swab / Pus)

Laboratory: Medical Microbiology

Specimen: Aspirate or swab pus using a sterile swab in charcoal agar. If delay refrigerate @ 2-8°C

Comment: Endocervical / Urethral swabs are routinely cultured for *N. gonorrhoeae*. All other specimens

must specify N. gonorrhoeae on request if required.

Turnaround: 3 working days

Report: Culture report: Any clinically significant isolate with the appropriate sensitivities

Bartonella henselae PCR (Cat Scratch Disease)

Laboratory: Virology: -referred to Health Protection Agency, Respiratory & Systemic Infection Lab,

Colindale London NW9 5HT

Specimen: Tissue samples for 16SrRNA gene sequencing only.

Comment: By prior arrangement with Microbiology Medical Staff.

Turnaround: 2-3 weeks

Report: Detected/Not detected.

**Bartonella Serology** 

Laboratory: Virology: -referred to Rare & Imported Pathogens Laboratory (RIPL) Porton Down, Salisbury.

Specimen: Serum

Comment: Not routinely available; research only and only on discussion with Microbiology Medical Staff.

Turnaround: 2-3 weeks

Report: Detected/Not detected

**BCR-ABL** 

Laboratory: Haematology: - referred to CMD Laboratory, St James Hospital, Dublin 8

Specimen: 3 x 3.0 mL K<sup>3</sup> EDTA blood, or Bone Marrow in RPMI

Comment: Test available Monday -Thursday only. CMD request form required. Prior approval by

consultant Haematologist or registrar.

Turnaround: 120 days Ref. Range: N/A

Bence - Jones proteins (Urine Free Light Chains)

Laboratory: Immunology

Specimen: Early morning sample preferred for screening—minimum 15mls. 24h urine for quantification

and disease monitoring. Plain container no preservatives. Note: Yellow Vacuette® urine tubes

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are unsuitable. Refer to section 8.11 for 24hr sample collection details.

Turnaround: 10 working days

Report: Positive/Negative: Typing by Immunofixation. Quantification of BJP 24h output or BJP

concentration - g/l

Beta-hydroxybutyrate

See "Ketones"

Beta-2-Microglobulin

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days

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Ref. Range: < 60 years: 0.8 - 2.4 mg/l, >60 years: 0 - 3.0 mg/L

Beta-2-Transferrin Laboratory: Immunology: referred to Immunology Dept, Northern General Hospital, Sheffield Specimen: 5.0 mL blood in plain gel tube and ear/nasal discharge in universal container

Turnaround: 3 weeks

Report: Positive/Negative

**Bicarbonate** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

**Bile Acids** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube Turnaround: 1 working day Mon to Fri

Ref. Range: On report form

**Bile Fluid for culture** 

Laboratory: Medical Microbiology Sample in Plain universal Specimen:

Turnaround: 3 working days Any Growth. Report:

Bilirubin - Conjugated

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Urgent: 2 hours. Priority: 3hours. Routine: 4 working days Turnaround:

Ref. Range: On report form

**Bilirubin - Total** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

**Biopsy** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin

Comment: Health & Safety precautions Report: Histological diagnosis

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Author(s): GUH Laboratory Medicine Directorate Page 114 of 205 **BK (Polyomavirus) PCR** 

Laboratory: Virology: - referred to NVRL Specimen: EDTA whole blood; Urine

Comment: Post-transplant surveillance of renal transplant and haemopoietic stem cell recipients.

2 - 3 weeks Turnaround:

Report: Detected/not detected. Quantitative viral load available.

**Biotinidase** 

Clinical Biochemistry: - referred to external laboratory for analysis Laboratory:

Specimen: 5.0 mL Li Heparin blood

Comment: Full clinical information and reason for request must accompany specimen

Turnaround: 1 - 3 weeks Ref. Range: On report form

**Blood Culture** 

Medical Microbiology Laboratory:

Specimen: 8.0 -10.0 mL in Bactec Aerobic and Anaerobic vial, 1.0 -3.0 mL in Paediatric vial. For

Mycobacteria / Fungi use 1.0 -5.0 mL in Myco/Lytic vial

Comment: Deliver to Laboratory ASAP. Use the Chute to 411. Bactec vials MUST reach Microbiology

within 4 hours of Collection.

Turnaround: 1 week for aerobic, anaerobic and paediatric vials, 21 days for query endocarditis and 6 to 7

> weeks for MycoLytic via. Gram stain results of all new positive blood cultures are telephoned to the relevant medical team within 2 hours of positivity. Identification and susceptibility testing results will be available in 24-48 hours. Further time may be needed for results to be

returned by Reference laboratories in certain cases.

Report: Any Growth.

**Blood Film** 

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood, (1.0 mL Paediatric tubes are available)

Comment: Blood films will be made, examined and reported on patients FBC results which satisfy the

Criteria laid down by this laboratory in the guidelines 'Indications for blood film examination'. If a clinician specifically

requests a blood film which falls outside of these guidelines this will also be examined where

the request form provides clinical details.

Turnaround: Where clinical details are supplied urgent requests for blood films will receive immediate

attention. Routine differentials are reported within 1 day. For GP specimens, 2 working days.

Report:

Blood Gases (pH, pCO<sub>2</sub>, pO<sub>2</sub>, Bicarbonate, Base Excess, Total CO<sub>2</sub>)

Clinical Biochemistry. Also available on Blood Gas analysers located in A/E, ICUs, NICU, AMAU, Laboratory:

labour ward, theatre and SCU.

Specimen: Blood in a Li Heparin syringe

Comment: If delay between sample collection and arriving in the laboratory is greater than 15 minutes

send on ice.

Turnaround: 15 minutes Ref. Range: On report form

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### **Blood Product for Culture**

Laboratory: Medical Microbiology

Specimen: Bactec Blood culture vials. If delay leave on ward until collection by Porter.

Comment: Ensure labelling as per Haemovigilance procedure. Delivery by Porter if glass bottles. Store on

ward @ RT. Do not refrigerate. Plastic bottles may be sent by 'Chute'.

Turnaround: 1 week. Report: Any Growth.

# Body Cavity Fluid Cytology (Pleural, Peritoneal, Pericardial, Abdominal and Ascite Fluid).

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Collect fresh 10 - 20 mL specimens into twist top leak proof 20 mL or 50 mL Universal Specimen:

containers containing Shandon Cytospin Collection Fluid (green fixative solution). Refrigerate

overnight if necessary.

Comment: Indicate type of primary specimen and site and side of origin (e.g. left lobe BAL). Indicate

clinical history on test requisition and reason for test.

Turnaround: 80% by 5 working days

Report: Detection of neoplastic and non-neoplastic cells

### **Bone Marrow Culture**

Laboratory: Medical Microbiology

1.0 -3.0 mL in Paediatric vial. For Mycobacteria / Fungi use 1.0 -5.0 mL in Bactec Specimen:

Myco/Lytic vial.

Comment: Do not refrigerate. Plastic bottles may be sent by 'Chute'. Turnaround: 1 week for paediatric vial and 6 to 7 weeks for Myco/Lytic vial.

Report: Any Growth.

# **Bone Marrow Examination**

Laboratory: Haematology

Specimen: Bone Marrow Aspirate spread on glass slides. Aspirate and Biopsy fixed in Bouin's solution

Comment: All bone marrows are preauthorized by SPR Haematology and prearranged with both the laboratory and point of clinical activity. All BMA requests should be accompanied by an EDTA

(FBC) specimen. All requests must be accompanied by fully completed relevant request forms

for bone marrows, immunophenotyping or cytogenetics.

Turnaround:

Report: Qualitative report by Consultant Haematologist.

### Bordetella pertussis antibodies

Virology – referred to Atypical Pneumonia Unit, Colindale Avenue, London NW9 5HT Laboratory:

Specimen: 7.0 mL blood in a plain gel tube

Comment: May be used to provide evidence of vaccination or past infection; test does not determine

immunity to B. pertussis. Send at least 14 days after onset of persistent cough. Available only

in very specific cases and following prior arrangement with a Consultant Microbiologist.

Turnaround: 1-3 weeks

Report: Detected/Not detected

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### Bordetella Species (Whooping cough / Pertussis) - culture

See Whooping Cough

### Borrelia burgdorferi antibodies (Lyme Disease)

Virology. Specimens which are reactive at GUH are referred to the PHE, Rare and Imported Laboratory:

Pathogens Laboratory (RIPL), Porton Down for further testing and a final report.

7.0 mL blood in a plain gel tube. (For CSF-PCR see under Cerebrospinal Fluid) Specimen:

Comment: Clinical details essential. Samples without clinical details will NOT be tested but stored

> pending same. Patients with classical rash of erythema migrans are treated on clinical grounds without serological testing. If testing indicated, take samples 4-6 weeks after symptom onset and please state: If the patient had a tick bite and the date of the tick bite; Date of onset of symptoms and details of symptoms; If neurological and/ or ophthalmic

symptoms.

Turnaround: 1 - 2 weeks (In-house screen). Samples referred for further testing 2-3 weeks.

Report: Not Detected, if negative. A provisional report will be issued on any sample giving reactive

findings on initial testin and referred to the RIPL for further testing and a final report.

**BRAF** mutation

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Tissue samples already processed by the Histopathology Laboratory, arrange via consultant Specimen:

pathologist.

Comment; Testing available on request by Pathologist.

Referrals Contact Department of Histopathology, Cytopathology and Molecular pathology on 4078

Turnaround; 5 – 10 working days after request from Pathologist received

Integral part of Histopathology report issued by Division of Anatomic Pathology, Department Report:

of Histopathology, Cytopathology and Molecular Pathology.

**Bronchial Brush Specimen** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Sample can be spread on a glass slide, one slide may be air dried and labelled for Diff quik

stain, and one slide spray fixed. Label slides and container to include name, date of birth and

sample site.

Comment: Indicate clinical history on test requisition, and the specific site sampled.

Turnaround: 80% by 5 working days

Report: Detection of neoplastic and non-neoplastic cells. Detection of infectious organisms.

**Bronchial Wash Specimen** 

Department of Histopathology, Cytopathology and Molecular Pathology Laboratory:

Collect fresh specimens (0.5 - 50.0 mL) into twist top, leak proof 50 - 100 mL specimen cups. Specimen:

Do not add fixative but refrigerate if storage required. Transport to the laboratory, ASAP.

Refrigerate or add fixative if delay unavoidable.

Comment: Indicate clinical history on test requisition, and the reason for test.

Turnaround: 80% by 5 working days

Report: Detection of neoplastic and non-neoplastic cells. Detection of infectious organisms.

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Author(s): GUH Laboratory Medicine Directorate Page 117 of 205 Broncho Alveolar lavage fluid (BAL)/ Bronchial Washings - Culture

Laboratory: Medical Microbiology
Specimen: BAL in sterile container
Comment: If delay refrigerate @ 2-8°C.

Turnaround: 3 working days for routine culture, 6 to 7 weeks for Mycobacteria culture. All BALs are tested

for TB using GeneXpert MTB/Rif ultra. Mycobacterial microscopy/culture is not performed

unless clinical details state MOTT or NTM or are positive on gene Xpert.

Report: Culture with sensitivities, if appropriate, as well as microscopy and culture for Mycobacteria

**Broncho Alveolar lavage fluid - Cytology** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Collect fresh 0.5 – 50 mL BAL (indicate if RUL, RLL, LUL, LLL) in a twist top, leak proof

50 - 100 mL specimen container. Submit to laboratory ASAP. Refrigerate or add fixative if

delay unavoidable.

Comment: Indicate clinical history on test requisition form and reason for test.

Turnaround: 80% by 5 working days

Report: Detection of neoplastic and non-neoplastic cells. Detection of infectious organisms.

**Brucella antibodies** 

Laboratory: Virology: referred to Liverpool Clinical Laboratories, Royal Liverpool and Broadgreen

University Hospitals Trust

Specimen: 7.0 mL blood in a plain gel tube

Comment: State clinical symptoms, travel and exposure history. Antibody response may take up to 6

weeks to develop. Available only in very specific circumstances and with prior approval of a

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Consultant Microbiologist.

Turnaround: 2-3 weeks

Report: Negative/Positive.

**Bursa Fluid** 

Laboratory: Medical Microbiology
Specimen: Fluid in sterile container.
Comment: If delay refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Culture with sensitivities, if appropriate

**CA 125** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

CA 15-3

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 4 working days

Ref. Range: On report form

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CA 19-9 Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 4 working days

Ref. Range: On report form

Cadmium (Urine)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 24 hour urine collection

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 - 3 weeks Ref. Range: On report form

Caffeine

Clinical Biochemistry: - referred to external laboratory for analysis Laboratory:

Specimen: Plain clotted sample

Comment: Method not suitable for analysis in adults

Turnaround: 1 - 3 weeks Ref. Range: On report form

Calcitonin

Clinical Biochemistry: - referred to external laboratory for analysis Laboratory:

Specimen: 5.0 mL blood in a plain gel tube sent to lab immediately on ice

Comment: Send fasting specimen. Must be separated and frozen within 15 minutes of phlebotomy.

Turnaround: 1 - 3 weeks Ref. Range: On report form

Calcium

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Calcium -ionised

Clinical Biochemistry: -also available on Blood Gas analysers located in A/E, ICUs, HDU, NICU, Laboratory:

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AMAU, labour ward, theatre and SCU

Specimen: Blood in a balanced heparin syringe

Comment: Send specimen to laboratory within 15 minutes of collection

Turnaround: 15 minutes Ref. Range: On report form

Calcium (Urine)

Laboratory: Clinical Biochemistry

24 hour acidified urine collection Specimen:

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 working day Ref. Range: On report form

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#### CAL-R

See MPN Panel

#### **Cannabis**

See "Urine Drugs of Abuse Screen"

# **Carbamazepine (Tegretol)**

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Take specimen immediately before next dose (trough specimen) Comment:

Turnaround: 1 week

Therapeutic range: On report form

### **Carbapenemase Producing Enterobacteriaceae Screen**

Medical Microbiology Laboratory:

Specimen: Rectal swab in transport medium / faeces sample. Delay > 2 h refrigerate @ 2-8°C.

Comment: Restricted to specific groups of hospitalized patients. Non-hospitalized patients are screened

by prior arrangement with a Consultant Microbiologist.

3 working days. (A longer turnaround time is needed if sample is referred to the CPE Turnaround:

Reference Laboratory).

Report: CPE isolated/Not isolated.

# Carboxyhaemoglobin

Laboratory: Clinical Biochemistry

Specimen: Blood in a Heparinised syringe

Turnaround: 15 minutes Ref. Range: On report form

# **Cardiac biopsy**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions. Histological diagnosis Report:

# Carnitine, Acetyl

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis Specimen: 2 blood spots on Newborn Screening card, air dry for 2 hours

Comment: Full clinical information and reason for request must accompany specimen

Turnaround: 1 - 3 weeks

Ref. Range: On report form including interpretative comment.

# **Carnitine, Free & Total**

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 5.0 mL Li Heparin blood

Comment: Full clinical information and reason for request must accompany specimen

Turnaround:

Ref. Range: On report form including interpretative comment

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#### Carotene

See "Vitamin A"

### **Catecholamines**

See "Metanephrines", "Adrenaline", "Noradrenaline"

# Catecholamines and Metanephrines PAEDIATRIC PATIENTS < 12 YRS query neuroblastoma - Urine (Adrenaline/Noradrenaline/Dopamine/Homovanillic acid (HMMA)/Vanillylmandelic acid (VMA))

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Paediatrics <12 years, only sent for query neuroblastoma, 20 mL urine must be acidified

within 1 hour of voiding.

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 12 working days
Interpretation: As per returned report

### Catheter / Intravascular Cannulae / Tips

Laboratory: Medical Microbiology

Specimen: Lines and Tips from arterial /venous lines cut to 4 cm in sterile container.

Comment: Only send where there is evidence of infection. Urinary catheters not tested. If delay

refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Any clinically significant isolate with the appropriate sensitivities

# **Cat Scratch Disease Antibodies**

See "Bartonella Serology"

### **CD34 Viability**

Laboratory: Haematology

Specimen: Frozen sample supplied from cryobiology lab, with special request form correctly filled

Comment: Requires prior arrangement with flowcytometry

Turnaround: 1 day

Ref. Range Not available

#### CEA

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 4 working days

Ref. Range: On report form

# **Cerebrospinal Fluid (Molecular analysis for Pathogens)**

Laboratory: Medical Microbiology

Specimen: 0.5 mL CSF in plain leak-proof sterile container
Turnaround: 1 week (Verbal report available on detected targets)

Report: Targets Detected/Not Detected.

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### Cerebrospinal Fluid - Culture / Microscopy

Laboratory: Medical Microbiology

Specimen: 3 specimens in sterile containers hand delivered to Medical Microbiology without delay. Comment: If Xanthochromia is requested a CSF sample should be received in the laboratory light

protected/wrapped in tinfoil with accompanying 'CSF Xanthochromia request form' which is available in GUH Useful resources in the Biochemistry folder. Culture reported only on CSFs

with an elevated cell count.

Turnaround: Microscopy: 2 hours. Culture: 3 days.

Report: Microscopy & Culture

# Cerebrospinal Fluid – Viral PCR

Laboratory: Medical Microbiology

Specimen: 0.5 mL CSF in plain leak-proof sterile container

Comment: Available only by prior arrangement with Microbiology Medical Staff

Turnaround: 1 week (Verbal report available on detected targets)

Report: Targets Detected/Not Detected

### **Cerebrospinal Fluid - Cytology**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

3ml – 20 mL cerebral spinal fluid, lumbar puncture or ventricular tap in a 20 mL universal Specimen:

> container. Refrigerate overnight if necessary as the cells are sensitive to temperature and cellular degeneration occurs if left at room temperature for extended periods of time.

Comment: Indicate clinical history on test requisition and reason for test. Submit immediately to

laboratory. Fixative may NOT be added if specimen is to be shared with microbiology for assessment. Please submit to microbiology department directly and request Urgent personal delivery directly from Microbiology for subsequent Cytological assessment. Please note there is no on call or emergency out of hours service available in the Diagnostic Cytology laboratory. Specimens must be received by 16:00 h for same day processing. There is no weekend service

available in Diagnostic Cytology.

Note: Cytology will not be performed on a ?CJD or a CJD sample

Turnaround: 80% by 5 working days

Report: Detection of neoplastic and non-neoplastic cells. Detection of infectious organisms.

# **Cerebrospinal Fluid - Glucose**

Laboratory: Clinical Biochemistry Specimen: 1.5 mL CSF specimen

Comment: Send all CSF samples to Micro for processing, send simultaneous plasma glucose specimen

Turnaround: 1 - 3 hours

Ref. Range: CSF Glucose level is normal approximately two thirds of the plasma glucose value

# **Cerebrospinal Fluid - Lactate**

Laboratory: Clinical Biochemistry - referred to external laboratory for analysis

Specimen: 300 µL CSF in a Fluoride Oxalate tube

Comment: Advisable to contact lab in advance of taking specimen

Turnaround: 3 days

Ref. Range: On report form

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### Cerebrospinal Fluid - Neurodegenerative biomarkers (CSF Tau/Phospho Tau/ Beta amyloid)

Laboratory: Immunology – referred to Clinical Chemistry, Tallaght University Hospital

Specimen: CSF minimum 2mL required for analysis

Comment: CSF by LP; received in Blue top Sarstedt CSF Collection tube (contact lab for

supply of tubes)

Turnaround: 2-3 weeks

Report: Refer to TUH for full report

# **Cerebrospinal Fluid - Protein**

Laboratory: Clinical Biochemistry
Specimen: 1.5 mL CSF specimen

Comment: Send all CSF samples to Micro for processing

Turnaround: 1-3 hours Ref. Range: On report form

# Cerebrospinal Fluid - Oligoclonal bands and CSF IgG Index

Laboratory: Immunology

Specimen: Minimum of 0.5mL of CSF specimen **and** 5.0 mL blood in plain gel tube.

