

CAWT in Action

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Ready, Steady, Go!



Member of the Scottish Parliament Shona Robison, Cabinet Secretary for Health and Sport, joined with partners and funders from Ireland, Northern Ireland & Scotland to formally launch the €8.7m mPower project in Edinburgh recently. CAWT is a partner in this NHS Scotland-led project. HSE, Southern and Western Health and Social Care Trusts and PHA representatives attended the launch event in Murrayfield.

The four EU INTERREG funded projects in the areas of acute hospital services, population health, children's services and mental health, are all forging ahead. In recent months, a significant number of recruitments for managerial and clinical posts have been completed. 27 project posts have been filled, with a further 50 posts expected in coming months. All four Project Manager posts have now been filled. A fifth project, which is led by NHS Scotland called mPower (primary care and older people), is also well advanced in terms of recruitment. Plans are well underway to formally launch all four CAWT-led EU INTERREG projects with the Innovation Recovery (mental health) successfully launched in March and Acute Hospital Services scheduled for May.



Bernie McCrory briefing Jenny Chapman Labour Party, Brexit - NI Shadow Spokesperson on cross border and all-island health and social care recently.

As part of our communications strategy, CAWT has commenced a series of presentations to political parties and local councils to update them on EU INTERREG VA project progress, and other cross border and north south activities. In February, CAWT presented to members of the Sinn Fein party and is currently agreeing dates with other parties in both jurisdictions. Furthermore a number of local councils are in contact with CAWT to arrange for presentations to their elected representatives and staff.

CAWT has also provided input to Brexit planning and debates from a variety of sources including political parties, government departments, academic institutions and government inquiries. For example, in January, CAWT, at the request of the House of Lords EU Home Affairs Sub-Committee, provided both oral and written evidence to inform the 'Inquiry into Brexit and Reciprocal Healthcare.' Thus, the CAWT experience of practical cross border healthcare is informing the debate in relation to the potential impacts of Brexit on health and social care.



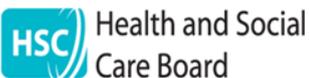
cooperation and working together for health gain and social well being in border areas

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Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



Innovation Recovery Project launch

Jim Daly TD, Minister for Mental Health and Older People at the Dept of Health in Ireland and Dr Michael McBride, Chief Medical Officer at the Dept of Health in Northern Ireland jointly launched the Innovation Recovery project at an event in Dundalk in March. The cross border project was awarded EU INTERREG VA grant funding of €7.6 million by the Special EU Programmes Body. Over the next four years, the cross border Innovation Recovery project will support and encourage people to take more control of their own recovery from mental health issues.

The CAWT project partners for the Innovation Recovery project are the HSE, the Southern Health and Social Care Trust, the Western Health and Social Care Trust, the Public Health Agency and the Health and Social Care Board. The Belfast Health and Social Care Trust is also a project partner.

The recovery colleges will provide education as a route to recovery, with courses devised and delivered collaboratively by people with their own experience of mental illness along with mental health professionals. By adopting this educational approach, alongside or as an alternative to more traditional therapeutic options, it is planned that those participating will be enabled to better understand their mental health. Ultimately, people will be supported to recover and to be able to create a satisfying and meaningful life for themselves.



Pictured at the IRecovery project launch: Back row (l to r) Bernie McCrory, Chief Officer, CAWT; John Meehan, Assistant National Director, HSE; Damien McCallion, National Director & DG CAWT and Edel O'Doherty, Deputy Chief Officer, CAWT. Seated (front row / l to r): Jim Daly TD, Minister for Mental Health & Older People, Dept of Health Ireland; Brenda Hegarty, Programme Manager, Special EU Programmes Body and Michael McBride, Chief Medical Officer, Dept of Health NI.

Speaking at the launch, Minister Daly said: ***“This is an important EU funded project which is taking a cross border approach to developing additional support services for those with mental health difficulties and I congratulate the CAWT partnership for securing the EU funding.”*** Also speaking at the event, Dr McBride said: ***“The Department is delighted to be launching this cross border mental health project. The aims and objectives of the project chimes with our priorities for a modern health and social care service, in particular the focus on early intervention and self-management. It is about giving people the tools and support to identify their needs in recovering from and managing their own mental health. It encourages participants to draw upon both their own personal resources and the support of the wider community.”***



CAWT staff pictured at the IRecovery project launch (l to r): Mary Leonardo, Recovery Collgee Co-ordinator (South), Edel O'Doherty, Deputy Chief Officer, CAWT; Brenda Toal, Project Manager and Lisa McCrystal, Recovery Collgee Co-ordinator (West).

