



CLINICAL SCIENCE WALK

Distance: 1.4 KMs

Time: 20 Mins

No. of Steps: 1,750

Directions

1. Start at the main hospital door, take a right at the Maternity building.
2. Walk to small roundabout, and go out through the small gate.
3. Take a right here walking towards Shantalla.
4. Then take the next right on to Costello Road, just before the traffic lights.
5. Walk towards the Clinical Science Institute and Shantalla Community Centre.
6. Turn in at the entrance to the Clinical Science Institute.
7. Turn left here keeping Galway Mental Health Outpatients Department and Cancer Care West on your right.
8. Walk along footpath keeping the helicopter pad and car park on your right.
9. Continue on the path keeping Diabetes Clinic on your left and smaller car parks on your right.
10. Walk past A&E back to main hospital door.