Comment: Sample must be received in the lab within 7 days of collection.

Turnaround: 3 weeks

Report: See report form including interpretative comment

# **Cerebrospinal Fluid Shunt**

Laboratory: Medical Microbiology

Specimen: 4 cm cut from line placed in a sterile container.

Comment: Only send where evidence of infection. If delay refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Any clinically significant isolate with the appropriate sensitivities

# Ceruloplasmin

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days

Ref. Range: Male: 0.15-0.3 g/l Female: 0.16-0.45 g/L

### **Cervical Swab**

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. If delay refrigerate @ 2-8°C.

Comment: Endocervical / Urethral swabs are routinely cultured for *N. gonorrhoeae*. All other specimens

must specify N. gonorrhoeae on request if required.

Turnaround: 4 working days

Report: Culture report: Any clinically significant isolate with the appropriate sensitivities.

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Chlamydia pneumoniae/C. psittaci/C. abortus PCR

Virology: -referred to UKHSA respiratory and vaccine preventable bacteria reference unit Laboratory:

(RVPBRU) Colindale

Specimen: BAL

Comment: Serological testing in which acute and convalescent blood samples are tested for antibodies

> has historically been used for psittacosis diagnosis but is no longer considered best practice and has been replaced by respiratory tract PCR diagnosis. Clinical details and risk factors

required for referral.

Turnaround: 1-2 weeks

Detected / Not Detected Report:

Chlamydia trachomatis antibodies.

Laboratory: Virology. Referred to HPA, Bristol, Specimen: 7ml blood in a plain gel tube

Comment: Infertility testing in female patients only. This test is not useful for the diagnosis of

symptomatic genital infections but may assist in the diagnosis of tubal factor infertility. If

current C. trachomatis infection is suspected please send a specimen for PCR testing.

Turnaround:

Report: Detected / Not Detected

Chlamydia trachomatis (CT) Nucleic Acid Amplification Test (NAAT) multiplex PCR - NG and on request TV.

Laboratory:

Specimen: Abbott Multicollect specimen (e.g. urine, genital, rectal, throat, conjunctiva swab) delivered

to laboratory <24 hr of collection. If delay refrigerate @ 2-8°C.

Comment: Asymptomatic and symptomatic testing as per British Association of Sexual Health & HIV

> (BASHH) guidelines 2023: First void urine recommended for anyone with a penile urethra; Vulvovaginal swabs recommended for anyone who has a vagina; Throat, rectal, conjunctival

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swabs guided by history. See specimen collection guidance to minimise invalid results.

Turnaround: 10 working days

Report: Detected /Invalid/ Not Detected

Chloride

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Chloride (Urine)

Laboratory: Clinical Biochemistry Specimen: 24hr urine collection Turnaround: 1 working day Ref. Range: On report form

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Cholesterol

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Ideally a patient should fast for 12 hours. However, if a patient is unable or unwilling to fast

for 12 hours a specimen taken after a 9 hour fast is acceptable

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

ESCG Target Value: Standard <5.0mmol/L High-Risk <4.0mmol/L

**Cholesterol/HDL Ratio** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Calculated parameter

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Interpretation: High risk >5.0, desirable <3.5.

**Cholinesterase Phenotyping** 

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

Specimen: 4.0 mL K<sup>+</sup> EDTA blood

Turnaround: 1-3 weeks

Report: On report form including interpretative comment

Chromogranin A/B

Laboratory: Clinical Biochemistry: referred to external laboratory for analysis

Specimen: 4.0mL K+ EDTA, on melted ice

Turnaround: 1-3 weeks
Ref. Range: On report form

**Chromosomal Analysis** 

Refer to Cytogenetic

Citrate (Urine)

Laboratory: Clinical Biochemistry: referred to external laboratory for analysis.

Specimen: 24 hr plain urine collection acidified by the lab on arrival. For paediatric patients, a spot urine

acidified by the lab on arrival will be sufficient.

Turnaround: Approximately 2 weeks. Reference Interval: On report if applicable.

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### Clostridium difficile Toxin B gene detection

Laboratory: Medical Microbiology

Specimen: Faeces 1-2 g during acute phase of illness in leak proof laboratory container. If delay 24h

refrigerate @  $2-8^{\circ}$ C. > 72 h – freeze @  $-20^{\circ}$ C.

Comment: C. difficile requests are appropriate in particular in hospitalized patients who have developed

diarrhoea while receiving antimicrobial agents.

Turnaround: 5 working days

Report: C. difficile toxin B gene Detected/ Not Detected

An additional test, for detection of Clostridium difficile toxin, will be performed on all stools

which have C. difficile toxin gene detected. This will be reported as

C. difficile toxin Detected/ Not Detected including relevant interpretative comments.

### Clozapine (Clozaril)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 7.0 mL K<sup>+</sup> EDTA blood

Turnaround: 1 – 3 weeks
Therapeutic Range: On report form

### Coagulation Factor Assays (incl Factors - II, V, VII, VIII:C, IX, XI, XII, and FX)

Laboratory: Haematology

Specimen: 2 x 2.7 mL blood specimens in 0.109m Sodium Citrate tubes, (1.0 mL Paediatric tubes are

available).

Comment: Prior arrangement with the coagulation laboratory, contact 091 544995. It is important that

the specimen container is filled to the mark.

Turnaround: 1 day for routine specimens. Specimens with emergency form 2 hours, in consultation with

the Laboratory. Telephoned requests for faster turnaround time can be accommodated

when specifically requested.

Ref. Range: See individual assay

# **Coagulation Factor XIII**

Laboratory: Haematology: referred to NCHCD, St James's Hospital

Specimen: 2 x 2.7 mL blood specimens in 0.109m Sodium Citrate tubes, (1.0 mL Paediatric tubes are

available).

Comment: Prior arrangement with the coagulation laboratory, contact 091 544995. It is important that

the specimen container is filled to the mark.

Turnaround: 4 weeks

Ref. Range: Refer to report

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**Coagulation Screen** 

Laboratory: Haematology

Specimen: 2.7 mL blood specimens in 0.109m Sodium Citrate tubes, (1.0 mL Paediatric tubes are

available). Do not refrigerate specimen. To be received in lab within 6 hours of draw.

Comment: Profile includes, PT, INR, derived Fibrinogen and APTT. Details of anticoagulant therapy

required. Must fill bottle to mark. INR is used to monitor warfarin. APTT may be used to

monitor Heparin therapy.

Turnaround: 1 day for routine specimens. Specimens with emergency card 2 hours. Telephoned requests

for faster turnaround time can be accommodated when specifically requested.

Ref. Range: Refer to report

Cocaine

See "Urine Drugs of Abuse Screen"

**Coeliac Screen** 

See 'Anti-Tissue TransGlutaminase (tTG) Antibodies'

**Cold Agglutinins** 

**Blood & Tissue Establishment** Laboratory:

6.0 mL EDTA K<sup>2</sup>E blood Specimen:

Specimen needs to be transported to the Blood & Tissue Establishment in a flask at 37ºC Comment:

before 15.30

Turnaround: Within 12 h

Ref. Range: N/A

**Complement: C1 Esterase Inhibitor** 

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days 0.15 - 0.43 g/LRef. Range:

**Complement: C1 Esterase Inhibitor Functional Assay** 

**Immunology** Laboratory:

Specimen: 5.0 mL blood in plain gel tube.

Must arrive in Immunology on the same day it was taken. Time and date of collection must Comment:

be stated on request form

Turnaround: 5 weeks Ref. Range: 70-130%

Complement: C1q

Immunology: - referred to Immunology Dept, Northern General Hospital, Sheffield Laboratory:

Specimen: 5.0 mL blood in plain gel tube

Comment: Specimen referred for testing if CH100 functional activity is abnormal.

Turnaround: 11 weeks Ref. Range: Refer to Report

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### Complement: C2/C5/C6/C7/C8/C9

Immunology: - referred to Immunology Dept, Northern General Hospital, Sheffield Laboratory:

Specimen: 5.0 mL blood in plain gel tube

Comment: Only if abnormal CH100 or CH100A Functional Activity

Turnaround: 6 weeks

Ref. Range: On report form including interpretative comment

#### Complement: C3/C4

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days

Ref. Range: C3:  $0.75 - 1.86 \, g/L$ 

> 0.13 - 0.49 g/LC4:

# **Complement: C3 Nephritic Factor**

Laboratory: Immunology: - referred to Immunology Dept, Northern General Hospital, Sheffield

Specimen: 5.0 mL blood in plain gel tube

6 weeks Turnaround:

Report: Positive/Negative

### Complement: Functional Activity CH100 (Total) and CH100A (Alternate Pathway)

Laboratory: **Immunology** 

5.0 mL blood in plain gel tube Specimen:

Must arrive in Immunology within 6 hrs of collection. Time and date of collection must be Comment:

stated on the request form.

Turnaround: 5 weeks

Refer to report form Ref. range:

# **Conjunctivitis (Bacterial Culture)**

Laboratory: Medical Microbiology

Specimen: Swab of conjunctiva in transport medium

Comment: If delay refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Culture report: Any clinically significant isolate with the appropriate sensitivities.

### Conjunctivitis (Chlamydia trachomatis)

# See Chlamydia trachomatis (CT) Nucleic Acid Amplification Test (NAAT) multiplex PCR

# **Connective Tissue Disease Screen (CTD)**

Laboratory: **Immunology** 

5.0 mL blood in plain gel tube Specimen:

Turnaround: 5 working days Ref. Range: Negative: <1.0

Positive: >1.0. Positive CTD screen results will have further testing for ANA (by indirect

immunofluorescence), anti-ENA and anti-dsDNA.

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Copper

Laboratory: Clinical Biochemistry: referred to external laboratory for analysis

Specimen: 7.0 mL blood in a Na<sup>+</sup>. EDTA trace element tube (available from Clinical Biochemistry lab).

Turnaround: 3weeks
Ref. Range: On report form

Copper (Urine)

Laboratory: Clinical Biochemistry: referred to external laboratory for analysis

Specimen: 24 hour urine sample

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 – 3 weeks
Ref. Range: On report form

**Corneal Scrapings / Intraocular Fluids** 

Laboratory: Medical Microbiology

Specimen: Pre-inoculated media available from lab/ If sufficient fluid use sterile container.

Comment: Contact Laboratory to collect fresh culture plates and slide for corneal scrapings. Deliver to

Laboratory immediately.

Turnaround: 5-7 days

Report: Clinically significant isolate with the appropriate sensitivities

Cortisol

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 4 working days

Ref. Range: On report form

**Cortisol (Urine)** 

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 24 hour urine collection

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 – 3 weeks
Ref. Range: On report form

**COVID-19 see SARS** 

See "SARS CoV-2 (PCR)"

Coxiella burnetii IgM Antibodies (Q fever)

Laboratory: Virology: referred to the Rare and Imported Pathogens Reference Laboratory

Specimen: 7.0 mL blood in a plain gel tube

Comment: Include date of onset of symptoms and clinical details. If there is a clinical suspicion of

chronic infection, please discuss with a consultant microbiologist.

Turnaround: 2-3 weeks.

Report: See reference lab report including interpretative comment.

**Coxsackie B Virus** 

See "Enterovirus"

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**C** Peptide

Laboratory: Clinical Biochemistry

Specimen: 7.0mL fasting blood in a plain tube delivered immediately to the laboratory

Turnaround: 1 week. Ref. Range: On report form

**Creatine Kinase (CK)** 

Clinical Biochemistry Laboratory:

7.0 mL blood in a plain gel tube Specimen:

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Creatinine

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Creatinine (Urine)

Clinical Biochemistry Laboratory: Specimen: 24 hour urine sample

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 working day Ref. Range: On report form

**Creatinine Clearance** 

Laboratory: Clinical Biochemistry

Specimen: 24 hour urine in plain container and 7.0mL blood in plain gel tube taken at some point during

the urine collection. It is important that the blood and urine are received in the laboratory as

a matched pair.

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 working day Ref. Range: On report form

Interpretation: Creatinine clearance may be higher during normal pregnancy due to glomerular

hyperfiltration.

Creutzfeldt - Jakob disease (CJD, 14-3-3 RT-Quic)

Laboratory: Medical Microbiology: Referred to Beaumont Hospital and then onwards to Edinburgh

Specimen: 2 - 5mls of CSF

Comment: Available only in very specific circumstances and with prior approval of a Consultant

Microbiologist.

Turnaround: 3 - 6 weeks Report: Positive/Negative

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**CRP (C Reactive Protein)** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

Cryoglobulins

Laboratory: **Immunology** 

10.0 mL blood in plain tube (provided by lab), 10.0 mL EDTA blood, transported immediately Specimen:

at 37°C. Contact laboratory who will provide suitable flask for transport of sample at 37°C.

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Refer to Section 11.9 for detailed instructions on sample collection.

Comment: Requests accepted Mon – Thurs 8h-16h. Friday 8h -13h.

Turnaround: 8 working days

Report: Positive/Negative. If positive then quantified by Cryocrit and typed by Immunofixation

**Cryptococcal Antigen** 

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Comment: Infection with Cryptococcus neoformans typically associated with immunosuppression.

Please state clinical details, symptoms, date on onset.

Turnaround: 1 week unless discussed as urgent test.

Report: Detected/Not Detected

**Cryptosporidium spp** 

Laboratory: Medical Microbiology

Faeces 1-2 g during acute phase of illness in leak proof Laboratory container. If delay Specimen:

refrigerate @ 2-8°C.

Comment: Cryptosporidium spp is tested routinely on all outpatients.

Turnaround: 2 working days

Report: Cryptosporidium DNA detected /Not detected.

**Crystals for Uric acid assessment** 

See Joint Aspirates Department of Histopathology, Cytopathology and Molecular Pathology

CSF - Culture & Microscopy / Glucose / Protein / Lactate

See "Cerebrospinal Fluid - Culture & Microscopy / Protein / Glucose / Lactate"

CSF- Cerebrospinal Fluid- Cryptococcal Antigen(CrAg)

Laboratory: Medical Microbiology

Specimen: CSF (150uls) Turnaround: 1 working day

Result Cryptococcal Antigen(CrAg) Detected/Not Detected

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### **CSF- Cerebrospinal Fluid- Flow Cytometry**

Laboratory: Haematology

Specimen: Transfix tube which must be collected from flowcytometry dept prior to lumbar puncture. If

> this is not available use RPMI prepared by the flowcytometry dept which uses an accurate volume of 2ml RPMI added to the CSF container. Collect between 1.5 - 2.0ml of CSF into the transfix and mix by inversion 5-10 times. CSF sample must be transported immediately to the

flow cytometry laboratory where processing begins.

Requests for flow cytometry tests should only be received Monday –Thursday between 9am Comment:

and 5pm unless prior arrangements have been made with Flow Cytometry.

Prior arrangement is required with flowcytometry for CSF analysis. Samples must be returned directly after sampling, to the flow cytometry lab. Full clinical information and reason for

request must accompany specimen

Turnaround: 3-5 working days

Ref. Range: Interpretation by Consultant Haematologist on report form.

### CSF – Oligoclonal bands and CSF IgG Index

See "Cerebrospinal Fluid - Oligoclonal bands and CSF IgG Index"

### **CSU – Catheter Urine**

Medical Microbiology Laboratory:

Specimen: Specimen of Urine in Urine vacuum tube container.

Comment: Contact Laboratory Medical staff as routine submission of CSU is not appropriate. If delay

refrigerate @ 2-8°C.

Turnaround: Microscopy: 4 hrs for Urines received 8am to 12 midnight. Paeds Urines only processed post-

midnight. Culture 3 working days.

Report: Microscopy: Cell count& Culture and sensitivities if appropriate

**Curettings** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Submit specimen to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions Report: Histological diagnosis

Cyanide

Clinical Biochemistry: - referred to external laboratory for analysis Laboratory:

Specimen: 24 hour urine collection

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 - 3 weeks Ref. Range: On report form

# Cyclosporin (Neoral)

Laboratory: Clinical Biochemistry Specimen: 4.0 mL K<sup>+</sup> EDTA whole blood

Comment: Collect sample pre-dose. State date/time of sample collection clearly on request form.

Turnaround: 1 week

Patient specific Ref. Range:

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### **Cystic Fibrosis – Genetic Test**

Laboratory: Immunology: – referred to Department of Clinical Genetics, CHI, Crumlin, Dublin.

Specimen: 5.0 mL EDTA whole blood.

Comment: It is mandatory for all requests to be accompanied by a fully completed CHI Genetic request

form. It is critical the informed consent section is completed. Testing will not be carried out if forms are not completed fully. A CF patient information request form (CF PID), may be submitted, CHI request forms can be download from <a href="https://www.childrenshealthireland.ie">https://www.childrenshealthireland.ie</a>

Turnaround: Up to 10 weeks

Report: Refer to report- including interpretative comment

#### **Cyst Fluid**

Department of Histopathology, Cytopathology and Molecular Pathology. Please refer to Aspirates/ effusions

### Cytogenetics: Chromosome Analysis / Karyotyping Adults (age >18 years)

Laboratory: Immunology: - referred to Eurofins Biomnis (Mon – Fri service). .

Specimen: 5.0 mL of blood in Lithium Heparin tube (to be kept at room temperature only)

Comment: Eurofins Biomnis request form to be submitted with samples for testing (available at

https://www.eurofins.ie/biomnis/test-information/test-request-forms)

Clinical details must be provided.

Turnaround: 15 working days

Report: Refer to report- including interpretative comment

# Cytogenetics: Chromosome Analysis / Karyotyping Paediatric (age <18 years)

Laboratory: Immunology: - referred to Department of Clinical Genetics, CHI, Crumlin

Specimen: 2.0 mL of blood in Lithium Heparin tube (to be kept at room temperature only)

Comment: Sample preferably to arrive in lab by 12:00 on Thursdays for transport to DCG

It is mandatory for all requests to be accompanied by a fully completed CHI Genetic request form. It is critical the informed consent section is completed. Testing will not be carried out if forms are not completed fully. CHI request forms can be download from

https://www.childrenshealthireland.ie

Turnaround: 2 -4 months

Report: Refer to report- including interpretative comment

# Cytogenetics: Microarray / aCGH

Laboratory: Immunology: - referred to Department of Clinical Genetics, OLCH, Crumlin

Specimen: 5.0 mL of blood EDTA

Comment: It is mandatory for all requests to be accompanied by a fully completed CHI Genetic request

form. It is critical the informed consent section is completed. Testing will not be carried out if forms are not completed fully. CHI request forms can be download from

https://www.childrenshealthireland.ie

Turnaround: Up to 5 weeks

Report: Refer to report- including interpretative comment

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Cytomegalovirus (CMV - PCR)

Laboratory: Virology: - referred to the National Virus Reference Laboratory, Dublin

Specimen: 8ml K2EDTA Greiner tube; Tissue biopsies; Urine. Specimens must be delivered directly to a

staff member in the Virology laboratory within 24 hours of phlebotomy.