There will be a total of three recovery college area locations across Ireland/Northern Ireland, each with a broad catchment to ensure access by those geographically or socially isolated. Furthermore, using technology, the recovery college services and courses will also be made available online, thus extending

the impact of the project more widely. The three areas which will have new recovery college services are:



Area 1 West: Derry, Coleraine, Letterkenny, Strabane and West Donegal
Area 2 South: Cavan, Monaghan, Sligo, Leitrim and Fermanagh
Area 3 East: Dundalk, Louth, Belfast City, Armagh and Newry

During the project lifetime, 8,000 people will participate in mental health recovery education programmes. 300 mental health practitioners from statutory, voluntary and community sectors will be trained in recovery orientated methods. Additionally, 500 staff from non-mental health services will be trained in mental health awareness and compassionate care of those suffering from mental health illness.

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Project Manager Profile

In recent months the CAWT Partnership has welcomed the appointment of three Project Managers for the new EU INTERREG VA projects: Community Health Sync, Innovation Recovery and Acute Hospital Services. These Project Managers are responsible for the day-to-day management of their project on behalf of the Project Board and the CAWT Development Centre. The new appointees will play a key role in ensuring the success of projects in achieving their targets and objectives as agreed with the EU funders. CAWT Project Managers will ensure that their respective projects are progressing to plan and provide regular updates to their Project Board, to the CAWT Secretariat and CAWT Management Board and to the funders via the CAWT Development Centre. We wish them well in their new roles!

Brenda Toal ♦ **Innovation Recovery** ♦ www.cawt.com/irecovery

Since qualifying as a Registered General Nurse in 1990, Brenda has worked in a variety of Health and Social Care roles throughout the Southern Health and Social Care Trust (SHSCT). Brenda completed her District Nursing and Community Nurse Prescribing in 2006 and in 2007 graduated from University of Ulster with a BSc (Hons) in Public Health and Community Nursing. Brenda is a qualified PRINCE 2 Practitioner and has been involved in a number of projects since 2010 including the CAWT Older Persons Project, for which she established Armagh Men's Shed. Most recently, as the Promoting Wellbeing Specialist Lead in the SHSCT, Brenda was Programme Manager of Hearty Lives, Craigavon and line manager of the Macmillan Information Project in the SHSCT. Brenda has also held the position of Big Lottery Portfolio Manager for SHSCT.



Brigid McGinty ♦ **Community Health Sync (CoH Sync)** ♦ www.cawt.com/go/coh-sync

Brigid is a qualified PRINCE 2 practitioner with a degree in Maths and Economics and has been working in project management for almost twenty years, ten of which have been within CAWT. Most recently as CAWT Programme Manager, Brigid has been responsible for the development and implementation of new project management standards across a diverse range of cross border health and social care projects and has worked with a wide range of stakeholders as part of the implementation of CAWT's previous INTERREG IVA programme. Brigid is delighted with her appointment and believes it provides her with an exciting opportunity to work closely with the community and voluntary partners and to focus her skills in supporting the CoH Sync project to achieve its vision and targets.



Louise Potts ♦ **Acute Hospital Service** ♦ www.cawt.com/acute

Louise began her career in the Western Health and Social Care Trust and has had experience in a broad range of areas including Human Resource Management, Hospital and Health Centre Management and Training. Louise was appointed as the Project Manager for 'Turning the Curve' Autism support project (one of 12 cross border strategic projects funded through the EU's INTERREG IVA programme) which completed in December 2013. She also managed CAWT's Older Peoples' Project and the CAWT Acute Project between 2013 and 2015. Louise has now taken up post as the Project Manager for the Acute Hospital Services Project, funded through the EU's INTERREG VA programme. The intention of this project is to increase acute episodes of care to patients, through improved / reformed service delivery on a cross-border basis and to develop more efficient patient pathways during the pre-hospital phase.



Update on EU INTERREG VA projects

Community Health Sync (Coh Sync) Project

Together with partners in NHS Dumfries and Galloway in Scotland, CAWT has been successful in securing grant funding from the EU INTERREG VA programme, for the Community Health Sync (CoH-Sync) Project. Community-based Health and Well-being hubs will be resourced with Health Facilitators who will support individuals and groups to become more active in improving their own health and well-being by making better use of existing resources within communities. A tender competition has been carried out to create a network of eight Locality Health and Well-being Hubs: three in Northern Ireland; three in the Republic of Ireland border region and two in South West Scotland.