Comment: Clinical details essential. Surveillance of patients at risk of active CMV infection / disease,

monitoring response to immune suppression dose reduction and/or antiviral therapy, or suspected active/primary CMV infection. Organ or BMT recipient, immunocompromised

host, congenital CMV infection (CMV hearing, code "MCMH")

Turnaround: 1-3 weeks

Report: Detected/Not Detected. Quantitative assay: IU/mL / log10 IU/mL

Cytomegalovirus (CMV) IgM Antibody

Laboratory: Virology

Specimen: 7.0 ml blood in a plain gel tube

Comment: Please provide clinical details re symptoms, pregnancy, immunosuppression. IgM detection

may signify primary CMV infection or reactivation. Blood transfusions or other blood

products within past several months may affect results.

Turnaround: 1-2 days

Report: Detected / Not Detected (CMV IgG testing may also be required to interpret)

Cytomegalovirus (CMV) IgG Antibody

Laboratory: Virology

Specimen: 7.0 ml blood in a plain gel tube

Comment: Please provide clinical details re symptoms, pregnancy, immunosuppression. IgG detection

signifies previous CMV infection. Further testing e.g. IgM, avidity, PCR testing may be

indicated in some instances pending clinical discussion.

Turnaround: 1-2 days

Report: Detected / Not Detected

**Cytotoxic Antibodies (solid organ transplantation)** 

Laboratory: Immunology: - referred to Tissue Typing Laboratory, Immunology, Beaumont Hospital,

Dublin.

Comment: Discuss with tissue typing lab in Beaumont

Specimen: 5 ml blood in plain gel tube

Turnaround: 4 weeks

Ref range: Refer to report, issued by Beaumont.

**D-Dimers** 

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube. Specimen must be tested within 24 hours of

draw. One specimen sufficient for D-Dimer and Coagulation screen. D-Dimer can be added onto a Coagulation screen request that is less than 24 hours old by telephone or by request

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form.

Turnaround: 1 day routine specimens. Specimens received on emergency form 2 hours.

Ref. Range: Refer to report

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Dengue fever Antibodies - Must discuss with consultant Microbiologist

Virology: -referred to the National Virus Reference Laboratory, Dublin. Laboratory:

Specimen: 7.0 mL blood in a plain gel tube.

Comment: Available only if clinical details and travel history provided.

Turnaround: 1 - 3 weeks

Report: Detected/Not detected

**Dermatophytosis** 

Medical Microbiology Laboratory:

Specimen: Hair, Nail clippings, skin scrapings in Dermapak.

Comment: Refer to Medical Microbiology section for collection & transport. If delay store at room

temperature.

Turnaround: Microscopy: 1 week. Culture: 5 to 6 weeks.

Report: Microscopy & Culture

**DHEA Sulphate** 

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 7.0 mL blood in a plain tube

Comment: Assay only available by request from Endocrine Team or by prior agreement with Dr. Damian

Griffin/Dr. Verena Gounden

Turnaround: 3 weeks Ref. Range: On report form

Digoxin

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Take specimen six hours post dose, Hypokalaemia is associated with an enhanced response

to digoxin. Potassium should always be measured when digoxin toxicity is suspected.

Turnaround: Urgent: 1hour. All other requests: same day

Therapeutic Range: On report form

Dihydropyrimidine Dehydrogenase (DPD) Activity

Clinical Biochemistry: referred to external laboratory for analysis, Laboratory:

Specimen: K<sup>+</sup> EDTA blood Turnaround: 1 - 3 weeks Report: See report form

Diphtheria (Culture of Throat swab)

Laboratory: Medical Microbiology

Specimen: Swab in charcoal medium. If delay refrigerate @ 2-8°C.

Comment: Contact Laboratory prior to sending swab to ensure fresh media is present.

Turnaround: 1 week

Report: Culture Report: Any clinically significant isolate with the appropriate sensitivities

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**Direct Coombs Test** 

Laboratory: Blood & Tissue Establishment Specimen: 6.0 mL EDTA K<sup>2</sup>E blood

Turnaround: 1 hour Ref. Range: N/A

**Dopamine** 

Laboratory: Clinical Biochemistry, referred to external laboratory for analysis

Specimen: Paediatrics <12 years, only sent for query neuroblastoma, 20 mL urine must be acidified

within 1 hour of voiding.

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 12 working days
Interpretation: As per returned report

**Duodenal Aspirate** 

Laboratory: Medical Microbiology

Specimen: Fluid in sterile universal container Comment: If delay refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Culture Report: Any clinically significant isolate with the appropriate sensitivities.

Duodenal Smear for Giardia intestinalistrophozoites.

Laboratory: Medical Microbiology

Specimen: Smear on slide. If delay refrigerate @ 2-8°C.

Turnaround: 1 week

Report: Giardia intestinalis detected / not detected

**Ear Swab** 

Laboratory: Medical Microbiology

Specimen: Swab any pus or exudate with in transport medium

Comment: If delay refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Culture Report: Any clinically significant isolate with the appropriate sensitivities

**Echinococcus (Hydatid cyst) antibodies** 

Laboratory: Virology: -referred to Hospital for Tropical Diseases, London WCIE 6AU

Specimen: 7.0 mL blood in a plain gel tube

Comment: If compatible exposure history and evidence of cystic lesion(s) in an organ (esp. liver)

Turnaround: 2 – 3 weeks
Report: Positive/Negative

**Ecstasy** 

See "Urine Drugs of Abuse Screen"

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**Effusions** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Collect 10-20 ml fresh specimen into a twist top leak proof 20ml or 50 ml sample bottle

containing Shandon Cytospin collection fluid (green fixative solution available from

Laboratory). Refrigerate overnight if necessary

Comment: Indicate clinical history on test requisition, and reason for test. Do not submit drainage bags

or large volumes of fluid for disposal in Laboratory

Turnaround: 80% by 5 working days.

Report: Detection of neoplastic and non-neoplastic cells

eGFR

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in plain gel tube

Turnaround: Urgent: 1 hour. Priority: 3 hours. Routine: 4 working days

Comment: Calculated parameter Interpretation: On report form

**EGFR Mutation analysis** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Tissue samples already processed by the Histopathology Laboratory, arrange via consultant

pathologist.

Comment; Testing available on request by Pathologist.

Referrals Contact the Department of Histopathology, Cytopathology and Molecular pathology on 4078

Turnaround; 5-10 working days after request by Pathologist received.

Report: Integral part of Histopathology report issued by Division of Anatomic Pathology, Department

of Histopathology, Cytopathology and Molecular Pathology.

**Electron Microscopy** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Fresh tissue required for referral to external laboratory.

Comment: Discuss with appropriate Consultant Histopathologist at least 24 hours in advance of surgery.

Report: Histological diagnosis

**Endocervical Swab** 

Laboratory: Medical Microbiology
Specimen: Swab in transport medium

Comment: Endocervical / Urethral swabs are routinely cultured for N. gonorrhoeae. If delay refrigerate

@ 2-8°C.

Turnaround: 3 working days

Report: Culture Report: Any clinically significant isolate with the appropriate sensitivities.

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Enterobius vermicularis (Sellotape slide for Pinworms)

Laboratory: Medical Microbiology

Specimen: Apply sellotape to anal area at night or early morning, fix to slide, send to Laboratory. If delay

refrigerate @ 2-8°C.

Turnaround: 2 working days

Report: Presence or Absence of *E. vermicularis*.

**Enterovirus (PCR)** 

Laboratory: Medical Microbiology

Specimen: 0.5 mL CSF in plain leak-proof sterile container; (Stool, respiratory secretions, blood (8ml

K2EDTA Greiner tube), vesicular fluid

Comment: On Consultant Microbiologist request. Serology is NOT available. Please state clinical

details; date of onset and if recent travel.

Turnaround: 1 week

Report: Enterovirus RNA: Detected/ Not Detected.

Epstein – Barr Virus (EBV) Antibodies

Laboratory: Virology:

Specimen: 7.0 mL blood in a plain gel tube

Comment: Infectious Mono investigation - also consider testing for HIV, CMV and Toxoplasmosis.

Provide clinical details to enable result interpretation. Turnaround: 1-2 days

Report: Detected/Not Detected

Epstein - Barr Virus (EBV) PCR

Laboratory: Virology: - referred to the National Virus Reference Laboratory, Dublin

Specimen: 8ml K2EDTA Greiner tube Specimens must be delivered directly to a staff member in the

Virology laboratory within 24 hours of phlebotomy

Comment: Used to monitor transplant patients for primary or reactivated EBV infection and to elucidate

suspected primary EBV infection in immunocompetent individuals. In very specific situations

it can be used to monitor patients with EBV-associated tumours.

Turnaround: 1-3 weeks

Report: Detected/Not Detected

**Erythropoietin** 

Laboratory: Haematology: Referred to MedLab Pathology.

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 2 weeks
Ref. Range: Refer to report

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# **ESR (Erythrocyte Sedimentation Rate)**

Laboratory: Haematology

Specimen: Minimum 2mls blood in EDTA purple top tube for ESR and FBC.

Paediatric FBC and ESR request require a 3 ml Adult EDTA purple top tube.

Comment: Requests should be received by the laboratory within 24 hours of phlebotomy.

Turnaround: 1 day routine specimens. Telephoned requests for faster turnaround time can be

accommodated on particularly urgent specimens

Ref. Range: Refer to report

# **Ethylene Glycol**

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

Specimen: EDTA, Li. Heparin or plain non-gel tube

Comment: Contact Dr. Damian Griffin/Dr Verena Gounden who will advise as to the necessity for having

the assay referred as an emergency

Turnaround: Arranged for each assay

Ref. Range: On report form

### **Extended Spectrum Beta Lactamase (ESBL) culture**

Laboratory: Medical Microbiology

Rectal swab in transport medium/Faeces sample. Delay > 2 h refrigerate @ 2-8°C. Specimen:

Comment: Restricted to specific groups of hospitalized patients. Non-hospitalized patients are screened

by prior arrangement with a Consultant Microbiologist.

Turnaround: 3 working days

Report: ESBL isolated / not isolated

#### **Eye Swab**

Laboratory: Medical Microbiology

Swab in transport medium (charcoal) Specimen:

Comment: If delay refrigerate @ 2-8°C.

Turnaround: 3 working days (4-5 days in case of Neisseria gonorrhoea culture in Neonatal Eye swabs

<4weeks)

Culture Report: Any clinically significant isolate with the appropriate sensitivities. Report:

# Fabry's Disease

Clinical Biochemistry-Referred to External Laboratory for Analysis Laboratory:

Two 5.0 mL K+ EDTA blood, fully filled. Specimen:

Comment: Consent may be required if additional testing is performed

Turnaround: 4 weeks Report: On Report Form

# **Factor Inhibitor Studies**

Laboratory: Haematology

Specimen: 3 x 2.7 mL blood in a 0.109m Sodium Citrate tube

Comment: Prior arrangement with coagulation laboratory necessary. Must fill bottle to mark.

Turnaround: 1 week Ref. Range: N/A

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Author(s): GUH Laboratory Medicine Directorate Page 139 of 205 **Factor V Leiden Mutation** 

Laboratory: Haematology: referred to NCHCD, SJH, Dublin

Specimen: 5.0 ml blood in EDTA tube

Comment: APCR <2 or positive lupus only will be sent to SJH for testing. This must be written on the

Haematology request form. A signed patient consent form for genetic testing is required by

the laboratory before analysis can be processed.

Turnaround: 4 weeks Ref Range: N/A

**Faecal Elastase** 

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

Specimen: 100 mg minimum formed faeces sample

Turnaround: 1 – 3 weeks
Ref. Range: On report form

Faeces - Molecular analysis, Microscopy, Culture and Antigen Detection

Laboratory: Medical Microbiology

Specimen: 1-2 g faeces collected in acute phase of illness in leak proof container. If delay refrigerate @

2-8°C

Comment: Shigella Spp. survival may be compromised @ 2-8°C – delay reduces isolation

Turnaround: 3 working days

Report: Molecular: Bacterial DNA Detected/Not Detected. Culture: When Salmonella DNA or

Shigella/EIEC DNA is detected. Referral to Cherry Orchard when VTEC DNA is detected.

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Farmers Lung Antibodies (Micropolyspora Faenii)

Laboratory: Virology: - referred to PHL, Cumberland Infirmary, Carlisle CAZ 7HY

Specimen: 7.0 mL blood in a plain gel tube

Comment: Available only in specific circumstances and with prior approval of a Consultant

Microbiologist.

Turnaround: 2-3 weeks

Report: Detected/Not detected

FDP's (Fibrinogen degradation products)

Laboratory: Haematology

Specimen: 2.0 mL blood in special FDP bottle supplied on request by coagulation laboratory

Comment: Must fill bottle to mark

Turnaround: 1 day

Ref. Range: Refer to report

**Ferritin** 

Laboratory: Haematology

Specimen: 5.0 mL blood in a plain gel tube. Specimen to be received within 24hrs of phlebotomy for

whole blood and 3 days if sample spun.

Turnaround: 4 days

Ref. Range: Refer to report

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### **Filaria Antibodies**

Laboratory: Virology: -referred to Hospital for Tropical Diseases, London WCIE 6AU

Specimen: 7.0 mL blood in a plain gel tube

Comment: Available only in specific circumstances and with prior approval of a Consultant

Microbiologist.

Turnaround: 2 – 3 weeks
Report: Positive/Negative

# **Fine Needle Aspiration Biopsy - FNAB**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit specimen to laboratory in 10% Neutral Buffered Formalin.

Turnaround: 80% by 5 working days
Report: Histological diagnosis

# Fine Needle Aspirates (FNAS) of breast, thyroid, axilla, parotid, submandular, lymph node and cysts.

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Superficial and deep seated lesions. Deep seated lesions that need ultrasonic, CT or

fluoroscopic guidance may be required. Use a 22 – 25 gauge fine needle and a 10 – 20 mL syringe for collection of specimen. Clearly label two frosted glass slides with patients name, DOB, and /or BN. Prepare thin even smears. For optimal diagnosis, air dry one slide for diff quik stain, please label as 'Air Dried. Immediately after preparation, spray a complete even coating of Cell-Fixx onto the other slide(s) from a distance of 25 – 30 cm (10 – 12 inches). Fixed slides should be labelled in pencil with patient Name DOB and or BN. Labelling should be carried out before spray fixing. Fixed and air dried slides should be placed in slide mailers clearly labelled on the outside with patient's addressograph. Needle wash may be collected into Shandon Cytospin Collection Fluid in a Universal container green fixative solution and submitted to the laboratory for processing. Please indicate exact location of sample site on request form and specimen container. Pathologist assisted FNAs must be prebooked by contacting the laboratory office ext.: 4078/4492 or Cytology laboratory Prep ext. 4883.

Contact with Pathologist rostered on Cytology may also be made via switchboard.

Comment: Additional Sample may be taken for Flow cytometry if clinically indicated

Turnaround: 80% by 5 working days

Report: Correlated with clinical presentation. Allow on site evaluation, rapid turnaround time.

### **Flecainide Acetate**

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 4.0 mL blood in a non-gel tube

Turnaround: 1 – 3 weeks
Target Range: On report form

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Flow Cytometry (Immunotyping of Leukaemias and Lymphomas)

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood or Bone Marrow aspirate in EDTA or Lymph Node Biopsy in RPMI

Comment: Prior arrangement with consultant Haematologist or SPR

Requests for flow cytometry tests should only be received Monday -Thursday between 9am

and 5pm unless prior arrangements have been made with Flow Cytometry.

Turnaround: 3 - 5 days

Report: Contact Consultant Haematologist.

FLT3 – Mutation

Haematology: -referred to CMD Laboratory, St James Hospital, Dublin 8. Laboratory:

Specimen: 3.0 mL K<sup>3</sup> EDTA blood, or Bone Marrow in RPMI.

Comment: Arrange through Haematology Registrar, or Consultant Haematologist. Requires CMD request

form.

Turnaround: 1 Month

Report: See report form.

Foetus

Laboratory: Refer to Autopsy Section

Folate (Serum)

Laboratory: Haematology

Specimen: 5.0 mL blood in a plain gel tube. Specimen to be received within 24hrs of phlebotomy for

whole blood and 2 days if sample spun.

Turnaround: 4 days

Ref. Range: Refer to report

Fragile X Chromosome

Laboratory: Immunology: - referred to Department of Clinical Genetics, CHI, Crumlin

Specimen: 5.0 mL blood in EDTA tube

Comment: It is mandatory for all requests to be accompanied by a fully completed CHI Genetic request

> form. It is critical the informed consent section is completed. Testing will not be carried out if forms are not completed fully. CHI request forms can be download from

www.childrenshealthireland.ie

Turnaround: up to 26 weeks

Ref Range: See report-including interpretative comment

Free light chains

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days

Ref. Range: Kappa light chains 3.3 - 19.4 mg/L

> Lambda light chains 5.7 - 26.3 mg/LKappa / Lambda Ratio 0.26 - 1.65

Kappa / Lambda Ratio 0.37-3.1 applies for patients with stage 3 CKD or above

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**Fresh Tissue** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Submit specimen intact to laboratory UNFIXED.

Comment: Lymph nodes for query lymphoma, Frozen section and Muscle biopsy to be confirmed with

> Consultant Histopathologist on frozens at least 24 hours in advance. Skin biopsies and renal biopsies for DIF to be confirmed with Histopathology laboratory staff at least 24 hours in

advance. Health & Safety precautions

Report: Histological diagnosis

Free T4

See "Thyroxine"

**Frozen Sections** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Fresh tissue Turnaround: Same day

Comment: Avoid if there is a danger of infection e.g. if tuberculosis is strongly suspected. Frozen sections

will not be done where there is a danger of infection. Alternative approaches to rapid

diagnosis can be discussed with the Consultant rostered on 'frozens'.

**Prior Arrangement:** Please book frozen section 24 hours in advance with the Consultant Histopathologist rostered

> for 'frozens' (ext. 4589). If possible put the operation at the beginning of the operation list. If the operation is delayed or if it is subsequently found that the frozen section is not required, please notify the Histopathology Department without delay at ext.: 4589. The unfixed tissue sample is transported directly to the laboratory by portering staff in a fully labelled accompanied by a fully completed request form. Include contact details for immediate call back of frozen section result. Tissue for frozen section must be handed directly to a Medical

Scientist, NCHD or Consultant Histopathologist.

Unbooked Frozen Sections: Frozen sections that are required but not booked during the 'normal working hours' (09:00-17:00h) must be discussed with the Consultant

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Histopathologist rostered for 'frozens' before any samples are taken.

Report: Histological diagnosis

**FSH** 

Laboratory: Clinical Biochemistry

7.0mL blood in a plain gel tube Specimen:

Turnaround: Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

**Fructosamine** 

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube

Turnaround: 2 weeks Ref. Range: On report form

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**Full Blood Count** 

Laboratory: Haematology

Specimen: 3.0 mL K3 EDTA blood, (1.0 mL Paediatric tubes are available).

Comment: After 24 hours, WBC differential and red cell indices are affected by EDTA changes. Ensure

samples are not taken from a drip site as this results in dilution of the sample. In cases of platelet clumping special sample bottles (thrombo exact) are available upon request. For use

in platelet counting only.

Maximum age of sample that will be processed: 48 hours.

Turnaround: 1 day routine specimens. Specimen's received on emergency form 2 hours.

For HDW specimens 45 minutes. For GP specimens 2 working days.

Telephoned requests for faster turnaround time can be accommodated on particularly urgent

specimens.

Ref. Range: Refer to report

**Fungal Microscopy and Culture** 

Laboratory: Medical Microbiology

Specimen: Transport swab. Tissue / pus in sterile container. Hair, nail clippings, skin scrapings in

Dermapak. Delay > 2 h refrigerate @ 2-8°C.

Comment: Refer to Medical Microbiology section
Turnaround: Microscopy: 1 week. Culture: 5 to 6 weeks.

Report: Microscopy: Presence or absence of Fungal elements. Culture: Growth / No Growth

**G6PD Quantitation** 

Laboratory: Haematology: Red Cell Lab. Kings College Hospital.

Specimen: 3.0 mL K³ EDTA blood

Turnaround: 2 weeks
Ref. Range: See report form

**G6PD Screening** 

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood. (1.0 mL Paediatric tubes are available).

Turnaround: 1 day Ref. Range: N/A

**Galactomannan on Respiratory samples** 

Laboratory: Medical Microbiology

Specimen: 3-5 mls of Untreated Sputum/Bal

Comment: Not to be done routinely, all Galactomannan samples for analysis must be authorised by a

Consultant Microbiologist before sending to St James's Hosp., Dublin.

Turnaround: 2 weeks

Report: Detected/ Not Detected

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#### Galactose-1-phosphate

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 3.0 mL Li Heparin blood.

Comment: Contact laboratory before collecting sample. Full clinical information and reason for request

must accompany specimen

Turnaround: 1 – 3 weeks
Ref. Range: On report form

# Galactose-1-phosphate uridyl transferase

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 3.0 mL Li Heparin blood

Comment: Collect sample on Mon-Wed mornings. Full clinical information and reason for request must

accompany specimen

Turnaround: 1 – 3 weeks Ref. Range: On report form

#### **Galactomannan antibodies**

Laboratory: Virology: -referred to the Department of Microbiology, St. James' Hospital, James Street,

Dublin 8

Specimen: 7.0 mL blood in plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant Microbiologist

Turnaround: 1 – 2 weeks

Report: Positive/Negative

# Gamma-glutamyl-transferase (γ-GT)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

### Gastrin

Laboratory: Clinical Biochemistry: - referred external laboratory for processing

Specimen: Fasting EDTA sample sent to the lab on melting ice

Turnaround: 1 – 3 weeks
Ref. Range: On report form

# Gastrointestinal Tract Hormones (GIT Hormones): incl. Pancreatic Polypep, C-Term Glucagon, Vasoactive Polypep, Somatostatin and CART

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 4.0mL K<sup>+</sup> EDTA blood per hormone assay, on melted ice

Turnaround: 1-3 weeks Ref. Range: On report form

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**Genital Swab** 

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C.

Comment: Only Endocervical swabs, Urethral swabs and IUCDs are routinely cultured for N.

gonorrhoeae. All other specimens must specify N. gonorrhoeae on request if required.

Turnaround: 3 working days.

Report: Any clinically significant isolate.

Gentamicin/Genticin

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube. Delay >2h refrigerate @2-8°C.

Comment: State time collected and if Peak or Trough specimen

Turnaround: Analysed during routine working hours only.

Therapeutic Range: On report form

Glucagon

See "Gastrointestinal Tract Hormones"

Glucose

Laboratory: Clinical Biochemistry

Specimen: 4.0 mL Vacuette FC mix tube NaF/Citrate/EDTA

Comment: Fasting: Ideally a patient should fast for 12 hours. However, if a patient in unable or unwilling

to fast for 12 hours a specimen taken after a 9 hour fast is acceptable".

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

**Group and Coombs** 

Laboratory: Blood & Tissue Establishment

Specimen: EDTA K<sup>2</sup>E 6.0 mL (cord blood specimen) EDTA K<sup>2</sup>E 4.0 mL from infant

Turnaround: 4 hours Ref. Range: N/A

**Group and Crossmatch** 

Laboratory: Blood & Tissue Establishment

Specimen: EDTA K<sup>2</sup>E 6.0 mL blood

Turnaround: 40 mins (for an urgent crossmatch)

Ref. Range: N/A

**Group and Hold** 

Laboratory: Blood & Tissue Establishment

Specimen: EDTA K<sup>2</sup>E 6.0 mL blood

Turnaround: 1 hour (for an urgent Group and Hold)

Ref. Range: N/A

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## **Growth Hormone**

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube, must arrived in lab same day. It should only be requested as

part of a dynamic function test. In general, a random growth hormone measurement has very

little diagnostic value.

Turnaround: 3 weeks
Interpretation: On report form

# **Gut Hormone Profile**

See "Gastrointestinal Tract Hormones"

#### Haematinics (Vitamin B12 + Serum Folate + Serum Ferritin)

Laboratory: Haematology

Specimen: 5.0 mL blood in a plain gel tube. Specimen to be received within 24hrs of phlebotomy for

whole blood and 2 days if sample spun and refrigerated.

Turnaround: 4 days

Ref. Range: Refer to report

# Haemochromatosis – C282Y, H63D and S65C Genetic Mutations

Laboratory: Immunology: - referred to Eurofins Biomnis, Dublin.

Specimen: 5.0 mL blood in EDTA tube

Comment: Must specify genetic test on request form. The patient must be >16 years old and the EDTA

sample must be fresh and not used for other testing.

Turnaround: up to 2 weeks

Ref range: On report form including interpretative comment. Paper report ONLY.

HbA<sub>1c</sub>

Laboratory: Clinical Biochemistry
Specimen: 4.0 mL EDTA blood
Turnaround: 2 working days
Ref. Range: On report form

# Haemoglobin A<sub>2</sub>

See Haemoglobinopathy Screen

# Haemoglobin F

See Haemoglobinopathy Screen

# Haemoglobin S

See Haemoglobinopathy Screen

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## **Haemoglobinopathy Screens**

Laboratory: Haematology referred to St James Hospital for patients greater than 16 years age. For

patients less than 16 years, samples are referred to Crumlin Hospital

Specimen: 1 EDTA sample plus 1 serum required.

Comment: Must request FBC and ferritin in addition to haemoglobinopathy for patients less than 16

years. Request form must give clinical details, transfusion history and ethnic origin of patient. Levels of HbA<sub>2</sub> will be affected by the presence of iron deficiency. Thalassaemia cannot be

excluded in the presence of iron deficiency.

Turnaround: 4 weeks
Ref. Range: On report form

# Haemophilus influenzae B Antibodies (IgG)

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 weeks

Ref. Range: Minimum Protective Level >0.15 mg/L

Optimum Protective Level >1.00 mg/L

# Haemosiderin (Urine)

Laboratory: Haematology

Specimen: First morning urine specimen in a plain universal container.

Turnaround: 3 - 5 days
Ref. Range: N/A

#### **Hantavirus Antibodies - Serum**

Laboratory: Virology: - Referred to HPA, Special Pathogens Reference Unit, Wiltshire SP4 OJG

Specimen: 7.0 mL blood in plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant Microbiologist

Turnaround: 1-3 weeks

Report: Positive / Negative

#### Haptoglobin

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 working days Ref. Range: 0.3-2.0 g/l

# **HCG**, Total

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent requests: 1hour. Priority: 3 hours. Routine: same day

Ref. Range: On report form

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## **Helicobacter pylori Faecal Antigen Test**

Laboratory: Medical Microbiology

Specimen: Faeces collected in a leak proof container.

Comment: H. pylori is available for patients with dyspepsia aged less than 45 years with NO "alarm

> symptoms". Stool samples should be submitted within 24 hours of collection, Monday to Friday. Specimens that are aged, where the date of collection is not stated or without relevant

clinical details will not be processed.

Turnaround: 2 working days.

Report: H. pylori 'antigen' detected/Not detected.

#### **Heinz Bodies**

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup>EDTA blood (1.0 mL Paediatric tubes are available).

Comment: Prior authorization by Consultant Haematologist or SPR. Arrange with Haematology

laboratory before taking specimen.

Turnaround: 2 days. Ref. Range: N/A

# **Hepatitis A IgM Antibody**

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 1 week

Report: Detected / Not Detected

# **Hepatitis A IgG Antibody**

Laboratory: Virology

Specimen: 7.0 mL blood in plain gel tube

Turnaround: 1 week

Report: Detected / Not Detected

# **Hepatitis B Surface Antigen**

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Requests for testing post "Needlestick" injury should be notified to the laboratory in advance Comment:

of sending the specimen, as these samples are processed urgently.

Turnaround: 2 working days

Detected / Not Detected. Report:

# **Hepatitis B Antibody**

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Requests for testing post "Needlestick" injury should be notified to the laboratory in advance Comment:

of sending the specimen.

Turnaround: 2 working days

Report: Levels reported as mIU/ml with relevant comment regarding protective levels and advice on

further vaccination

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# **Hepatitis B Core Antibody (anti-HBc)**

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 2 working days

Report: Detected / Not Detected

# **Hepatitis B DNA / Viral Load**

Laboratory: Virology

Specimen: 8ml K<sup>2</sup>EDTA Greiner tube

Comment: Specimen must be delivered to a Virology staff member within 24 hours of phlebotomy and

before 4pm.

Turnaround: 10 days

Report: Not detected/ Viral Load reported in IU/ml with comment where relevant

# **Hepatitis C Antibody**

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Comment: Requests for testing post "Needlestick" injury should be notified to the laboratory in advance

of sending the specimen.

Turnaround: 2 working days. Samples referred for further testing 1-2 weeks.

Report: Not detected, if negative. A provisional report will be issued on any sample giving reactive

findings on initial testing. These specimens are referred to the NVRL for further testing and a

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final report.

# **Hepatitis C PCR / Viral Load / Genotype**

Laboratory: Virology. Hep C Genotype is performed in the NVRL.

Specimen: 8ml K<sup>2</sup>EDTA Greiner tube. Two tubes if genotype is also required.

Comment: Specimen must be delivered to a Virology staff member within 24 hours of phlebotomy and

before 4pm. The Greiner tubes are available from Laboratory Stores (EXT 4377)

Turnaround: 10 days

Report: Not detected/Viral Load reported in IU/ml with comment where relevant

## **Hepatitis D Antibody**

Laboratory: Virology: - referred to referred to the National Viral Reference Laboratory, Dublin

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only sent if patient is Hepatitis B surface antigen positive

Turnaround: 2-4 weeks
Report: Positive/Negative

#### **Hepatitis E Antibody**

Laboratory: Virology: - referred to the National Viral Reference Laboratory, Dublin

Specimen: 7.0 mL blood in a plain gel tube

Comment: Request must be approved by Consultant Microbiologist

Turnaround: 2 – 4 weeks
Report: Positive/Negative

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#### HER-2 DDISH, Status Evaluation

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Tissue samples already processed by the Histopathology Laboratory, on Request from

Consultant Pathologist only.

Comment; Testing available on request by Pathologist.

Turnaround; 5 – 10 working days after request from Pathologist received

Report: Integral part of Histopathology report issued by Division of Anatomic Pathology

# **Heriditary Spherocytosis Screen (Flow Cytometry)**

Laboratory: Haematology: Referred to Crumlin Hospital Specimen: 3.0 mL K³EDTA blood, at room temperature.

Comment: Requests for flow cytometry tests should only be received Monday –Thursday between 9am

and 5pm unless prior arrangements have been made with Flow Cytometry.

Samples must be received within 24hours. Full clinical information and reason for request

must accompany specimen.

Turnaround: 4 weeks

Ref. Range: Interpretation by Consultant Haematologist on report form.

#### Herpes simplex virus antibody

Laboratory: Virology: -Referred to HPA, Sexually Transmitted + Blood Borne Virus Laboratory, Colindale.

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only referred to Reference Laboratory in exceptional circumstances and with prior approval

of a Consultant Microbiologist

Turnaround: 1-3 weeks Report: Positive/Negative

# **Herpes simplex virus - PCR**

Laboratory: Virology – referred to National Virus Reference Laboratory, Dublin

Specimen: Swab in viral transport medium from genital site.

Turnaround: 1 week

Report: HSV 1 & 2 DNA: Detected/ Not Detected.

## 5-HIAA (Serum)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Serum, ideally sample taken after overnight fast and important to counsel patient to avoid

serotonin containing food prior to sampling

(bananas/avocados/pineapple/kiwi/walnuts/tomatoes) and cough medicines)

Turnaround: 10 working days Ref. Range: On report form

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5-HIAA (Urine)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 24 hour acidified urine collection

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1-3 weeks

Interpretation: As per returned report

Of note: Patients should avoid the following foods and medications for at least 48 hours before and

during the 24-hour urine collection: bananas, walnuts, pineapple, plantain, avocados, eggplant, tomatoes, plums, kiwi fruit, chlorophenylalanine, isocarboxazid, isoniazid,

levodopa, methyldopa, monoamine oxidase inhibitors.

**High Density Lipoprotein (HDL)** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Ideally a patient should fast for 12 hours. However, if a patient in unable or unwilling to fast

for 12 hours a specimen taken after a 9 hour fast is acceptable".

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

**High Vaginal Swab (HVS)** 

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C.

Comment: Only Endocervical swabs, Urethral swabs and IUDs are routinely cultured for N. gonorrhoeae.

All other specimens must specify N. gonorrhoeae on request if required.

Turnaround: 3 working days

Report: Any significant pathogen and susceptibilities if appropriate.

**Histoplasma Antibodies** 

Laboratory: Virology: -referred to The Health protection Agency, Mycology Reference Laboratory Bristol

BS2 8EL

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant Microbiologist

Turnaround: 1 – 3 weeks

Report: Positive/Negative

**Histology Tissue Specimen** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit

specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions Report: Histological diagnosis

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HIT (Heparin Induced Thrombocytopenia) testing

Laboratory: Referred to St James Hospital Coagulation Lab

Specimen: 7.0 mL blood in a plain gel tube.

Comment: Arrange with Haematology team

4T Request form must be completed

Turnaround: 3 working days (Mon – Fri)

Ref. Range: Refer to report

**HLA B27 Typing** 

Laboratory: Immunology; Referred to Eurofins Biomnis Laboratories Ltd., Three Rock Pd., Sandyford

Business Est. Sandyford, Dublin 18

Specimen: EDTA blood (to be kept at room temperature only)

Comment: Eurofins Biomnis Consent form for HLA testing to be submitted with samples for (available at

www.eurofins.ie/biomnis/test-information/test-request-forms).

Turnaround: 3 weeks

Report: Eurofins Biomnis report is issued by Immunology – refer to report for interpretation

**HLA Typing** 

Laboratory: Referred to Eurofins Biomnis Laboratories Ltd., Three Rock Pd., Sandyford Business Est.

Sandyford, Dublin 18

Specimen: EDTA blood (to be kept at room temperature only)

Comment: Restricted test. Eurofins Biomnis Consent form for HLA testing to be submitted with samples

for (available at www.eurofins.ie/biomnis/test-information/test-request-forms).

Turnaround: 3 weeks

Report: Eurofins Biomnis report is issued by Immunology. Refer to report.

HMMA - Homovanillic acid - Urine

Laboratory: Clinical Biochemistry - referred to external laboratory for analysis

Specimen: 24 h acidified urine preferred, alternatively 20 mL urine must be acidified within 1 hour of

voiding.

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 7 days

Interpretation: As per returned report

Of note: Patient should avoid paracetamol during the urine collection.

Homocysteine

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 4.0 mL EDTA Lithium Heparin blood placed on ice and walked over delivered to the laboratory

within 60 minutes of collection. Specimens not placed on ice immediately may exhibit a 10 - 20% increase in homocysteine concentration. MMUH will also accept Sarstedt Monovette Hcy-Z tubes. With this sample type, ice is not required but samples must reach the laboratory

within 8 hours of collection (or within 24h if refrigerated) for separation and freezing.

Turnaround: 1 week

Ref. Range: On report form

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## **Human Immunodeficiency Virus antigen/antibody**

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube.

Turnaround: 2 working days. Samples referred for further testing 1-2 weeks.

Report: Not Detected, if negative. A Provisional report will be issued on any sample giving reactive

findings on initial testing. These specimens are referred to the NVRL for further testing and

a final report.

# Human Immunodeficiency (HIV) PCR / Viral Load / Genotype

Laboratory: Virology

Specimen: One 8 ml Greiner K2EDTA Vacuette tube for viral load testing. Two tubes if Genotype is also

required.

Comment: Specimen must be delivered to a Virology staff member within 24 hours of phlebotomy. Only

samples collected in these tubes are suitable for processing. The Greiner tubes are available from Laboratory Stores (Ext 4377). Samples must be received in the laboratory before 4pm.

Turnaround: 10 days

Report: Not Detected/copies/ml with comment where relevant.

# **Human T-Lymphocyte Virus**

Laboratory: Virology: -referred to National Viral Reference Laboratory, Dublin.

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only available in specific cases and following approval by the Microbiology Medical staff

Turnaround: 2 – 4 weeks
Report: Reported in IU/ml

#### **Huntington's Disease**

Laboratory: Immunology: – referred to Department of Clinical Genetics, CHI, Crumlin, Dublin.

Specimen: Blood in EDTA tube

Comment: It is mandatory for all requests to be accompanied by a fully completed CHI Genetic request

form. It is critical the informed consent section is completed. Testing will not be carried out if

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forms are not completed fully. CHI request forms can be download from

https://www.childrenshealthireland.ie

Turnaround: Up to 12 weeks

Ref range: Refer to report-including interpretative comment

## **Hurler's Syndrome Screen**

See "Alpha-1-iduronidase"

# **Hydatid antibodies**

Laboratory: Virology: -referred to the Hospital for Tropical Diseases, London WCIE 6AU

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant

Microbiologist

Turnaround: 2 – 3 weeks
Report: Positive/Negative

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**Hydatid Cyst** 

Laboratory: Medical Microbiology

Specimen: Fluid from liver to sterile container. Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 2 working days

Report: Presence or absence of *Echinococcus* sp.

# 17-Hydroxyprogesterone (infants)> and <1year old

Referred to external laboratory for analysis. See "17-Alpha-OH-Progesterone, < 1 year old »

# Immunoglobulins IgG / IgA / IgM and Serum Protein Electrophoresis

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days

Ref. Range: Immunoglobulin Levels:

Age | IgG g/L | IgA g/L | IgM g/L | 15 years - Adult | 7 -16 | 0.7 -4 | 0.4 -2.3

For Age-related Paediatric Ranges see report

Electrophoresis / Immunofixation: Report with interpretative comment.

Note: electrophoresis results reported for patients > 30 years

IgD

Laboratory: Immunology: – referred to Immunology dept, Northern General hospital, Sheffield

Specimen: 5 mL blood in plain gel tube

Turnaround: 6 weeks
Ref. Range: Refer to report

IgE (Total)

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 7 working days

Ref. Range: Age IgE kU/L

11yrs - adult 4 -100

For Age-related Paediatric Ranges see report

# IgG Subclasses (IgG1, IgG2, IgG3)

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days

Ref. Range: IgG1 g/L IgG2 g/L IgG3 g/L Adult 3.2-10.2 1.2-6.6 0.2-1.9

For Age-related Paediatric Ranges see report

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#### IgG Subclasses (IgG4)

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days

Ref. Range: IgG4 g/L Adult 0-1.29

#### **IL28B** genotyping

Laboratory: Immunology; referred to National Virus Reference Laboratory, UCD.