We are delighted to announce that the recent tender competition, managed by the HSE (HSB Procurement), has resulted in successful providers to deliver five of the eight hubs: Letterkenny/North Donegal; Ballyshannon/South Donegal; Co. Cavan/Co. Monaghan; Londonderry-Derry/Strabane and Enniskillen/West Fermanagh. Work is underway to have the five contracts awarded during March 2018, subject to agreement with the relevant parties. The project aims to have these Health and Well-being Hubs delivering client beneficiaries in the coming months.

For the remaining three hub localities for which no suitable solution has been found (Armagh/Dungannon, Dumfries, and Stranraer) the CoH-Sync project team will work with HBS procurement to explore options and find a preferred solution to deliver the project in these localities.

Following a successful recruitment process, the Project Manager was appointed in Feb 2018 and remaining project staff including two Project Worker posts and an Administration post are currently being recruited.

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Pictured at a Community Engagement Event in Strabane (l to r): Brigid McGinty, CAWT; Edel O'Doherty, CAWT; Sadie Bergin, CAWT; Maura O'Neill, Western Health and Social Care Trust (WHST) and Fionnuala McKinney, WHST.

mPower Project



The EU INTERREG VA mPower project is moving towards the implementation phase within the CAWT regions of the HSE, the Southern Health and Social Care Trust and the Western Health and Social Care Trust. The Project, which is being led by NHS24 in Scotland, will be rolled out across seven deployment sites within Northern Ireland, the border counties of the Republic and the West of Scotland.

Within the CAWT region the mPower delivery sites include South/East Fermanagh (WHST), Castlefin, South Leitrim and Carrickmacross (HSE CHO1), Drogheda (HSE CHO8) and Newry/Armagh in the SHSCT area. Community Navigators and Technical Implementation Leads are currently being recruited to support the roll out of mPower. Staff will be linked to Primary Care Practices to assist people over the age of 65 to develop well-being plans connecting them to activities within their communities as well as, where appropriate, linking people to Digital Health interventions to support improved self-management of Long Term Conditions. These will include integrated home and mobile monitoring solutions, digital health and well-being Apps and video enabled care solutions.

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Update on EU INTERREG VA projects

Acute Hospital Services

The Acute Project is making great progress with the Project Board now established and key staff appointed including the Project Manager, Clinical Pathway Manager and Project Assistants.

The project supports five clinical areas within pre-hospital care including A&E reform, Community Cardiac Investigations Service, Community Geriatric Led Service, Clinical Decision Unit and upskilling Community Paramedics. These initiatives aim to redesign some areas of unscheduled care by ensuring the assessment and/or treatment of patients is delivered more effectively, at the point of contact, with alternative care pathways established during the pre-hospital phase. It is envisaged that a number of patients assessed and treated within these initiatives will avoid hospital admission and be able to remain in their homes.



Seven Community Paramedics have taken up post and are attending Glasgow Caledonian University to gain knowledge and new skills to deliver services in the community. To date in excess of 300 patients have been assessed and treated under this strand of the project.

In addition, the project will focus on designing new outpatient and inpatient streams, initially in the clinical areas of vascular (3 strands), dermatology and urology. Innovative approaches will be applied including the use of telehealth technologies and the treatment of patient in outpatient settings where feasible, to enable early discharge of patients.

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Multiple Adverse Childhood Experience Project



Speakers at the Western Area Outcomes Group Conference in Omagh (l to r): Carmel McPeake, CAWT / MACE Project Link; Kieran Downey, MACE Project Chair (WHSCT); David Bolton, Conference speaker and Ann McDuff, WHSCT.

The Multiple Adverse Childhood Experience (MACE) - Breaking the Cycle will focus on children within the age ranges of 0-3 years and 11-13 years. The main objectives of the project are to develop an appropriate Adverse Childhood Experience (ACE) awareness questionnaire and tools to identify children most at risk and identify appropriate targeted interventions. Five cross border community networks of excellence will be established to deliver the interventions required and training will be delivered to a broad range of groups/staff regarding the use of the tools and delivery of interventions.

Five cross border community networks

1. Derry / Letterkenny
2. Strabane & Omagh / West Donegal
3. Fermanagh / Sligo & Leitrim
4. Portadown & Armagh / Monaghan & Cavan
5. Banbridge & Newry / Dundalk & Drogheda

The Project Board have interviewed and appointed a Project Manager with a start date to be confirmed. In the meantime the project will proceed with the recruitment of the five Project Workers to be based in the five community networks in the coming weeks. A procurement process will commence shortly regarding the development of ACE tools and delivery of appropriate interventions. The project has been profiled at a Celtic Nations ACEs conference in Hilton Hotel, Templepatrick in November 2017 and at Western Area Outcomes Group Conference in Silverbirch Hotel, Omagh in March 2018.

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