Specimen: 8.0 mL EDTA blood

Turnaround: 4 weeks

Ref. Range: Refer to report-including interpretative comment

#### **Immunofluorescence Biopsies - Renal**

Laboratory: Please notify the Histopathology Department (ext. 4589) at least 24 hours in advance.

Specimen: Place the biopsy in normal saline to maintain hydration and deliver to the laboratory

immediately. Include contact details on request form.

Comment: Health & Safety precautions Report: Histological diagnosis

#### **Immunofluorescence Biopsies - Skin**

Laboratory: Please notify the Histopathology Department (ext. 4589) at least 24 hours in advance.

Specimen: Deliver to the laboratory immediately. Include contact details on request form.

Comment: Health & Safety precautions Report: Histological diagnosis

# **Immunophenotyping (Flow Cytometry)**

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood or Bone Marrow aspirate in EDTA or Lymph Node Biopsy in RPMI

Comment: Requests for flow cytometry tests should only be received Monday –Thursday between 9am

and 5pm unless prior arrangements have been made with Flow Cytometry.

Prior arrangement with Consultant Haematologist or SPR.

Turnaround: 2-5 days

Report: Contact Consultant Haematologist

# Infliximab (trough levels)

Laboratory: Immunology

Specimen: 5.0 mL blood in a plain gel tube

Turnaround: 5 working days

Interpretation: Induction (week 2) ≥20µg/ml

Induction (week 6)  $\geq 10 \mu g/ml$ Post induction (week 14)  $\geq 3 \mu g/ml$ Maintenance  $\geq 3 \mu g/ml$ 

Comment: Antibodies to Infliximab will be reflex tested if necessary. Negative = <10ng/mL

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Authorised on: 20<sup>th</sup> January 2025 Authorised by: Prof. Murray and Dr. Phelan Due for review on: 20.01.2026 Author(s): GUH Laboratory Medicine Directorate Page 156 of 205 Influenza A virus

Laboratory: Virology

Specimen: Combined nasal/throat swab in viral transport medium.

Turnaround: 2-3 working days
Report: Detected/Not Detected

Influenza B virus

Laboratory: Virology

Specimen: Combined nasal/ throat swab in viral transport medium.

Turnaround: 2 - 3 working days
Report: Detected/Not Detected

**INR (International Normalised Ratio)** 

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube. (1.0 mL Paediatric tubes are available).

Comment: Fill bottle to mark. Details of anticoagulant therapy required. Do not refrigerate specimens

for INR. INR is used to monitor Warfarin therapy.

Turnaround: 1 day

Ref. Range: See report form

Insulin

Laboratory: Clinical Biochemistry

Specimen: 7.0mL fasting blood in a plain gel tube delivered immediately to the laboratory

Turnaround: 1 week
Ref. Range: On report form

**Insulin Like Growth Factor 1** 

Laboratory: Clinical Biochemistry.

Specimen: 7.0 mL fasting blood in a plain gel tube, delivered to laboratory same day

Turnaround: 3 weeks
Ref. Range: See report form

**Interferon Gamma Release Assay** 

See: "Quantiferon"

**Intraocular Fluids / Corneal Scrapings** 

Laboratory: Medical Microbiology

Specimen: Pre-inoculated media. If sufficient fluid use sterile container.

Comment: Contact Laboratory to collect fresh culture plates and slide for corneal scrapings. Deliver to

Laboratory immediately.

Turnaround: 3 days

Report: Clinically significant isolate with the appropriate sensitive

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# Intra – Uterine Contraceptive Device (IUCD)

Laboratory: Medical Microbiology

Specimen: Intra Uterine Device. Delay > 2 h refrigerate @ 2-8°C.

Comment: Only submit for culture with relevant clinical details. Only Endocervical swabs, Urethral swabs

and IUDs are routinely cultured for N. gonorrhoeae. All other specimens must specify N.

gonorrhoeae on request if required.

Turnaround: 3 working days

Report: Clinically significant isolate with the appropriate sensitivities

# **Intravascular Cannulae - Culture**

Laboratory: Medical Microbiology

Specimen: Cut 4cm of line to sterile container. Delay > 2 h refrigerate @ 2-8°C. (Tips >4cm will be

rejected).

Comment: Only submit specimen for culture where indications of infection are present.

Turnaround: 3 working days

Report: Clinically significant isolate with the appropriate sensitivities.

Iron

Laboratory: Clinical Biochemistry

Specimen: Fasting sample required. 7.0 mL blood in a plain gel tube
Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

# Iron Stain (Perla Prussian Blue - Cytochemical Stain)

Laboratory: Haematology

Specimen: Bone marrow spread on a glass slide

Comment: As for Bone Marrow testing

Turnaround: 2 weeks Ref. Range: N/A

# **JAK 2 Mutation**

Please refer to MPN Panel

#### JAK -2 Exon 12

Please refer to MPN Panel

# Joint Aspirates - Culture

Laboratory: Medical Microbiology

Specimen: Fresh specimen in Sterile Universal Container

Comment: delay of >2 hrs refrigerate at 2-8C

Turnaround: 3 days

Report: Any significant pathogen and sensitivities, if required.

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# Joint Aspirates - Uric Acid Crystals

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: 5-10 mls fresh specimen in a universal container. Do not use fixative. Specify if cytology or

crystal analysis is required. Please do not inject any material into joint before obtaining joint fluid sample. Submit sample to laboratory ASAP. Refrigerate overnight if necessary. Please

use powder free gloves to avoid contamination of sample by powder.

Comment: Indicate clinical history on test requisition and reason for test.

Turnaround: 80% by 5 working days

Report: Detection of inflammatory conditions Joint Fluid

Laboratory: Medical Microbiology

Specimen: Specimen in sterile container. Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Clinically significant isolate with the appropriate sensitivities

# Joint Fluid - Uric Acid Crystals

Please refer to Joint Aspirates

#### Karyotyping

See Cytogenetics

## Ketones - Beta-hydroxybutrate, Acetoacetate and Pyruvate

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

#### **Kleihauer Test for Foetal Cells**

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood - fresh.

Comment: Limited service available. This test is not available in UCHG for Rh determination. Request

form must contain relevant clinical details.

Turnaround: 1 day (Mon – Fri) – not available on weekends.

Ref. Range: N/A

# **KRAS Mutation analysis**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Tissue samples already processed by the Histopathology Laboratory,

Request from Arrange via consultant pathologist.

Comment; Testing available on request from consultant Pathologist.

Referrals Contact the Department of Histopathology, Cytopathology and Molecular pathology on 4078

Turnaround; 5 – 10 working days after request from Pathologist received

Report: Integral part of Histopathology report issued by Division of Anatomic Pathology

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Lactate

Laboratory: Clinical Biochemistry: -also available on Blood Gas analysers located in A/E, ICUs, HDU, NICU,

AMAU, Labour ward, theatre and SCU.

Specimen: Blood in a balanced heparin syringe delivered to laboratory within 15 minutes of collection.

Comment: Advisable to contact lab in advance of taking specimen

Turnaround: 15 minutes
Ref. Range: On report form

**Lactate Dehydrogenase (LDH)** 

Laboratory: Clinical Biochemistry. PLEASE NOTE: LDH concentration can be increased significantly due to

disruption of the red cell membranes when specimens are sent through the pneumatic chute (pod) system. It is recommended that where possible in-house samples requesting LDH

should be delivered to the laboratory by hand.

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 1hr. Priority: 3 hrs. Routine: same day.

Ref. Range: On report form Lead

Laboratory: Clinical Biochemistry: referred to external laboratory for analysis

Specimen: 7.0 mL blood in a Na<sup>+</sup>. EDTA trace element tube.

Turnaround: 1 month
Ref. Range: On report form

Lead

Laboratory: Clinical Biochemistry: referred to external laboratory for analysis

Specimen: 7.0 mL blood in a Na<sup>+</sup>. EDTA trace element tube.

Turnaround: 1 month
Ref. Range: On report form

Legionella culture

Laboratory: Medical Microbiology

Specimen: Sputum or BAL in 60 mL sterile container. Delay > 2 h refrigerate @ 2-8°C.

Comment: Routinely on ICU BAL specimens, and sputum on request. Non-ICU specimens are on request

following approval by a Consultant Microbiologist. Atypical pneumonia.

Turnaround: 10 days

Report: Legionella sp isolated/Not isolated.

Legionella pneumophila Urinary Antigen

Laboratory: Virology

Specimen: Plain random urine specimen in a sterile Universal container
Comment: Specimen to arrive in laboratory within 24 hours of collection

Turnaround: 1 working day

Report: Detected / Not Detected

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Leishmania antibody

Virology: - referred to The Hospital for Tropical Diseases, London WCIE 6AU Laboratory:

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant Microbiologist

Turnaround: 2 - 3 weeks Report: Positive/Negative

Leptospira antibody

Virology: referred to National Virus Reference Laboratory Laboratory:

Specimen: 7.0 mL blood in a plain gel tube.

2-3 weeks. Turnaround: Positive/Negative Report:

Leucocyte Alkaline Phosphatase (LAP) Cytochemical Stain

Laboratory: Haematology

Specimen: 6.0 mL Li Heparin blood

Comment: Prior authorization by Haematology SPR.

Turnaround: 2 days

Ref. Range: Refer to report

Leucocyte Mixed-Esterase Stain (Cytochemical Stain)

Laboratory: Haematology Specimen: Bone marrow slides

Comment: Prior authorization by Haematology SPR.

Turnaround: 2 days Ref. Range: N/A

Leucocyte Esterase Stain (Cytochemical Stain)

Laboratory: Haematology 3.0 mL K3 EDTA blood Specimen:

Comment: Prior authorization by Haematology SPR.

Turnaround: 2 days Ref. Range: N/A

**Leucodystrophy Screen: Very Long Chain Fatty Acids** 

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

Specimen: 3.0 mL K<sup>+</sup> EDTA blood

Turnaround: 1 - 3 weeks Ref. Range: On report form

LH

Clinical Biochemistry Laboratory:

Specimen: 7.0mL blood in a plain gel tube

Turnaround: Priority: 1working day. Routine: 2 working days

Ref. Range: On report form

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Lipoprotein (a)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 7.0mL blood in a plain gel tube

Comment: Not routinely available, contact clinical team to discuss.

Turnaround: 1 – 3 weeks
Ref. Range: On report form

Lithium

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube
Comment: Sample 12 hours post dose

Turnaround: Urgent: 1hour. All other requests: 3hours

Therapeutic Range: On report form

Liver core biopsy- (Hep C, Primary tumour or metastases)

Laboratory: Histopathology

Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions. Report: Histological diagnosis

Lletz

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions.

Report: Histological diagnosis

Low Density Lipoprotein (LDL)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Calculated parameter

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

**Lupus Anticoagulant Screen** 

Laboratory: Haematology

Specimen: 2 x 2.7 mL blood in 0.109m Sodium Citrate tubes

Comment: Details of anticoagulant therapy required. Must fill bottle to mark. Samples must submitted

within 6 hours of draw.

Turnaround: 5 Weeks.

Ref. Range: Qualitative Positive/Negative

**Lyme Disease Antibodies** 

See "Borrelia burgdorferi"

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#### **Lymph Nodes for Query Lymphoma**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Fresh Tissue. Submit specimen intact to laboratory UNFIXED

Comment: To be confirmed with Consultant Histopathologist at least 24 hours in advance. Immediately

Dispatch to the lab.

Report: Histological diagnosis.

#### Lymphocyte subsets CD3 (T cell) CD4 (T helper) CD8 (T cytotoxic) CD19 (B cell) CD16/56 (NK cell)

Laboratory: Immunology

Specimen: 3.0 mL blood in EDTA bottle. NOTE: Sample MUST be kept at Room Temperature. Do not

refrigerate.

Comment: Record time and date of collection on form. Samples must be kept at room temperature,

deliver to Immunology within 72 hours.

Turnaround: 3 working days Ref. Range: Refer to report

#### Lymphogranuloma venereum antibodies

Laboratory: Virology: -referred to the Health Protection Agency, South West Lab. Bristol BS" 8EL

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant Microbiologist

Turnaround: 2 – 4 weeks
Report: Positive/Negative

# Lysosomal Enzymes (Plasma and White Cell Enzyme Screen)

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

Specimen: 5.0 mL blood in EDTA tube.

Comment: Contact laboratory prior to specimen collection. Monday and Tuesday am only

Turnaround: 1-3 weeks Ref. Range: See report form

# Magnesium

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 2 hours. Priority: 3hours. Routine: 4 working days

Ref. Range: On report form

#### Magnesium (Urine)

Laboratory: Clinical Biochemistry
Specimen: 24 h collection
Turnaround: 1 working day
Ref. Range: On report form

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**Malaria Screen** 

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood. Fresh sample required.

Comment: Blood film is examined microscopically. The blood is tested for the presence of parasite

associated enzyme. Positive specimen forwarded to Microbiology Laboratory. Travel history and clinical details essential. When submitting malarial requests please alert the Laboratory.

Turnaround: 1 day (Mon – Fri). Results of this test done out of hours or on weekends are confirmed by

second scientist as soon as possible on the next working day.

Report: Positive / Negative. Where clinically indicated a negative specimen may be referred to a

reference centre for analysis by PCR.

Malignancy

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit

specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions Report: Histological diagnosis

Manganese

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 4.0 mL in a trace element EDTA tube.

Turnaround: 3 – 4 weeks
Ref. Range: See report form

Measles IgG antibody

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 1 – 2 weeks

Report: Detected / Not Detected

Measles IgM antibody

Laboratory: Virology: - referred to National Virus Reference Laboratory

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 2-3 weeks.

Report: Detected / Not Detected

Meningococcal C vaccine antibodies - Serum

Laboratory: Immunology: – referred to Immunology Dept, Meningococcal Reference Unit, Manchester

Medical Microbiology Partnership

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks
Ref range: Refer to report

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**Meningococcal PCR** 

Laboratory: Medical Microbiology: – Referred to the Irish Meningococcal and Sepsis Reference Laboratory

Specimen: EDTA blood Turnaround: 1 – 5 working days

Target Detected/Not detected Report:

**Mercury - Urine** 

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

Specimen: 24 h urine collection

Turnaround: 1 - 3 weeks See report form Ref. Range:

Metabolic Screen (Amino Acid Chromatography)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Li Heparin or clotted blood specimen Comment: Full clinical details must accompany request

Turnaround: 1 - 3 weeks Ref. Range: On report form

**Metabolic Screen (Urine Amino Acid Chromatography)** 

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Plain random urine specimen

Full clinical details must accompany request Comment:

Turnaround: 1 - 3 weeks Ref. Range: On report form

Metanephrines query paraganglioma/phaeochromocytoma - Plasma

(Metanephrine/ Normetanephrine/ 3-methoxytyramine)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 2 x 3.0 mL EDTA plasma must reach the laboratory within 15 minutes for immediate

processing. Ideally, this sample is received on ice. Patient should ideally be fasted for at least 10 hours prior to testing. The patient should be cannulated and instructed to rest in a supine position for 30 minutes before sample collection. Please state on request form if patient is

fasting and whether it is seated/supine sampling.

Comment: Only send specimen to the laboratory during normal working hours.

2 weeks Turnaround:

Interpretation: As per returned report

Tricyclic antidepressants, selective serotonin reuptake inhibitors, serotonin and Of note:

> noradrenaline reuptake inhibitors, a and b adrenergic receptor blockers, calcium channel blockers, monoamine oxidase inhibitors, Levo(L)-Dopa, methyldopa and several stimulant/sympathomimetic drugs can increase catecholamine and metabolite concentrations. Ideally, patients should discontinue all medications that affect testing prior to sampling. In practice it is not always possible to discontinue medication before testing and it might be better to repeat testing, off medications, only when initial tests are elevated.

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# Metanephrines query paraganglioma/phaeochromocytoma - Urine (Metanephrine/ Normetanephrine/ 3-methoxytyramine)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Adults, 24 hour acidified urine collection

Paediatrics, spot urine sent to the lab immediately as acidified on receipt

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 2 weeks

Interpretation: As per returned report

Of note: Tricyclic antidepressants, selective serotonin reuptake inhibitors, serotonin and

noradrenaline reuptake inhibitors, a and b adrenergic receptor blockers, calcium channel blockers, monoamine oxidase inhibitors, Levo(L)-Dopa, methyldopa and several stimulant/sympathomimetic drugs can increase catecholamine and metabolite concentrations. Ideally, patients should discontinue all medications that affect testing prior to sampling. In practice it is not always possible to discontinue medication before testing and it might be better to repeat testing, off medications, only when initial tests are elevated.

#### Methadone

See "Urine Drugs of Abuse Screen"

# Methaemoglobin

Laboratory: Haematology

Specimen: 3.0mL in a Lithium Heparin Syringe

Delivery during the hours of 9.30 a.m. to 12.30 and 2 p.m. to 5 p.m. Monday to Friday.

Immediate delivery to the laboratory for testing within the one hour requirement.

Comment: Clinical Details are essential.

Turnaround: 2 days

Ref. Range: Refer to report

# Methicillin-Resistant Staph aureus (MRSA)

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @  $2-8^{\circ}$ C.

Comment: Restricted to specific groups of hospitalized patients. Pre-op screens from GPs. Other Non-

hospitalized patients are screened by prior arrangement with a Consultant Microbiologist.

Turnaround: 4 working days.

Report: MRSA isolated/Not isolated.

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# Methotrexate (Maxtrex)

Laboratory: Clinical Biochemistry

Specimen: 5.0mL blood in a non-gel tube

Comment: State date/time of sample collection clearly on request form. Measured on patients on high-

dose Methotrexate. Contact Lab in advance and state time of infusion on request form.

Turnaround: 1-2 hours

Ref. Range: Guidance on report form

# Methylmalonic Acid (Serum)

Laboratory: Haematology: - referred to external laboratory for analysis

Specimen: 5.0 mL blood in a plain gel tube. Specimen to be received within 24hrs of phlebotomy.

Turnaround: 5 weeks
Ref. Range: On report form

# Methylmalonic Acid (Urine)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Plain random urine specimen

Turnaround: 1 – 3 weeks
Ref. Range: On report form

#### Microalbumin / Creatinine Ratio

See 'Albumin (Urine) / Microalbumin'

# Microarray/aCGH

See Cytogenetics: Microarray/aCGH

#### Micropolyspora faenii (Farmer's Lung)

See: "Farmer's Lung antibodies"

#### **Molecular Genetics**

See to section 11.12 Guidelines relating to genetic referrals

# **Morphine (Opiates)**

See "Urine Drugs of Abuse Screen"

# Morphology

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood or Blood film

Comment: Blood films are made, examined and reported on patients FBC results which satisfy the

criteria laid down by the laboratory in the guidelines 'Indications for blood film examination'. When a blood film is specifically requested which falls outside of these guidelines this will be

examined where the request form provides clinical details.

Turnaround: Where clinical details are supplied urgent requests receive immediate attention. Routine

differentials are reported within 1 day. Routine Morphologies reported within 4 days.

Report: See report form

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**Mouth Swab** 

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Presence of pathogens/ No Pathogens isolated.

MPL

See MPN Panel

# MPN Panel (includes Jak2, CAL-R, Jak2 Exon 12, MPL)

Laboratory: Haematology: - referred to CMD Laboratory, St James Hospital, Dublin 8

Specimen: 3 x 3.0 mL K<sup>3</sup> EDTA blood

Comment: Test available Monday -Thursday only .CMD request form required. Prior approval by

consultant Haematologist or registrar.

Turnaround: 120 days Ref. Range: N/A

#### MRD-CLL (Minimum Residual Disease detection of Chronic Lymphocytic Leukaemia)

Laboratory: Haematology Specimen: 3.0ml K³EDTA

Comment: Samples must be received within 24 hours. Full clinical information and reason for request

must accompany specimen.

Turnaround: 3 -5 working days.

Report: Interpretation by Consultant Haematologist on report form.

# MRSA (Methicillin-Resistant Staph aureus)

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @  $2-8^{\circ}$ C.

Comment: Restricted to specific groups of hospitalized patients. Pre-op screens from GPs. Other Non-

hospitalized patients are screened by prior arrangement with a Consultant Microbiologist.

Turnaround: 3 working days.

Report: MRSA isolated/Not isolated.

#### MSU - Midstream Urine

Laboratory: Medical Microbiology

Specimen: Specimen in urine vacuette tube. Specimen of Urine in Urine vacuum tube container.

Comment: Urine taken at mid-point of urination. Delay >2 h refrigerate @ 2-8°C

Turnaround: Microscopy: 4 hrs for Urines received 8am to 12 midnight. Paeds Urines only processed post-

midnight.

Culture: 3 working days. MSU culture is only routinely performed on samples from children <16 yrs, maternity patients, clinical details specifying patient is neutropenic, immunocomprised and patients with a microscopy result with a white cell count >20/cmm. However culture may be requested in certain circumstances following discussion with a

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Consultant Microbiologist.

Report: Microscopy: Cell count. Culture: Presence of significant pathogen and sensitivities if relevant.

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Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 1-2 weeks

Report: Detected/Not Detected/Equivocal

Mumps IgM antibody

Laboratory: Virology: Referred to NVRL
Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 1 -2 weeks.

Report: Detected/ Not Detected

**Muscle Biopsies** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Fresh tissue

Comment: Immediate dispatch to laboratory where tissue pieces are frozen / formalin fixed. Fresh tissue

samples to be confirmed with the Consultant Pathologist (on frozens) at least 24 hours in

advance.

Report: Histological diagnosis

**Mycobacteria Microscopy and Culture** 

Laboratory: Medical Microbiology

Specimen: Specimen of sputa, BAL in sterile 60 mL container. Early morning urine in 100 mL sterile

container by prior arrangement only. Fluids / tissues in sterile containers. Blood Culture / Bone Marrow aspirate, heavily blood stained fluids in Bactec Myco/Lytic (red cap) vials. Delay

> 2 h refrigerate @ 2-8°C.

Comment: Culture is performed on all tissue and fluid samples where clinical details guery MOTT.

Decontaminated respiratory specimens are retained for 7 weeks. They are unsuitable for other investigations once decontaminated. The mycobacteria culture system is not validated

for processing urine specimens.

Turnaround: Microscopy: 1 working day. Culture: 6 to 7 weeks

Report: Microscopy: Presence or absence of AAFB.

Culture: Mycobacteria sp isolated/Not isolated & sensitivities if relevant.

Mycobacteria PCR - Xpert assay

Laboratory: Medical Microbiology

Specimen: Specimen of sputa, BAL in sterile 60 mL container. Fluids/Fine Needle Aspirates/ Lymph Nodes

in sterile containers. Minimum volume for CSF is 600µl.

Comment: Xperts are performed on all samples requesting TB. Culture is only performed on all tissue

and fluid samples or where clinical details query MOTT or NTM. Grossly blood stained samples

are not suitable for GeneXpert.

Turnaround: 1-2 working days (Verbal report available on positive samples)

Report: MTB Complex DNA Detected/Not Detected.

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Mycology

Laboratory: Medical Microbiology

Specimen: Transport swab. Tissue / pus in sterile container. Hair, nail clippings, skin scrapings in

Dermapak. Refer to Medical Microbiology section.

Comment: Delay > 2 h refrigerate @  $2-8^{\circ}$ C.

Turnaround: 5 to 6 weeks

Report: Microscopy: presence or absence of fungal elements

Culture: Fungi Isolated/Not Isolated.

Mycoplasma genitalium PCR

Laboratory: Virology

Specimen: Abbott Multicollect swab or urine (first void in an Abbott Multicollect), preferably delivered

to the laboratory within 24 h of collection.

Comment: Available only in very specific cases and following prior arrangement with a Consultant

Microbiologist

Turnaround: 10 working days

Report: Not detected, if negative. A provisional report will be issued on any sample giving

presumptive detected findings on initial testing. These specimens are referred to Colindale

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for further testing and a final report.

Mycoplasma pneumoniae antibody

Laboratory: Virology: -Referred to National Virus Reference Laboratory, Dublin

Specimen: 7.0 mL blood in a plain gel tube

Comment: Available only in very specific cases and following prior arrangement with a Consultant

Microbiologist

Turnaround: 2-3 weeks
Report: Positive/Negative

**Myositis Specific and Associated Antibodies Screen** 

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 10 working days
Report: Positive/Negative

Please refer to the table on Page 55 & 56 for details

(Antibodies detected on the Myosistis screen denoted by \*).

Neoplasm

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions Report: Histological diagnosis

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#### Neutrophil Function Test - Dihydrorhodamine Flow Cytometry Assay of Respiratory Burst Activity

Laboratory: Immunology

Specimen: 5 mL blood in EDTA must be kept at room temperature. Do not refrigerate.

Control sample must also be taken. Samples must be delivered to lab within 24 hours.

Comment: Testing must be first discussed with immunology medical/scientific staff

Turnaround: 2 days

Report: Normal/Abnormal

# N. meningitidis PCR

See "Meningococcal PCR"

#### Neisseria gonorrhoeae PCR

Laboratory: Virology

Specimen: Abbott Multicollect swab or urine (first void in an Abbott Multicollect), delivered to the

laboratory within 24 h of collection.

Comment: If delay refrigerate @ 2-8°C.

Turnaround: 10 working days

Report: Detected / Not Detected

#### Noradrenaline PAEDIATRICS query neuroblastoma - urine

Laboratory: Clinical Biochemistry, referred to external laboratory for analysis

Specimen: Paediatrics <12 years, only for query neuroblastoma, 20 mL urine must be acidified within 1

hour of voiding.

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 12 working days
Interpretation: As per returned report

# Noradrenaline - plasma

Laboratory: Clinical Biochemistry, referred to external laboratory for analysis

Specimen: Lithium Heparin Plasma, must be brought to the lab immediately for processing (within 1

hour)

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 10 working days
Interpretation: As per returned report

# **Norovirus detection**

Laboratory: Medical Microbiology

Specimen: Faeces in spoon container. Delay < 24 h refrigerate @ 2-8°C. Delay > 24 freeze @ -20°C.

Comment: Only processed by prior arrangement with microbiology consultant.

Turnaround: 1 working day

Report: Norovirus antigen detected / not detected. Molecular: Norovirus Genotype 1 & 2 RNA

Detected/Not detected

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Nose Swab

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C.

Comment: Only processed for *S. aureus*.

Turnaround: 3 working days
Report: Relevant pathogens

NRAS

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Tissue samples already processed by the Histopathology laboratory, arrange via Consultant

**Pathologist** 

Comment: Testing available on request by Pathologist

Referrals: Contact the Department of Histopathology, Cytopathology and Molecular Pathology on 4078

Turnaround: 5-10 working days after request from Pathologist received

Report: Integral part of Histopathology report issued by the Division of Anatomic Pathology,

Department of Histopathology, Cytopathology and Molecular Pathology

NT-ProBNP

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

**Oestradiol** 

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube

Turnaround: Urgent: 1hour. Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

**Opiates** 

See "Urine Drugs of Abuse Screen"

**Organic Acids** 

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Plain urine specimen
Turnaround: 1 – 3 weeks

Ref. Range: 1 – 3 weeks
On report form

Osmolality

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube

Turnaround: Urgent: 1hour. Priority: same day. Routine: 4 working days.

Please note if urgent analysis required, contact must be made with Clinical Biochemistry by

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phone, otherwise samples received will be treated as routine.

Ref. Range: On report form

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Osmolality (Urine)

Laboratory: Clinical Biochemistry

Specimen: Plain random urine specimen

Turnaround: Urgent: 1hour. Priority: same day. Routine: 2 working days.

Please note if urgent analysis required, contact must be made with Clinical Biochemistry by

phone, otherwise samples received will be treated as routine.

Ref. Range: On report form

**Osmotic Fragility** 

Laboratory: Haematology

Specimen: 5.0 mL Li fresh Heparin blood and a normal control specimen in 5.0 mL Li Heparin

Comment: Authorisation by Haematology SPR and arrangement with laboratory. The specimen must

reach the laboratory before 11:00 on day of analysis.

Turnaround: 2 days

Ref. Range: See report form.

Ova / Cysts / Parasites

Laboratory: Medical Microbiology

Specimen: Faeces in leak proof container. Delay > 2 h refrigerate @ 2-8°C.

Comment: Cryptosporidium and Giardia detection by molecular technique. Other ova and parasites are

rarely detected in faeces. Examination for other O&P is only performed when specific additional parasite is specified on the request form, accompanied by relevant clinical

information.

Turnaround: 3 days for Cryptosporidium and Giardia molecular detection. 1 week for parasite

concentration.

Report: Cryptosporidium / Giardia Detected / Not Detected. Ova, Cysts or Parasites Seen / Not seen.

Ovarian Cyst Fluid, Neoplastic/Non-Neoplastic Cells

See Effusions/ FNA

Oxalate (Urine)

Laboratory: Clinical Biochemistry: referred to external laboratory for analysis.

Specimen: 24 hr plain urine collection acidified by the lab on arrival. For paediatric patients, a spot urine

acidified by the lab on arrival will be sufficient.

Turnaround: Approximately 2 weeks. Reference Interval: On report if applicable.

**Paracetamol** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 1hour. All other requests: 3hours.

Interpretation: On report form

**Paraneoplastic Antibodies** 

See "Autoantibodies: Anti-Neuronal Antibodies"

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Paraquat - Urine

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Plain random urine specimen
Turnaround: 1 day if prior notification received

Ref. Range: On report form

Parvovirus B19 IgM + IgG antibodies

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube. Available only in specific circumstances.

Comment: Clinical details essential with date of exposure; date of symptoms e.g. rash, slapped cheek,

as well as details of immunosuppression or pregnancy as repeat testing and/or PCR may be indicated. IgG alone used to determine the status of patients with sickle cell disease/other

haemoglobinopathies.

Turnaround: 5 days

Report: Positive/Negative

# Parvovirus / B 19 IgM Antibodies

See "Erythrovirus B19"

Pelvic Cavity Wash (Diaphragm, Gutter or Cul de sac Wash)

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Collect 10

- 20 mL fresh specimen into a twist top leak proof 20 mL or 50 mL universal sample bottle containing Shandon Cytospin Collection Fluid (green fixative solution). Refrigerate overnight

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if necessary.

Comment: Indicate clinical history on test requisition and reason for test.

Turnaround: 80% in 5 working days

Report: Detection of neoplastic and non-neoplastic cells

**Penile Swab** 

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C

Comment: Treated as skin swab. For investigation for *Neisseria gonorrhoeae* a Urethral swab must be

sent.

Turnaround: 3 working days

Report: Any significant pathogen and susceptibilities if appropriate.

Pericardial Fluid - Pleural Fluid - Cytology

See "Effusions"

Pericardial Fluid / Peritoneal Fluid / Pleural Fluid

Laboratory: Medical Microbiology

Specimen: Specimen in sterile container (include clotted material). Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 3 working days

Report: Growth / No Growth & sensitivities if required

Peritoneal Fluid - Cytology

See "Effusions"

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Pernasal Swab / Pertussis

Medical Microbiology – referred to Our Lady's Children's Hospital Crumlin [OLCHC] Laboratory: Specimen: Pernasal swab (available from Medical Microbiology). Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 10 days.

Bordetella sp isolated / not isolated Report:

Phenylalanine

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

2.0 mL Li Heparin blood and a Gutherie card Specimen: Comment: Request form MUST include clinical details

1 - 3 weeks Turnaround: Ref. Range: On report form

Phenytoin (Epanutin)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Take specimen immediately before next dose (trough specimen)

Turnaround: Analysed during routine working hours

Therapeutic. Range: On report form

**Phosphate -inorganic** 

Clinical Biochemistry Laboratory:

7.0 mL blood in a plain gel tube Specimen:

Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

Phosphate (Urine)

Laboratory: Clinical Biochemistry Specimen: 24 hour urine collection

Comment: Used in conjunction with serum inorganic phosphate to calculate IPeGFR. Only send specimen

to the laboratory during normal working hours.

Turnaround: 1 working day On report form Ref. Range:

**Phytanic Acid** 

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 3.0 mL EDTA blood Turnaround: 1 - 3 weeks Ref. Range: On report form

**Pippelle Biopsy** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen:

Specimen: Submit specimen to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions Report: Histological diagnosis

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Pinworm

Laboratory: Medical Microbiology

Specimen: Apply sellotape to anal area at night or early morning, fix to slide, send to Laboratory. Delay

> 2 h refrigerate @ 2-8°C.

Turnaround: 1 week

Report: Ova seen/Not seen

**Placenta** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Placentas from labour ward should be placed in adequate formalin fixative and placed in the

large size container. Ensure both requisition form and container are labelled with specimen Placenta and with patient demographics. Clinical details should always include gestational

age at time of delivery, in addition to other relevant clinical information.

Health & Safety precautions

Report: Histological diagnosis

Placenta

Laboratory: Medical Microbiology

Specimen: Fresh sample received in Cellular Pathology Sterile white specimen container

Turnaround: 3 working days

Report: Any significant pathogen and sensitivities if required.

**Placental Surface Swabs** 

Laboratory: Medical Microbiology

Specimen: Paired charcoal swabs taken from both Foetal and Maternal side of the Placenta

Turnaround: 3 working days

Report: Any significant pathogen and sensitivities if required.

**Plasma Viscosity** 

Laboratory: Haematology

Specimen: 3 x 3.0 mL K<sup>3</sup> EDTA blood

Comment: Must be received in laboratory within 2 hours of phlebotomy

Turnaround: 5 days

Ref. Range: Refer to report

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# **Platelet Aggregation Studies**

Laboratory: Haematology

Specimen: 6 x 2.7 mL blood specimens in 0.109m Sodium Citrate tubes. Please supply samples from a

normal control in conjunction with the test specimens.

Comment: Prior authorization by Consultant Haematologist or SPR. Arrange with Coagulation laboratory

before taking specimen. Patient must not take any anti-platelet medications for 1 week prior to test (incl. aspirin, NSAIDA, Clopidogrel/plavix, cough suppressants). Discard the first specimen when obtaining blood from patient as there may be some platelet activation present which will influence the test results. Specimens must reach the Coagulation

laboratory no later than 11:00 on the day of analysis. Must fill bottles to mark.

Turnaround: Assay performed on day of appointment

Ref. Range: N/A

# **Pleural Fluid - Cytology**

See "Effusions"

#### **Pleural Fluid Microscopy & Culture**

Laboratory: Medical Microbiology

Specimen: Pleural fluid in sterile container. Delay > 2 h refrigerate @ 2-8°C.

Turnaround: Microscopy: 1 working day. Culture: 3 working days
Report: Microscopy: Cell count, Differential and Gram stain
Culture: Growth / No Growth & sensitivities if required

#### **Pneumococcal PCR**

Laboratory: Medical Microbiology – referred to the Irish Meningococcal and Sepsis Reference Laboratory

Specimen: EDTA blood

Comment: Sample to be handed to Medical Microbiology staff member

Turnaround: 1-5 working days

Report: Pneumococcal DNA: Detected / Not Detected

# Pneumococcus IgG/ IgG2 antibodies

Laboratory: Immunology

Specimen: 5.0mL blood in plain gel tube

Turnaround: 5 weeks

Ref range: Pneumococcus IgG: 11.0 - 320.8 mg/L Pneumococcus IgG2: 1.2 - 107.1 mg/L

Pneumocystis jiroveci investigation

Laboratory: Sent to NVRL subject to Medical staff approval.

Specimen: BAL or induced sputum only. Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 2 weeks

Report: Pneumocystis DNA detected/Not detected

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## PNH Screening (Paroxysmal Nocturnal Haemoglobinuria) by Flow Cytometry

Laboratory: Haematology:

Specimen: 3.0 mL K3 EDTA blood

Comment: Requests for flow cytometry tests should only be received Monday –Thursday between 9am

and 5pm unless prior arrangements have been made with Flow Cytometry.

Samples must be received within 24 hours. Full clinical information and reason for request

must accompany specimen.

Turnaround: 3-5 working days

Ref Range: Interpretation by Haematologist

#### **POC – Products of Conception**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Submit specimen to laboratory in 10% Neutral Buffered Formalin.

Comment: See also Foetus. Health & Safety precautions

Report: Histological diagnosis

#### **Porphyrin Screen**

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 10.0 mL EDTA blood, 10.0 mL Li Heparin blood, 5g fresh faeces and a spot urine collection
Comment: All specimens must be protected from light. St. James's Hospital 'Porphyrin Request Form'

must be completed and sent with sample, form available in GUH Useful Resources

Turnaround: 1 – 3 weeks
Ref. Range: On report form

# **Post-Vasectomy Analysis**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Semen

Comment: Available Monday to Friday 09:00 to 16:00 h. Refrigerate overnight if necessary. Indicate

clinical history on test requisition. Include the collection time and date.

Report: Histological diagnosis

## Potassium

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL fresh blood in a plain gel tube

Comment: GP specimens MUST be received in the laboratory within 3 hours of venesection or

centrifuged.

Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

#### Potassium (Urine)

Laboratory: Clinical Biochemistry
Specimen: 24 hour urine collection

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 working day
Ref. Range: On report form

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**Pre-albumin** 

Clinical Biochemistry: -referred to external laboratory for analysis Laboratory:

Specimen: 4.0 mL blood in a plain gel tube

Turnaround: 1 - 3 weeks

Ref. Range: Male: 0.2 - 0.5 g/L Female: 0.1 - 0.4 g/L

# **Pregnancy Test**

See "HCG Total"

# Primidone/Mysoline

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Take specimen immediately before next dose (trough specimen)

Turnaround: 1 week On report form Therapeutic Range:

#### **NT-ProBNP**

See « NT-ProBNP »

# **Procollagen Peptide Type 3**

Clinical Biochemistry: -referred to external laboratory for analysis, Laboratory:

Specimen: 5.0 mL blood in a plain tube, received in lab within 1hr

Comment: Do not use a gel tube

1 - 3 weeks Turnaround: Ref. Range: On report form

## **Progesterone**

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 4 working days

On report form Interpretation:

# **Prograf**

See "Tacrolimus"

# **Proinsulin**

Clinical Biochemistry: -referred to external laboratory for analysis Laboratory:

Specimen: 7.0mL blood in a plain gel tube, send to the laboratory immediately to allow separation and

freezing within 30 minutes of venepuncture

Turnaround: 1 - 3 weeks

Comment Hypoglycaemia, spontaneous or whilst fasting, must first be established (confirmed by

laboratory analysis)

Ref. Range: On report form

#### **Prolactin**

Laboratory: Clinical Biochemistry

7.0mL blood in a plain gel tube Specimen:

Turnaround: Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

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Author(s): GUH Laboratory Medicine Directorate Page 179 of 205 **Prostatic Core Biopsy** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin. Ensure each

container clearly indicates site and information matches details given on form.

Comment: Health & Safety precautions

Report: Histological diagnosis

**Protein** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

Protein (Urine)

Laboratory: Clinical Biochemistry
Specimen: 24 hour urine collection

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 working day
Ref. Range: On report form

**Protein C** 

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube

Comment: Requests should be received in the laboratory within 2 hours of phlebotomy.

Details of anticoagulant therapy required. Must fill bottle to mark.

Turnaround: 5 weeks
Ref. Range: Refer to report

**Protein S and Free Protein S** 

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube

Comment: Requests should be received in the laboratory within 2 hours of phlebotomy. Must fill bottle

to mark. Details of anticoagulant therapy required.

Turnaround: 5 Weeks
Ref. Range: Refer to report

**Prothrombin Gene Mutation** 

Laboratory: Haematology: - referred to NCHCD, SJH, Dublin

Specimen: 5.0 mL blood in EDTA tube

Comment: Consent form for genetic analysis must accompany each request for this test. These are

available in the 'thrombophilia genetic mutation requests' folder in the GUH Useful Resources folder on PC Desktop or by contacting the Haematology Lab prior approval by consultant

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Haematologist or registrar.

Turnaround: 4 weeks Ref range: N/A

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**Prothrombin Time (PT)** 

Laboratory: Haematology

Specimen: 2.7 mL blood in a 0.109m Sodium Citrate tube. (1.0 mL Paediatric tubes are available).

Comment: Details of anticoagulant therapy required. Do not refrigerate specimens for PT. Must fill bottle

to mark.

Turnaround: 1 day

Ref. Range: Refer to report

**PSA Total** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

PTH

Laboratory: Clinical Biochemistry

Specimen: 7.0mL blood in a plain gel tube delivered to the laboratory same day

Turnaround: 1 working day
Ref. Range: On report form

**PTH Related Peptide** 

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Contact lab for special tube

Turnaround: 1 - 3 weeks
Ref. Range: On report form

**Punch Biopsy** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions. Where specimen is for DIF do not use fixative. See

Immunofluorescence.

Report: Histological diagnosis

**Pyruvate Kinase Screening (PK)** 

Laboratory: Haematology: -referred to Special Haematology, St James Hospital, Dublin 8.

Specimen: 1 x 3.0 mL K<sup>3</sup> EDTA blood

Turnaround: 2 weeks

Report: Positive / Negative

**Q** Fever

See "Coxiella burnetii"

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Quantiferon Test (Interferon Gamma Release assay – IGRA)

Laboratory: Immunology

Specimen: Set of 4 specific Quanitferon tubes and Quantiferon request form – available only from the

Immunology dept. Refer to Section 11.12 for instruction on sample collection.

Comment: The 4 samples must reach the laboratory within 16 hours of collection, Monday – Thursday

only before 5pm. NO Friday samples accepted

Turnaround: 10 working days
Report: Positive/Negative

**Radiation Surgical specimens** 

Laboratory: Histopathology Radiation Room

Specimen: Formalin fixed tissue. Ensure that the container used is large enough to ensure volume of

fixative x 2 times specimen size. Request form and specimen container must be clearly labelled as radioactive, with form information to include time, quantity and volume of dose

given.

Comment: The specimen should be delivered to the dedicated lab room for radioactive specimens,

placed behind the lead lined shield, and lab staff informed of its presence there. Report:

Histological diagnosis

RCD 11 Refractory Coeliac Disease Type 11 Detection by Flow Cytometry

Laboratory: Haematology

Specimen: Duodenal biopsies in RPMI.

Comment: Requires prior arrangement with flowcytometry. RPMI is supplied by flowcytometry lab.

Scientist collects sample directly from ward.

Turnaround: 3-5 working days

Ref. Range: Interpretation by Consultant Haematologist on report form

**Red Cell Folate** 

Laboratory: Haematology, Referred to MedLab Pathology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood, (1.0 mL Paediatric tubes are available).

Comment: Requests should be received in the laboratory within 8 hours of phlebotomy

Turnaround: 3 weeks
Ref. Range: Refer to report

**Reducing Substances (Urine and Faeces)** 

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: Faeces specimen, inclusive of liquid element of stool

Comment: Must be frozen within 1hr of collection

Turnaround: 3 – 4 weeks
Report: On report form

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## Renal Biopsy for Direct Immunofluorescence (DIF)

Laboratory: Please notify Histopathology staff (ext. 4589) at least 24 hours in advance.

Specimen: Place the biopsy in normal saline to maintain hydration and deliver to the laboratory

immediately. Include contact details on request form.

Comment: Health & Safety precautions Report: Histological diagnosis

#### **Renal Biopsy for Electron Microscopy**

Laboratory: Please notify Histopathology Staff (ext. 4589) at least 24 hours in advance

Specimen: Place the biopsy in normal saline to maintain hydration and deliver to the laboratory

immediately. Include contact details on request form.

Comment: Health & Safety precautions. Referred out for EM

Report: Histological diagnosis

#### Renin

Laboratory: Clinical Biochemistry
Specimen: 4.0 mL K<sup>+</sup> EDTA blood

Comment: Please provide clinical/antihypertensive medication details.

Turnaround: 3 weeks
Ref. Range: On report form

## **Respiratory Syncytial Virus**

Laboratory: Virology

Specimen: Combined nasal/throat swab in viral transport medium

Turnaround: 2- 3 working days
Report: Detected/Not Detected

## **Reticulocyte Count**

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood, (1.0 mL Paediatric tubes are available).

Comment: Requests should be received in the laboratory within 8 hours of phlebotomy.

Turnaround: 1 day

Ref. Range: Refer to report

## **Rheumatoid Factor IgM**

Laboratory: Immunology

Specimen: 5.0 mL blood in plain gel tube

Comment: Requests for Rheumatoid Factor will also be tested for Anti-CCP

Turnaround: 5 working days Ref. Range: 0-14 IU/ml

# Rickettsia sp. antibodies

See "Coxiella"

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Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Tissue samples already processed by the Histopathology laboratory, arrange via Consultant

**Pathologist** 

Comment: Test available on request by Pathologist

Referrals: Contact the Department of Histopathology, Cytopathology and Molecular Pathology on 4078

Turnaround: 5-10 working days after request from Pathologist received

Report: Integral part of Histopathology report issued by the Division of Anatomic Pathology,

Department of Histopathology, Cytopathology and Molecular Pathology

**Rotavirus / Adenovirus Faecal Antigen** 

Laboratory: Medical Microbiology

Specimen: Faeces collected in acute phase of illness 1-2g in leak proof container. Delay > 2 h refrigerate

@ 2-8°C.

Comment: Rotavirus and Adenovirus are tested for in specimens from children aged less than 5 years of

age.

Turnaround: 1 working day.

Report: Rota / Adenovirus antigen detected/Not detected.

**Rubella IgG Antibody** 

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 2 working days

Report: Reported in IU/ml with relevant comment

Rubella IgM Antibody - Serology

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 2 working days

Report: Detected/Not Detected

Salicylate

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 1hour. All other requests: 3hours.

Interpretation: On report form

SARS CoV - 2 (PCR)

Laboratory: Virology

Specimen: Combined nasal/throat /nasopharyngeal swab in viral transport medium

Comment: If delay refrigerate @ 2-8°C.

Turnaround: 1 - 2working days

Report: Detected/Detected weak/Not Detected

Whole Genome Sequencing (WGS) is performed upon request of SARS-CoV-2 positive

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samples.

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### Schistosoma haematobium

Laboratory: Medical Microbiology

Specimen: Urine in sterile container. Delay > 2 h refrigerate @ 2-8°C.

Comment: Only performed on request on patients after recent travel to endemic area. Urine volume

>10ml (The urine must be obtained between 10:00-14:00 h on the day of testing).

Turnaround: 1 working day

Report: S. haematobium detected / not detected

## Schistosomal haematobium antibodies

Laboratory: Virology: -referred to the Hospital for Tropical Diseases, London WCIE 6AU

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant Microbiologist

Turnaround: 2 - 3 weeks Report: Positive/Negative

## Selenium

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

7.0 mL trace element EDTA tube Specimen:

Comment: Transport to Lab ASAP

Turnaround: 1 - 3 weeks Ref. Range: On report form

## **Semen Analysis**

See "Post-Vasectomy analysis"

## Serum Amyloid A (SAA)

Laboratory: Immunology: referred to Immunology dept, Northern General hospital, Sheffield

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 3 weeks Ref. Range: refer to report

# **Serum Protein Electrphoresis (SPE)**

Refer to Immunoglobulins.

### **SHBG**

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Priority: 1 working day. Routine: 2 working days Turnaround:

Ref. Range: On report form

#### Sickle Screen (Sickledex)

Laboratory: Haematology

3.0 mL K3 EDTA blood Specimen:

Comment: Must give clinical details, transfusion history and ethnic origin of patient. Test not valid on

children under six months of age. All sickledex requests are referred for further confirmation

of results by HPLC.

Turnaround: 1 day for screen. 4 weeks for confirmation by HPLC

Report: Positive / Negative

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Author(s): GUH Laboratory Medicine Directorate Page 185 of 205 **Sirolimus** 

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 4.0 mL EDTA blood Turnaround: 1 - 3 weeks Ref. Range: Patient specific

Skin Punch Biopsy for Direct Immunofluorescence (DIF)

Please notify Histopathology staff (ext. 4589) at least 24 hours in advance. Laboratory:

Send the skin punch biopsy for DIF fresh. Place the biopsy in a fully labelled suitable sized Specimen:

> container without any preservative and deliver to the laboratory immediately, with completed request form. Include contact details. If the biopsy is from outside University Hospital, Galway, the sample may be sent in a suitable transport medium (e.g. Michel's or Zeuss medium). Ensure the package is addressed to the Histology Lab rather than the Histology department. The specimen must be delivered directly to the Histology lab without

delay.

Comment: Health & Safety precautions

Report: Histological diagnosis

**Skin Swab** 

Laboratory: Medical Microbiology

Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C. Specimen: Comment: Only skin swabs with relevant clinical details will be processed

Turnaround: 3 working days

Report: Any significant pathogen & sensitivities if required

**Sodium** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

Sodium (Urine)

Laboratory: Clinical Biochemistry Specimen: 24 hour urine collection

Only send specimen to the laboratory during normal working hours. Comment:

Turnaround: 1 working day Ref. Range: On report form

Sodium Valproate (Epilim)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Take specimen immediately before next dose (trough specimen)

Turnaround: 1 week.

Therapeutic Range: On report form

Somatomedin (IGF1)

See "IGF1"

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Author(s): GUH Laboratory Medicine Directorate Page 186 of 205 **Sputum Culture** 

Laboratory: Medical Microbiology

Specimen: Purulent specimen in 60ml sterile container. Delay > 2 h refrigerate @ 2-8°C.

Comment: Salivary specimens will be discarded. Specimens >48hr old will be rejected for culture.

Turnaround: 3 working days. For Cystic Fibrosis patients 7 days Report: Any significant pathogen & sensitivities if required.

**Sputum - Cytology** 

Department of Histopathology, Cytopathology and Molecular Pathology Laboratory:

Specimen: 0.5 ml to 20 mL spontaneous or induced fresh specimen collected into a 20 mL or 50 mL twist

top leak proof universal container.

Indicate clinical history on test requisition and reason for test. Sputum must be deeply Comment:

coughed from lungs. Avoid oral contamination and saliva. Early morning upon rising is the

preferred collection time. Refrigerate if necessary.

Turnaround: 80% by 5 working days

Report: Detection of neoplastic and non-neoplastic cells. Detection of infectious organisms.

**Stem Cell Quantification** 

Laboratory: Haematology

3.0 mL K<sup>3</sup> EDTA blood or specimen from aphaeresis collection. Specimen:

All Stem Cell quantifications must be preauthorized by Consultant Haematologist or SPR and Comment:

> prearranged with both laboratory and point of clinical activity. Specimen must be accompanied by special request form available from the Haematology laboratory and signed

on receipt in the laboratory.

Turnaround: 1 day Ref. Range: N/A

**Strongyloides antibodies** 

Laboratory: Virology: -referred to the Hospital for Tropical Diseases, London WCIE 6AU

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant Microbiologist

Turnaround: 2 - 3 weeks Positive/Negative Report:

**Sural Nerve Biopsies** 

Department of Histopathology, Cytopathology and Molecular Pathology Laboratory:

Specimen: Fresh tissue

Immediate dispatch to laboratory where tissue pieces are osmicated/formalin fixed. Comment:

Histological diagnosis Report:

**Surgical Specimens for Histological Examination** 

Department of Histopathology, Cytopathology and Molecular Pathology Laboratory:

Specimen: Formalin fixed tissue Comment: Health & Safety precautions Report: Histological diagnosis

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Author(s): GUH Laboratory Medicine Directorate Page 187 of 205 Swab - Culture

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2h refrigerate @2-8°C

Turnaround: 3 working days and 5 days in the case of Neisseria gonorrhoeae culture.

Report: Presence of significant pathogen and sensitivities if relevant.

**Sweat Test** 

Laboratory: Clinical Biochemistry

Specimen: Sweat collected by the Macroduct Sweat Collection System

Turnaround: Newborn screening programme samples: 1hour. All other samples: 1 working day

Ref. Range: On report form

**Synovial Fluid** 

Laboratory: Medical Microbiology

Specimen: Specimen in sterile container. Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 3 working days.

Report: Any significant pathogen & sensitivities if required.

## Synovial Fluid - Cytopathology

See Joint aspirate"

Syphilis (Treponema pallidum) antibodies

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 2-3 working days
Report: Detected/ Not Detected

T3 (Total)

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 1 week

Comment: Assay only available by request from Endocrine Team or by prior agreement with Dr. Damian

Griffin

Ref. Range: On report form

Tacrolimus (Prograf/Advagraf)

Laboratory: Clinical Biochemistry
Specimen: 4.0 mL K<sup>+</sup> EDTA blood

Comment: Collect sample pre-dose. State date/time of sample collections clearly on request form.

Turnaround: 1 week

Ref. Range: Patient specific

**Tambocor Levels** 

See "Flecainide"

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### Tartrate Resistant Acid Phosphatase (TRAP) Cytochemical Stain

Laboratory: Haematology

Specimen: 3.0 mL K<sup>3</sup> EDTA blood/Bone marrow slides

Comment: Prior authorization by Haematology SPR. To reach lab within 8 hours of phlebotomy.

Turnaround: 2 days Ref. Range: N/A

#### **Tear Duct - Culture**

Medical Microbiology Laboratory:

Specimen: Swab in Transport medium. Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 4 working days.

Any significant pathogens & sensitivities if required. Report:

#### Teriflunomide (Leflunomide)

Laboratory: Clinical Biochemistry – referred to external laboratory for analysis

Specimen: Test kit must be pre-ordered with special tubes, consultation with clinical team required

before test kits are ordered

1 - 3 weeks Turnaround: Ref. Range: On report form

#### **Testosterone**

Laboratory: Clinical Biochemistry

7.0mL blood in a plain gel tube collected between 8 -10 am Specimen:

Turnaround: Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

## **Tetanus Toxoid IgG Antibodies**

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 5 weeks

Ref. Range: Minimum Protective Level > 0.01 IU/mL

Optimum Protective Level > 0.10 IU/MI

#### Theophylline (Aminophylline)

Clinical Biochemistry Laboratory:

Specimen: 7.0 mL blood in a plain gel tube

Comment: Take specimen immediately before next dose (trough specimen)

Turnaround: 1 week

Therapeutic Range: On report form

#### **Thiamine**

See "Vitamin B"

## Thiopurine methyl transferase (TPMT)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 5.0 mL K+ EDTA blood

1 - 3 weeks Turnaround: Ref. Range: On report form

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Author(s): GUH Laboratory Medicine Directorate Page 189 of 205 **Throat Swab** 

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 3 working days.

Haemolytic Streptococci isolated/Not isolated. Report:

Thrombophilia Screen (incl: PT/INR, APTT, Fibrinogen (derived), Antithrombin, Protein C, Free Protein S, APC Resistance, Lupus inhibitor)

Laboratory: Haematology

Specimen: 4 x 2.7 mL blood in a 0.109m Sodium Citrate tube.

Comment: Requests should be received in the laboratory within 4 hours of phlebotomy Mon - Fri during

> routine working hours. Clinical details and relevant patient and family history are required. Testing should not be done during thrombotic period or while the patient is on anticoagulant

therapy. Must fill bottles to mark.

Turnaround: 5 weeks Ref. Range: Refer to report

Thyroglobulin

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

7.0 mL blood in a plain gel tube Specimen:

Turnaround: 1 - 3 weeks On report form Ref. Range:

**Thyroxine Free (Free T4)** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

**Total Iron Binding Capacity (TIBC)** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube. Fasting specimen required. Urgent: 1hour. Priority: 3 hours. Routine: 2 working days Turnaround:

Ref. Range: On report form

**Tissue** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology y Specimen: Submit specimen intact to laboratory in 10% Neutral Buffered Formalin.

Comment: Health & Safety precautions Report: Histological diagnosis

Tissue/ Biopsy

Laboratory: Medical Microbiology

Specimen in Sterile container for routine culture and microscopy. Delay > 2 h refrigerate @ Specimen:

2-8°C.

Turnaround: 3 working days, may be extended to 7 days on consultant request.

Report: Growth / No growth & sensitivities if required.

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Author(s): GUH Laboratory Medicine Directorate Page 190 of 205 **Tobramycin** 

Laboratory: Medical Microbiology. Referred to external laboratory, cut off time (12.00) for same day

referral.

Specimen: 7.0 mL blood in a plain gel tube. Delay > 2 h refrigerate @ 2-8°C.

Comment: State time collected and if Peak or Trough specimen

Turnaround: 1 day.

Ref. Range: Post dose/Peak: 5-8mg/L. Pre-dose/Trough: <1.0mg/L (once daily) &<2.0mg/L Multi dose).

**Toxicology Screen** 

Vague request Should not be used on request forms. Instead, urine drugs of abuse screen or testing for a

specific drug / metal of concern is more appropriate.

**Toxocara Antibodies** 

Laboratory: Virology: -referred to the Hospital for Tropical Diseases, London WCIE 6AU

Specimen: 7.0 mL Blood in a plain gel tube

Comment: Only available in specific cases and following approval by the Microbiology Medical Staff.

Turnaround: 2 – 3 weeks

Report: Positive/Negative

Toxoplasma gondii IgG antibodies

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 1-2 working days
Report: Detected/Not Detected.

Toxoplasma gondii IgM antibodies

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 1-2 working days

Report: Not Detected, if negative. A Provisional report will be issued on any sample giving reactive

findings on initial testing. These specimens are referred to the Health Protection Agency,

Singleton Hospital Swansea SA2 8QA for further testing and a final report.

Toxoplasma gondii antibody /avidity/dye test

Laboratory: Virology: Referred to the Health Protection Agency, Singleton Hospital, Swansea SA2 8QA

Specimen: 7.0 mL blood in plain gel tube

Comment: Available only in specific cases and approval of a Consultant Microbiologist

Turnaround: 1-2 weeks

Report: Detailed report with relevant comment.

Transferrin

Laboratory: Clinical Biochemistry

Specimen: 7ml blood in plain gel tube. Fasting specimen required.
Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

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### % Transferrin Saturation

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube. Fasting specimen required.

Comment: Calculated Parameter

Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

#### Transfusion Pack (Blood product) for culture

Laboratory: Medical Microbiology

Specimen: Bactec Blood culture vials. If delay leave on ward until collection by Porter.

Comment: Ensure labeling as per Haemovigilance procedure.

Turnaround: 1 week.
Report: Any Growth.

## Transthyretin (pre-albumin)

See "Pre-albumin"

#### **Trichomonas vaginalis**

Laboratory: Medical Microbiology

Specimen: Urethral or Endo-Cervical swab in transport medium (charcoal).

Turnaround: 3 working days

Report: Trichomonas vaginalis detected / not detected. This is a non-accredited test.

## **Trichomonas vaginalis PCR**

Laboratory: Virology

Specimen: Abbott Multicollect swab or urine (first void in an Abbott Multicollect),, preferably delivered

to the laboratory within 24 h of collection.

Comment: Available only upon request in very specific cases.

Turnaround: 10 days

Report: Not detected/ Detected weak / Detected

## **Triglycerides**

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Comment: Ideally a patient should fast for 12 hours. However, if a patient in unable or unwilling to fast

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for 12 hours a specimen taken after a 9 hour fast is acceptable".

Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

### **Troponin T**

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 1hour. All other requests: 3 hours

Ref. Range: On report form

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Laboratory: Virology: - referred to the Hospital for Tropical Diseases, London WCIE 6AU

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: 2 - 3 weeks Positive/Negative Report:

Tryptase (Mast Cell)

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in plain gel tube

Comment: For investigation of anaphylaxis serial samples are required and the timing must be specified.

Timing of samples: Immediately after resuscitation (record time); at 1-2 hours post reaction

(record time) and at 24 hours post reaction (baseline)

Turnaround: 3 weeks Ref. Range: 0-14 units

**TSH (Thyroid Stimulating Hormone)** 

Laboratory: Clinical Biochemistry

7.0 mL blood in a plain gel tube Specimen:

Turnaround: Priority: 1 working day. Routine: 2 working days

Ref. Range: On report form

**Tuberculosis Testing** 

Medical Microbiology Laboratory:

Specimen: Specimen of sputa, BAL in sterile 60 mL container. Early Morning Urine in a 100 mL sterile

> container (testing of Early Morning Urines are not routinely processed and are strictly subject to Microbiology Consultant Approval). Fluids/ Tissues to Sterile containers. Blood Culture / Bone Marrow aspirate, heavily blood stained fluids to Bactec Myco/Lytic (red cap) vials.

Comment: Delay > 2 h refrigerate @ 2-8°C. Culture is performed on all tissue and fluid samples where

clinical details query MOTT.

The mycobacteria culture system is not validated for processing urine specimens. The Department of Medical Microbiology does not routinely accept more than three sputum

specimens for Mycobacterium culture in a single episode of illness

Turnaround: Microscopy: 1 working day. Culture: 6 to 7 weeks.

Report: Mycobacteria species isolated/Not isolated.

**Tumour** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology Submit specimen intact to laboratory in 10% Neutral Buffered Formalin. Specimen:

Comment: Health & Safety precautions. Report: Histological diagnosis

**TURP** 

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Submit specimen to laboratory in 10% Neutral Buffered Formalin. Specimen:

Comment: Health & Safety precautions Report: Histological diagnosis

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 Ulcer Swab

 Laboratory:
 Medical Microbiology

 Specimen:
 Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C.

Comment Rejected in the absence of relevant clinical details.

Turnaround: 3 working days.

Report: Any significant isolates / No pathogens isolated.

Urea
Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

**Urea (Urine)** 

Laboratory: Clinical Biochemistry
Specimen: 24 hour urine collection

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 working day
Ref. Range: On report form

**Urethral Swab** 

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 hr Refrigerate @ 2-8°C.

Turnaround: 4-5 working days

Report: Any significant isolates & sensitivities if required.

**Uric Acid** 

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube

Turnaround: Urgent: 1hour. Priority: 3 hours. Routine: 2 working days

Ref. Range: On report form

**Uric Acid (Urine)** 

Laboratory: Clinical Biochemistry
Specimen: 24 hour urine collection

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 1 working day
Ref. Range: On report form

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#### **Urine Culture – Midstream Urine**

Laboratory: Medical Microbiology

Specimen: Specimen of Urine in Urine vacuum tube container.

Comment: Urine taken at mid-point of urination. Delay >2 h refrigerate @ 2-8°C

Turnaround: Microscopy: 4 hrs for Urines received 8am to 12 midnight. Paeds Urines only processed post-

midnight.

Culture: 3 working days. MSU culture is only routinely performed on samples form children <16 yrs of age, maternity patients, clinical details specifying patient is neutropenic or immunocompromised, and patients with a microscopy result >20cmm. However culture may be requested in certain circumstances following discussion with a Consultant Microbiologist.

Report: Microscopy: Cell count. Culture: Presence of significant pathogen and sensitivities if relevant.

#### **Urine - Diagnostic Cytology**

Laboratory: Department of Histopathology, Cytopathology and Molecular Pathology

Specimen: Immediate fixation is necessary. Collect 10 - 20 mL fresh voided or catheterized urine or

bladder wash specimen into a universal bottle containing Shandon Cytospin Collection Fluid

(green fixative solution) available from the Diagnostic Cytology laboratory.

Comment: Indicate clinical history on test requisition and reason for test. Patients must be well hydrated

> before collecting urine. Any instrumentation must be noted on the requisition form. For routine urine collection, emphasize the need for a clean catch specimen. Random mid-day collection is preferred. First morning specimen is not suitable for Cytological analysis.

Refrigerate specimens overnight if necessary.

Turnaround: 80% by 5 working days

Report: Detection of neoplastic and non-neoplastic cells

## Urine Drugs of Abuse Screen (benzodiazepines, barbiturates, opiates, cocaine, ecstasy, cannabis, amphetamine, methadone, alcohol)

Laboratory: Clinical Biochemistry - referred to external laboratory for analysis

Specimen: 10.0 mL fresh plain urine

Turnaround: 2 - 3 weeks

Comment: Parental consent required in patients <18 years old

Report: Information provided on returned report

## **Urine Protein Electrophoresis**

Refer to 'Bence Jones Protein'

### **Urine Protein Creatinine Ratio (PCR)**

Laboratory: Clinical Biochemistry

Urine: Early morning sample preferred Specimen:

Turnaround:

Ref. Range: On report form Interpretation: UTI should be considered. Persistent proteinuria (2 abnormal

PCR's at least 1 week apart) is a significant risk factor for both renal & cardiovascular

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morbidity & mortality. Management guidance at: http://www.nephrology.ie/images/CKD\_Ireland.pdf

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### Urine Schistosomiasis (see Schistosoma haematobium)

Laboratory: Medical Microbiology

Specimen: On patients after recent travel to endemic area. Urine volume >10mL. (The urine must be

obtained between 10:00-14:00 on the day of testing). Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 1 working day.

Report: S. haematobium detected / not detected.

#### Ustekinumab (trough levels and antibodies)

Laboratory: Immunology: – referred externally to Eurofins Biomnis

Specimen: 5.0 mL blood in plain gel tube

Turnaround: 6 weeks

Report: Drug levels and antibodies.

#### **Vaginal Swab**

Laboratory: Medical Microbiology

Specimen: Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C.

Comment: Only Endocervical swabs Urethral swabs and IUCDs are routinely cultured for *N. gonorrhoeae*.

All other specimens must specify N. gonorrhoeae on request if required. N gonorrhoeae

testing on other sample is subject to Microbiology Consultant approval.

Turnaround: 3 working days.

Report: Any significant isolates & sensitivities if required.

## Vancomycin

Laboratory: Clinical Biochemistry

Specimen: 7.0 mL blood in a plain gel tube. Delay > 2 h refrigerate @  $2-8^{\circ}$ C.

Comment: State time collected and if Peak or Trough specimen

Turnaround: Analysed during routine working hours only.

Ref. Range: On report form

### Vancomycin Resistant Enterococci (VRE)

Laboratory: Medical Microbiology

Specimen: Rectal Swab in transport medium/Faeces sample. Delay > 2 h refrigerate @ 2-8°C.

Comment: Restricted to specific groups of hospitalized patients. Non-hospitalized patients are screened

by prior arrangement with a Consultant Microbiologist.

Turnaround: 3 working days.

Report: VRE isolated/Not isolated.

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#### Varicella-zoster Virus IgG antibodies

Laboratory: Virology

Specimen: 7.0 mL blood in a plain gel tube.

Turnaround: 5 working days. Samples from pregnant patients who have been in contact with chickenpox

> are processed urgently if received before 2pm Monday to Friday. The request must be marked as Urgent with clinical details, and the requesting clinician's contact number, clearly stated. The laboratory should be contacted (Ext 4398) to alert staff that the sample is in transit.

Indeterminate results are referred to the NVRL for confirmation.

Report: Reported as Detected/ Not detected/ Indeterminate with relevant comment. .

#### Varicella-zoster Virus IgM PCR

Virology: - referred to National Virus Reference Laboratory Laboratory: Specimen: Vesicular fluid or skin scrapings in a Viral Transport Medium swab

Turnaround: 2 - 3 weeks.

Report: Detected / Not Detected

## Vedolizumab (trough levels and antibodies)

Laboratory: **Immunology** 

Specimen: 5.0 mL blood in a plain gel tube

Turnaround: 5 working days

Interpretation:

≥28µg/ml Induction (week 2) Induction (week 6) ≥24µg/ml Post induction (week 14) ≥15µg/ml Maintenance ≥12µg/ml

Comment: Antibodies to Vedolizumab will be reflex tested if necessary. Negative = <10ng/mL

## **Very Long Chain Fatty Acids**

See "Leucodystrophy Screen"

## Vincent's Angina

Laboratory: Medical Microbiology

Mouth Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C. Specimen:

Turnaround: 3 working days.

Vincent's organisms seen/not seen. Report:

#### Vitamin A (Retinol)

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

Specimen: 5.0 mL blood in a non-gel tube, protect from light

Turnaround: 1 - 3 weeks Ref. Range: On report form

## Vitamin B1 (Thiamine)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 4.0 mL K<sup>+</sup> EDTA blood on ice. Contact laboratory before collection. Mon/Tues. morning only

Turnaround: 1 - 3 weeks Ref. Range: On report form

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Author(s): GUH Laboratory Medicine Directorate Page 197 of 205 Vitamin B2 (Riboflavin)

Laboratory: Clinical Biochemistry: - referred to external laboratory for analysis

Specimen: 4.0 mL K<sup>+</sup> EDTA blood on ice. Contact laboratory before collection. Mon/Tues. morning only

Turnaround: 1 - 3 weeks Ref. Range: On report form

Vitamin B6 (Pyridoxyl Phosphate)

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

4.0 mL K<sup>+</sup> EDTA blood on ice. Contact laboratory before collection. Mon/Tues. morning only Specimen:

Turnaround: 1 - 3 weeks

On report form gHb Ref. Range:

Vitamin B12

Laboratory: Haematology

Specimen: 5.0 mL blood in a plain gel tube

Comment: Specimen to be received within 24hrs of phlebotomy for whole blood and 2 days if sample is

spun and refrigerated.

Turnaround: 4 days

Ref. Range: Refer to report

Vitamin D

Laboratory: Clinical Biochemistry (Requests for testing are subject to provision of appropriate clinical

details on request form)

Specimen: 7.0mL blood in a plain gel tube

Turnaround: 2 working days Ref. Range: On report form

Vitamin E (Tocopherol)

Laboratory: Clinical Biochemistry: -referred to external laboratory for analysis

Specimen: 5.0 mL blood in a non-gel tube, protect from light

Turnaround: 1 - 3 weeks On report form Ref. Range:

VMA - Vanillylmandelic acid - Urine

Clinical Biochemistry - referred to external laboratory for analysis Laboratory:

24 h acidified urine preferred, alternatively 20 mL urine must be acidified within 1 hour of Specimen:

voiding.

Comment: Only send specimen to the laboratory during normal working hours.

Turnaround: 7 days

Interpretation: As per returned report

Of note: Patient should avoid paracetamol during the urine collection.

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### **Von Willebrands Screens**

Laboratory: Haematology

Specimen: 2 x 2.7 mL blood in 0.109m Sodium Citrate tubes. (1.0 mL Paediatric tubes are available). Comment: Requests should be received in the laboratory within 8 hours of phlebotomy. Must fill bottle

to mark.

Turnaround: 4 weeks Ref. Range: Refer to report

#### **VRE**

See "Vancomycin Resistant Enterococci"

#### Weil's Disease

See "Leptospira IgM"

## **White Blood Cell Differential Cell Count**

Laboratory: Haematology.

Specimen: 3.0 mL K3 EDTA blood, (1.0 mL Paediatric tubes are available) or Blood film. Laboratory will

make blood film on fresh blood.

Comment: White Cell Differential will be done automatically on all fresh FBC specimens. **FDTA** 

artifacts can appear within 2 hours of phlebotomy it is important that films (where necessary)

are made from fresh blood (less than one day old).

Turnaround: 1 day routine specimens, Specimens received on emergency form: 2 hours.

Ref. Range: See report form.

#### White Cell Enzyme Studies (Screen for Hurler's)

See "Lysosmal Enzyme Screen"

### **Whooping Cough**

Laboratory: Medical Microbiology - referred to Our Lady's Children's Hospital Crumlin [OLCHC] Specimen: Pernasal swab (available from Medical Microbiology). Delay > 2 h refrigerate @ 2-8°C.

Turnaround: 10 days.

Report: Bordetella sp isolated / not isolated.

## **Whooping Cough antibodies**

See "Bordetella pertussis."

## **Wound Swab**

Laboratory: Medical Microbiology

Swab in transport medium. Delay > 2 h refrigerate @ 2-8°C. Specimen:

Turnaround: 3 working days.

Report: Any significant pathogens & sensitivities if required.

## Yellow fever antibodies

Laboratory: Virology: -referred to the Health Protection Agency, Special Pathogens Reference Unit, Porton

Down, Salisbury SP4 OJG

Specimen: 7.0 mL blood in a plain gel tube

Comment: Only available in very specific cases and following approval by a Consultant Microbiologist

Turnaround: 1 - 3 weeks Report: Positive/Negative

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Yersinia Antibodies	
Laboratory:	Virology: - referred to the Health Protection Agency, Laboratory of Enteric Pathogens,
	Colindale, London NW9 5EQ
Specimen:	7.0 ml blood in a plain gel tube
Comment:	Only available in very specific cases and following approval by a Consultant Microbiologist
Turnaround:	2 – 3 weeks
Report:	Detected/Not Detected
Zinc	
Laboratory:	Clinical Biochemistry. Referred to external laboratory.
Specimen:	7.0 mL blood in a Na⁺. EDTA trace element tube.
Comment:	Transport to Lab ASAP
Turnaround:	3 weeks
Ref. Range:	On report form
Zika	
Laboratory:	Virology. Referred to the National Virus Reference Lab.
Specimen:	7.0 ml blood in a plain gel tube
Comment:	Only available in very specific cases and following approval by a Consultant Microbiologist
Turnaround:	3 weeks
Report:	Full report received from referral laboratory

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#### **GLOSSARY OF ABBREVIATIONS**

## List of abbreviations used in the Hand Book

**AAFB** Acid Alcohol Fast Bacilli

AAT Alpha-1-antitrypsin

ACR American College of Rheumatology

**AChR** Acetylcholine Receptor

ADR Accord for Transport of Dangerous Goods by Road

ALP Alkaline Phosphatase

ALT Alanine Aminotransferase Anti-Nuclear Antibodies ANA

**ANCA** Anti-neutrophil cytoplasmic antibodies **APTT** Activated partial thromboplastin time

**ASAP** As Soon As Possible

AST Aspartate aminotransferase

BAL Bronchoalveolar Lavage

BJP **Bence Jones Protein** 

**BMA** Bone Marrow analysis

BN **Board Number** 

Third component of complement C3 C4 Fourth component of complement

CCP Cyclic citrullinated peptide CIS **Clinical Information System** 

CK Creatine Kinase CM Centimetre

CMV Cytomegalovirus

**CNS** Central Nervous System

CPA Clinical Pathology Accreditation (UK)

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CRP C-reactive protein

C/S Culture and Sensitivity
CSF Cerebrospinal Fluid

CSU Catheter Specimen Urine

CTICU Cardiothoracic intensive care unit

D Day

ED Emergency Department

EDTA Ethylene Diamine Tetra Acetic Acid (anticoagulant)

ENA Extractable Nuclear Antigens

ESR Erythrocyte Sedimentation Rate

FBC Full blood count

FISH Fluorescent in situ hybridisation

GAD Glutamic acid decarboxylase

GBM Glomerular basement membrane

GBTE Galway Blood & Tissue Establishment

GGT Gamma glutamyl transferase

G & H Group and Hold

GMS General medical service
GP General Practitioner

GUH Galway University Hospital

H Hour

HAE Hereditary Angio-oedema

Hb Haemoglobin

HbA1c Glycated haemoglobin

HBsAg Hepatitis B surface antigen

HCG Human chorionic gonadotrophin

HDL High density lipoprotein
HDU High dependency unit

HIV Human Immunodeficiency Virus

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HPLC High Performance Liquid Chromatography

HSE Health Service Executive
HSV Herpes Simplex Virus

HTLV Human T-Lymphocyte Virus

ICU Intensive care unit

IBST Irish Blood Transfusion service

Ig Immunoglobulin

INR International normalised ratio

LDL Low density lipoprotein

LUH Laboratory Information System

LUH Letterkenny University Hospital

MG Myasthenia Gravis

MUH Mayo University Hospital

MGUS Monoclonal gammopathy of unknown significance

MPUH Merlin Park University Hospital

MPO Myeloperoxidase

MSU Mid-Stream Urine

Myco/F Mycobacteria / Fungi

N/A Not applicable

NSAIDS Non steroid anti-inflammatory drugs

OPD Out Patients Department

O/P Ova and Parasites

PAS Patient Administration System

PBC Primary Biliary cirrhosis
PBU Premature baby unit

PCR Polymerase Chain Reaction

PM Polymyositis
POC Point of care

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PR Proteinase

PTH Parathyroid hormone

PTS Pneumatic Tube System

PUH Portiuncula University Hospital

RAST Radioallergosorbent test

RBC Red Blood Cell

RUH Roscommon University Hospital

RIBA (Strip Immunoassay)

RIS Radiotherapy Information System

RNP Ribonucleo Protein
RT Room Temperature
SCU Special Care Unit
SD Solvent Detergent

SLE Systemic lupus erythematosus

Sm Smith

SMA Smooth Muscle antibody

SPEP Serum Protein Electrophoresis

SPR Specialist Registrar

T4 Thyroxine

TA GvHD Transfusion associated graph versus host disease

TAT Turnaround time

TB Tuberculosis

TIBC Total iron binding capacity

TPO Thyroid peroxidase

TSH Thyroid stimulating hormone
tTg Transglutaminase antibodies

UCD University College Dublin
GUH University Hospital Galway
UIBC Unbound iron binding capacity

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UK United Kingdom
UN United Nation

UPEP Urine Protein Electrophoresis
VGCC Voltage gated calcium channels

VRL Virus Reference Laboratory

W Week

WBC White blood cell count